



# PO Monthly Call

February 2026

Monday, February 9th at 11am  
Wednesday, February 11th at 2pm

# Agenda

1. Updated HbA1c Performance Rate
  - a. Scorecard Revision
2. Spring 2026 Regional Meeting Registration
3. Spring Site Visit Registration
4. PO Small Group Calls
5. First Learning Community Event of the Year
6. Low Carbohydrate Diet Workshop Registration
7. Web Resource Library Share Feature
8. What's Coming Down the Pike
  - a. MCT2D Annual Report
  - b. Asynchronous Low Carbohydrate Diet Workshop Development
  - c. MCT2D Print Shop
  - d. Race and Ethnicity uACR Report
  - e. uACR Videos



# Updated A1C HEDIS / Performance Measure Rates

*Updated Target Rates:*

**74.45%** of patients with an A1C less than 8% for the commercial population  
(previous target was 70%, increase of 4.45%)

**91%** of patients with an A1C less than 9% for the Medicare population (previous target was 87%, increase of 4%)

# Revised A1C Scorecard

25%	<b>Each practice: Meet the HEDIS 90th percentile rate of 74.45% of commercial (BCBSM-PPO, BCN) type 2 diabetes patients ages 18+ with an A1C &lt; 8.0; and 91% of Medicare (BCBSM PPO-MA and BCNA) type 2 diabetes patients less than 76 years old with an A1C ≤ 9.0.</b>	
	<b>Lookback period: 6/1/2024 - 5/31/2025</b>	
	<b>Performance period: 6/1/2025 - 4/30/2026</b>	
	Met 2026 HEDIS performance rates (74.45% Commercial, 91% Medicare)	<b>25</b>
	Achieved a rate of ≥72% Commercial and ≥89% Medicare	20
25%	Met 2025 HEDIS performance rates (70% Commercial, 87% Medicare)	15
	Target not met	0

# MCT2D Spring Regional Meetings



VisTaTech Center, Livonia  
Tuesday, 4/7/26, 6pm-8pm



Weber's Inn, Ann Arbor  
Thursday, 4/9/26, 6pm-8pm



Somerset Inn, Troy  
Tuesday, 4/14/26, 6pm-8pm



Fetzer Center, Kalamazoo  
Tuesday, 4/22/26, 6pm-8pm



Prince Conference Center, Grand Rapids  
Tuesday, 4/23/26, 6pm-8pm



Horizons Conference Center, Saginaw  
Wednesday, 5/6/26, 6pm-8pm



Hagerty Conference Center, Traverse City  
Thursday, 5/7/26, 6pm-8pm

# Spring Regional Meeting Tentative Agenda

Time	Presentation Title	Speaker
6:00pm - 6:30pm	Clinical Updates in Type 2 Diabetes	Lauren Oshman, MD MCT2D Program Director  Heidi Diez, PharmD MCT2D Co-Program Director
6:30pm-6:50pm	Introducing the MCT2D Prediabetes Initiative	Larrea Young, MDes MCT2D Program Manager
6:50pm - 7:10pm	Future Performance Measures	Lauren Oshman, MD MCT2D Program Director  Heidi Diez, PharmD MCT2D Co-Program Director
7:10pm-7:35pm	Case Studies in Nephrology	Mike Heung, MD MCT2D Nephrology Program Director
7:35pm - 8:00pm	Case Studies in Endocrinology	Kara Mizokami-Stout, MD MCT2D Nephrology Program Director

# Spring Regional Meeting Registration

- Registration for spring regional meetings will open within the week.
- Reminder: PCP, Endocrinologist, and Nephrologist clinical champions are required to attend.
- Please ensure that all primary care, endocrinology, and nephrology clinical champions have registered by March 15<sup>th</sup>.
- If a Clinical Champion is unable to attend the meeting, they can send an alternate in their place.
  - For endocrinology and nephrology practices, the alternate must be another physician.
  - For PCP practices, any other clinician in the practice can serve as an alternate.

# Spring Site Visits

We will conduct site visits again in the Spring in the following 4 regions:

- Grey Wolf/Kalamazoo
- Blue Gill/Grand Rapids
- Riverwalk/Saginaw
- Sleeping Bear Dunes/Traverse City

**Applications for  
site visits will open  
this week!**

**Remember: Participating in a site visit meets the practice level learning community requirement, and the physician level learning community requirement for any physician who attends a portion of the meeting.**

**“A lot of us have heard of MCT2D, but don't really have a full understanding of its purpose and resources. Myself included. The visit was extremely helpful!”**

# PO Small Group Discussions

MCT2D is currently hosting PO small group discussions. We have organized POs with similar characteristics such as structure (independent vs. employed), EMR type, etc. together as best we could. Final two PO calls are occurring this week and then we will send a summary of what we learned.

