MEDICATION

BUPROPION

May also be called WELLBUTRIN® ZYBAN®



PRESCRIPTION ONLY

MEDICATION

VARENICLINE

May also be called CHANTIX®



PRESCRIPTION ONLY

PROS CONS

- ✓ Easy to use
- ✓ Pill form
- ✓ Few side effects
- × May not be good for people with certain medical conditions like high blood pressure or seizures*

Notes

HOW TO USE*

Start 1-2 weeks before quit date. It will take this long to feel the effects of the medication.

Can be used with other treatments (gum, patch, nasal spray, lozenge, and inhaler).

Can be used for up to 12



PROS CONS

- ✓ Easy to use
- ✓ Pill form
- ✓ Significantly reduce cravings
- × Can cause nausea, mood changes, and abnormal dreams.*

Notes

HOW TO USE*

Start 1 week before quit date. It will take this long to feel the effects of the medication.

Take with food and water. Can be used for up to 12 months.

	0.5 mg	Day 1-3 1 Tablet*
0.5 ng	0.5 mg	Day 4-7 1 Tablet Twice Daily*

1.0

HBOMich.org

Day 8+

1 Tablet

Twice Dailv*

^{*} Consult your doctor to determine the appropriate treatment options and dosing.

Combine Medication & Counseling to **DOUBLE** your chances of quitting.

MICHIGAN TOBACCO

FREE Confidential
Counseling & Support

QUITLINE

1.800.784.8669



Or Enroll Online
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LEARN MORE



MEDICATION OPTIONSQUICK GUIDE



