

**International Eczema Council & International Psoriasis Council
Joint Symposium at Global Education Day - AAD 2026**

Thursday, March 26, 2026 | 2 – 6 PM MT | Blue Bird Ballroom 3EF

Colorado Convention Center, 700 14th St, Denver, CO 80202 | Room TBD

Psoriasis or Dermatitis? When boundaries blur and treatments flip the script

- **IEC Program Chairs: Alan Irvine, Yael Leshem**
- **IPC Program Chairs: Amy Paller, Bruce Strober**

This educational session will explore the clinical challenges of distinguishing between psoriasis and atopic dermatitis in non-classic presentations, including psoriasiform spongiotic dermatitis and paradoxical drug reactions induced by biologic therapies like anti-TNF or IL-17 inhibitors. Through case studies and evidence-based discussions, participants will learn how to recognize subtle diagnostic cues and apply the latest treatment strategies, incorporating histopathology and biomarkers into their treatment decisions. Attendees will gain practical tools to improve diagnostic confidence, optimize patient outcomes, and navigate the therapeutic complexities of inflammatory skin disease, including mechanistic insights for managing treatment-related rashes.

Learning Objectives

At the conclusion of this symposium, participants will be able to:

- 1.** Analyze the diagnostic challenges of distinguishing psoriasis from atopic dermatitis in non-classic clinical presentations, including recognition of psoriasiform spongiotic dermatitis, by identifying at least three distinguishing clinical features.
- 2.** Evaluate and apply advanced diagnostic strategies, such as histopathology and biomarker testing, to differentiate psoriasis, atopic dermatitis, and paradoxical drug reactions, demonstrating the ability to select at least two appropriate tools for challenging adult and pediatric cases.
- 3.** Design and implement evidence-based management plans for paradoxical psoriasiform and eczematous eruptions associated with biologic therapies, including TNF- α or IL-17 inhibitors, integrating mechanistic insights to optimize skin-related outcomes for patients with psoriasis, atopic dermatitis, or inflammatory bowel disease.

AGENDA

2 – 2:10 PM

Welcome from the IEC & IPC | Setting the Stage

Alan Irvine, MD DSc | IEC President | Trinity College Dublin,
Children's Health | Dublin, Ireland
and

Bruce Strober, MD PhD | IPC President | Yale University and Central
Connecticut Dermatology

2:10 – 2:25 PM

Diagnostic challenges between atopic dermatitis and psoriasis

Andrew Pink, BMedSci (Hons) BMBS PhD MRCP | St. John's Institute
of Dermatology, Guy & St. Thomas' NHS Foundation Trust | London,
United Kingdom

Eczematous reactions in patients receiving treatments for psoriasis

2:25 – 2:40 PM **Clinical presentation**
Jason Hawkes, MD MS FAAD | Oregon Medical Research Center (OMRC) | Portland, Oregon

2:40 – 2:55 PM **Clinical approach**
Kenneth Gordon, MD | Medical College of Wisconsin Milwaukee, Wisconsin

2:55 – 3:10 PM **Q & A**
Moderated by Bruce Strober, MD PhD

Psoriasiform reactions in patients receiving treatments for atopic dermatitis and prurigo nodularis

3:10 – 3:25 PM **Clinical presentation**
Shawn G. Kwatra, MD | University of Maryland School of Medicine | Baltimore, Maryland

3:25 – 3:40 PM **Clinical approach**
Yael Anne Leshem, MD MCR | Rabin Medical Center
Tel-Aviv University Faculty of Medical & Health Sciences | Tel Aviv, Israel

3:40 – 4 PM **What is psoriasiform spongiotic dermatitis? Navigating uncertainty using advanced diagnostics**
Kilian Eyerich, MD, PhD | Karolinska Institutet Stockholm, Sweden

4 – 4:15 PM **Q & A**
Moderated by Amy Paller, MD MS

4:15 – 4:35 PM **BREAK, NETWORKING, & REFRESHMENTS**

Anti TNF- α induced skin eruptions in patients with inflammatory bowel disease

4:35 – 4:50 PM **Presentation and clinical approach in adults**
Lev Pavlovsky, MD PhD | Rabin Medical Center | Petah-Tikva, Israel

4:50 – 5:10 PM **Presentation and clinical approach in children**
Amy Paller, MD MS | Northwestern University Feinberg School of Medicine | Chicago, IL

5:10 – 5:25 PM **Mechanistic aspects of paradoxical reactions and iatrogenic switches**
Johann Gudjonsson, MD, PhD | University of Michigan, Ann Arbor, Michigan, United States

5:25 – 5:40 PM **Final Q & A**
Moderated by Yael Anne Leshem, MD MCR

5:40 – 6 PM **Closing Remarks, Session Evaluation, Final Networking Adjourn**
Alan Irvine, MD DSc and Bruce Strober, MD PhD