## Feedback and Themes that We are Hearing So Far:

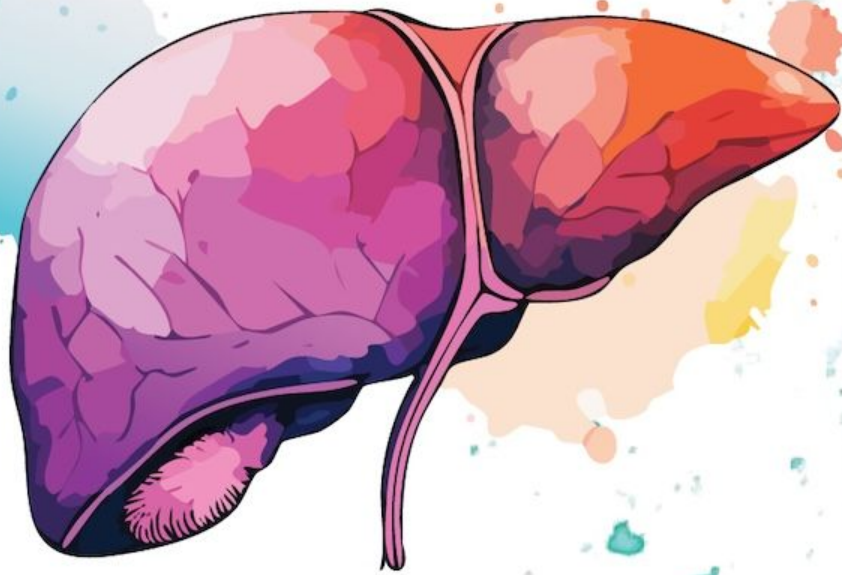
**Future VBR measures:** POs are sharing helpful, practical feedback on what's feasible and what needs support

**uACR:** PO support is focused on workflow + lab execution (right test, correct lab processing, optimized order lists)

**Engagement:** Regular meetings + email reminders help, but 1:1 practice outreach is most effective—especially with actionable data

**CGM:** Integration is largely manual/inconsistent; ordering is easier (often Parachute), but data capture for review remains a barrier

# LEARNING COMMUNITY EVENT



February 20, 2026 12:00PM

## **MASLD Guidelines** for People With Diabetes

*Speaker*

**Caroline R. Richardson, MD**

# Register for the Low Carb Workshop: May 18th-22nd

We are excited to share that we are now accepting applications for enrollment in MCT2D's Spring Low Carb Diet workshop!

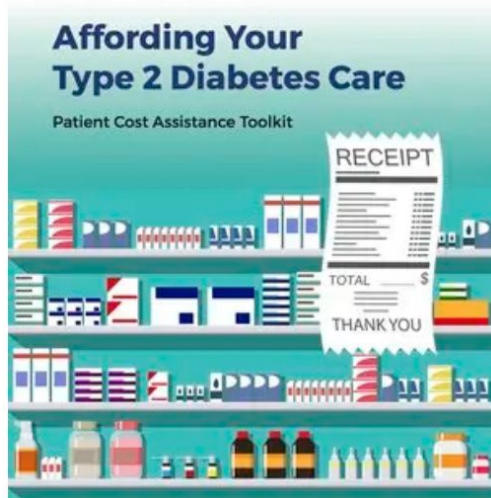
**May 18<sup>th</sup> – May 22<sup>nd</sup>** virtually from **9:00-10:00 am, Monday through Friday**

Participating in the Low Carb Diet workshop meets practice level learning community requirements, and if the attendee is a physician, meets the physician level learning community requirement as well.



Please scan this QR or go to  
**[michmed.org/PYqDM](https://michmed.org/PYqDM)**  
to apply to participate in the  
workshop

# Web Resource Library Share Function Added!



## Affording your Type 2 Diabetes Care: A Patient Toolkit on Insurance Coverage and Cost

[DOWNLOAD RESOURCE](#)[☆ ADD BOOKMARK](#)[SHARE](#)

Updated: 12/24/25

A all-in-one printable booklet designed for patients that will walk you through important aspects of insurance coverage for type 2 diabetes treatments like medication and continuous glucose monitors (CGM). This packet includes a worksheet of questions to ask your insurance company, plain language definitions to understand coverage, and guides to pharmacy discount programs. A great resource to print and have on hand for clinical pharmacists, care managers, MAs, and clinical staff who support patients as they navigate the costs of care. Booklet created March 2023. Updated Copay Savings and Patient Assistance Program guides added February 2025.

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# WHAT'S COMING DOWN THE PIKE?

Michigan Collaborative  
for Type 2 Diabetes



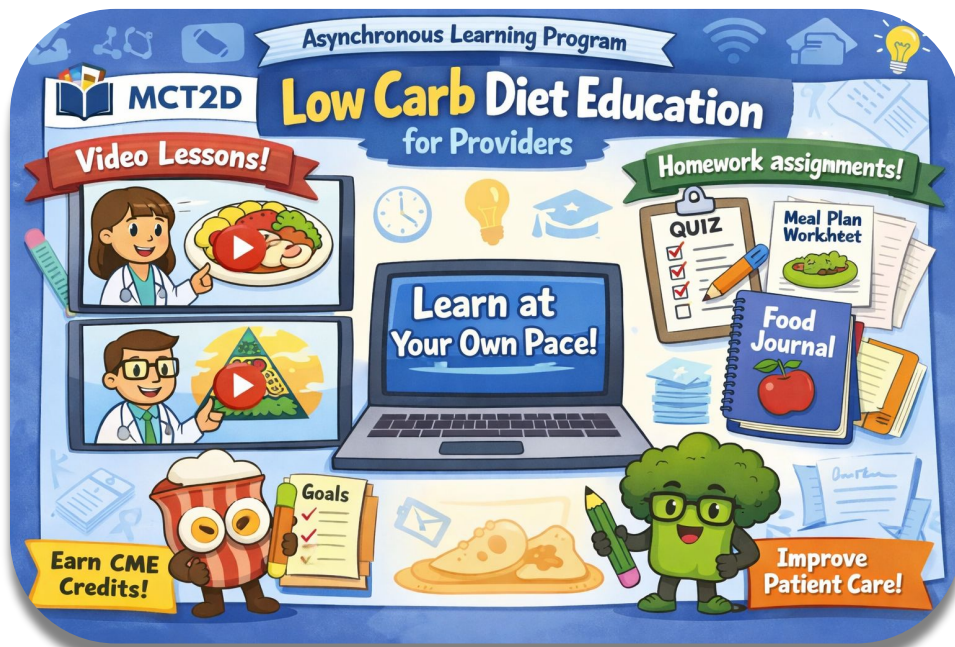
# MCT2D Annual Report



The MCT2D annual report will be released by the end of this week! There will be both an abbreviated PDF version and a long format web version! Please take a moment to read about all of the amazing work that the collaborative has accomplished together this past year!

# Asynchronous Low Carbohydrate Diet Workshop

- MCT2D is building an asynchronous Low Carbohydrate Diet Workshop.
- We'll continue live trainings, which allow for discussion and collaboration, while the asynchronous option helps meet demand and broaden reach.
- Expect deeper content and interactive educational components.
- Planned launch by the end of 2026.



Development is underway on what we are calling our “Print Shop!”

The Print Shop will be available through the MCT2D Admin Portal. Users will need an admin portal account to place orders. PO can order on practice's behalf.



Browse available printed resources below.  
*Allocate resources to practices before checkout.*

SUNDAY	Lunch	Dinner
3 eggs served with 1 cup sliced melons (cantaloup, honeydew, muskmelon, cantaloupe), and 1/2 cup strawberries	Wings, cauliflower, 2 1/2 cups low-sodium, 4% fat yogurt, cheese, applesauce, tomatoes, and 1/2 cup carrots	2 cups spaghetti topped with 1/2 cup beef sauce, 1/2 cup tomato sauce, 1/2 cup ground beef, and 1/2 cup shredded cheddar cheese
1 cup white rice served based on 1 ounce uncooked rice	Grilled steak with ranch for 1/2 cup or avocado	Grilled pork chops (14 ounces) with garlic Parmesan sauce, 1/2 cup white rice, and 1/2 cup green beans
<b>TOTAL: 20.35g</b>	<b>TOTAL: 25.35g</b>	<b>TOTAL: 40g</b>
MONDAY	Lunch	Dinner
4 cups plain Greek yogurt topped with 1/2 cup kiwi fruit, 1/2 cup strawberries, 1/2 cup cantaloupe	3 1/2 cups mixed greens topped with 1/2 cup avocado, 1/2 cup tomato, 1/2 cup cucumber, 1/2 cup carrots, 1/2 cup onions, 1/2 cup bell peppers, and 1/2 cup of almonds	Chicken Alfredo chicken gizzards with 1/2 cup chicken, 1/2 cup Alfredo sauce, 1/2 cup spaghetti, 1/2 cup tomato sauce, and 1/2 cup shredded cheddar cheese
<b>TOTAL: 20.35g</b>	<b>TOTAL: 20.35g</b>	<b>TOTAL: 30.35g</b>
TUESDAY	Lunch	Dinner
Baked sweetcorn (1/2 cup)	Lettuce wraps (2 1/2 large lettuce)	2 cups beef stew (brown beef, 1/2 cup beef, 1/2 cup onion, 1/2 cup carrot)

## 7-day Sample Low Carb Meal Plan (50 - 130g carbs per day)

For Patients    Point-of-care    Handout    Lower Carb Eating

2 pages

[View resource](#)

[Add to cart](#)

**7-Day Sample Meal Plan [South Asian Non-Vegetarian]**

[illegible]

**7-Day Sample Meal Plan [South Asian Vegetarian]**

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### 7-Day Sample Very Low Carb Meal Plan (<50g Carbs Per Day)

- ☐ CGM Resources
- ☐ Diabetes Prevention
- ☐ Endocrinology
- ☐ Lower Carb Eating
- ☐ Medication
- ☐ Nephrology

# Race and Ethnicity uACR Report

- A Race & Ethnicity uACR Screening Report is in development!
- A PO-level snapshot showing how uACR screening performance varies by race and ethnicity within your eligible measure population.
- The report summarizes data completeness (how many patients have race/ethnicity recorded), the size of your uACR measure population, and baseline screening rates by race and by ethnicity to help identify potential gaps and opportunities for targeted improvement.
- Designed to support equity-informed QI planning and local outreach, while protecting privacy through small-cell suppression and reporting only at the PO level.
- We will be gathering your feedback on the report in our March PO focus group!

## MCT2D uACR Screening Care for All Report

Physician Organization Name



This report is part of MCT2D's goal to improve care for all patients. It includes a snapshot of your MCT2D patient race and ethnicity data to give your organization a general overview of what data MCT2D has received, and to explore how it can support QI work on MCT2D's PCP and Nephrology uACR screening measures. The information is provided for reference only, and its use is at each PO's discretion.

### Total patients at your PO with race and/or ethnicity data reported

1,426

(xx% of patients included in the MCT2D patient Data Dashboard)

### Percent of patients at your PO who selected each race and ethnicity category (patients are allowed to select more than one category, therefore percentage totals may be greater than 100%)

#### Race Categories

American Indian and Alaska Native	X% (XX)
Asian	X% (XX)
Black or African American	X% (XX)
Native Hawaiian and Other Pacific Islander	X% (XX)
White	X% (XX)
Race Uncategorized or Unknown	X% (XX)

#### Ethnicity Categories

Hispanic or Latino	X% (XX)
Not Hispanic or Latino	X% (XX)
MENA*	X% (XX)
Ethnicity Uncategorized or Unknown	X% (XX)

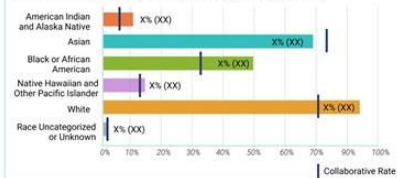
\*Middle Eastern or North African

### Total patients at your PO with race and/or ethnicity data included in PCP and Nephrology uACR measure population

875

(xx% of patients included your uACR measure population)

### Baseline uACR screening rates for patients with race data that are included in your measure population (patients are allowed to select more than one category and each category is counted as 1)



### Please Note!

When generating this report MCT2D followed CMS guidelines and has suppressed data with a cell size of <11 to protect individuals from being identifiable.

This report only includes data aggregated at the Collaborative and PO level. No data is displayed at the practice, physician, or patient level.

Race and Ethnicity categories were determined by MSHIELD and MDC based on current best practices.

### Baseline uACR screening rates for patients with ethnicity data that are included in your performance population

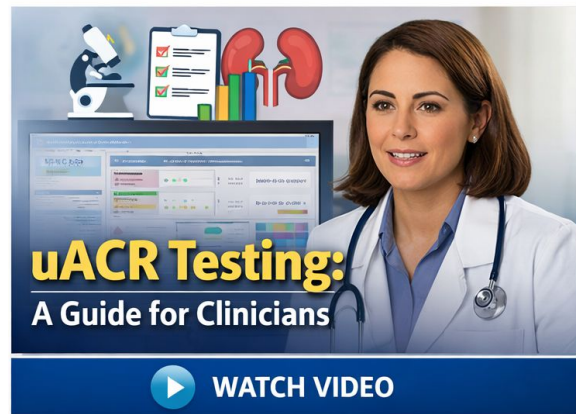


# uACR Videos

**Coming soon:** Two new MCT2D videos on uACR testing—one for patients and one for clinicians

**Patient video:** What uACR is, why it matters, and how patients can take an active role in their care

**Clinician video:** Key guidelines and best-practice approaches for uACR testing



# Next Month's PO Call Dates

**Monday, March 9th at 11am**

**Wednesday, March 11th at 2pm**