### **What's New in this Guide**

Last updated 05 September 2023 v2023.2.5



### **Change Log**

Date	Payer	Drug/Device	Change
9/5/23	Aetna	Mounjaro	Changed from "Not covered" to "Preferred"
8/31/23	Aetna	phenterm ine	Changed from "Not covered" to "Preferred with PA"
8/31/23	Express Scripts	phenterm ine	Changed from "Not covered" to "Preferred"
8/31/23	Blue Cross Complete	ССВМ	FIXED: Added Pharmacy Benefit policy effective 8/1/22, including preferred devices and criteria for non-insulin treated T2D
8/27/23	Aetna Commercial	Preferred GLP-1 and SGLT2	Removed "Prior authorization" not noted in most recent 2023 Formulary
8/27/23	Aetna Commercial	Mounjaro	Changed from "Not Covered" to "Non preferred"
8/10/23	Molina Medicaid	ССВМ	Added CGM pharmacy criteria for Molina-managed Medicaid with criteria for CGM pharmacy benefit coverage
8/10/23	Molina Medicaid	CGM	Added CGM pharmacy criteria for Molina-managed Medicaid with criteria for CGM pharmacy benefit coverage

#### **What's New in this Guide**

Last updated 05 September 2023 v2023.25



### **Change Log**

Date	Payer	Drug/Device Change			
8/10/23	Michigan Medicaid	ССВМ	FIXED: Removed "2x daily insulin" as a requirement, error. <b>Thank you for reporting the error</b>		
8/10/23	United Medicare Advanage	ССВМ	Added CGM pharmacy benefit criteria for United-managed MA plans. <b>Thank you for reporting this</b>		
8/10/23	All Plans	ССВМ	Simplified the style of the CGM criteria table to increase clarity on T2D, Insulir and additional criteria requirements for CGM coverage. <b>Thank you for your feedback!</b>		

### **MCT2D Medication & CGM Coverage - Preferred Drugs** Medicare Advantage Plans Updated 08-27-2023 using Fingertip Formulary Lookup and MCT2D outreach



For complete coverage information, see the full Medication and CGM Coverage Guide

Medicare Advantage Plan with formulary URL	GLP-1 RA	SGLT2-i	CGM Coverage & Criteria	
Aetna michmed.org/8NQrk	Ozempic Rybelsus (Oral) Trulicity Victoza Bydureon Bcise	Farxiga Jardiance	Most MA plans require DME. Device must have standalon reader (not just smart phone app) to qualify for Medicare DME.  Preferred Brand(s): Abbott Freestyle Libre 2* OR Dexcom	
BCBSM/BCN michmed.org/DymRY	Bydureon Bcise Ozempic Rybelsus Trulicity Victoza  Claims Hx: T2D Dx or med	Farxiga Jardiance	G6, G7  For all Medicare plans, must document the following: michmed.org/dJ8z3  1. Diabetes diagnosis	
HAP Step Therapy (ST): michmed.org/2VPGZ	Ozempic Rybelsus (Oral) Trulicity Victoza  Claims Hx: Metformin Rx (<120 days)	Farxiga Jardiance	<ol> <li>The beneficiary (or the beneficiary's caregiver) has received appropriate training in the use of the device as evidenced by a prescription</li> <li>The CGM is being prescribed in accordance with FDA indications for use</li> <li>The CGM is being prescribed to improve glycemic control for a beneficiary who is insulin treated or has a history of problematic hypoglycemia. Definition as follows:</li> </ol>	
Humana (MA) michmed.org/kQ894	Mounjaro Ozempic Rybelsus (Oral) Trulicity Victoza	Invokana Jardiance	If NON insulin treated, must also have a history of hypoglycemia (defined as EITHER):  Moderate (Level 2):  a. At LEAST two documented events in EMR (glucose <54mg/dL or "Level 2") and	
Priority michmed.org/7NVGN	Bydureon Bcise Mounjaro Trulicity	Farxiga Jardiance	b. At LEAST two previous medication adjustments prior to the most recent Level 2 event  or  Severe (Level 3):	
United  AARP Medicare RX  michmed.org/YkDR3	Bydureon Bcise Mounjaro Ozempic Rybelsus (Oral) Trulicity Victoza	Farxiga Jardiance	<ul> <li>a. At LEAST one documented event in EMR (glucose &lt;54mg/dL or "Level 3") and</li> <li>b. Documentation in EMR that patient required 3rd pa assistance for treatment.</li> <li>*As of 8/28/23, Freestyle Libre 3 (smartphone only, no reader) is not covered by the CMS Medicare policy.</li> </ul>	
Wellcare michmed.org/gRWDV	Bydureon Bcise Ozempic Rybelsus (Oral) Trulicity Victoza	Farxiga Jardiance		

# MCT2D Medication & CGM Coverage - Preferred Drugs Medicaid Plans



If plan includes a pharmacy carveout, check the pharmacy carveout company's coverage criteria. For complete coverage information, see the full Medication and CGM Coverage Guide

MEDICAID Plans with Formulary URL	GLP-1 RA (Injectable)	SGLT2-i	CGM Coverage & Criteria
Medicaid State Plan and managed plans (Aetna, HAP, McLaren, Meridian, Priority, United)  michmed.org/ N2wn8	Byetta Trulicity Victoza	Farxiga (not HAP) Invokana Jardiance	Preferred Brand: Abbott Freestyle Libre, Dexcom Benefit Type: DME Medicaid Criteria:  1.) The beneficiary is under the care of an endocrinologist, a physician, or a non-physician practitioner (nurse practitioner, physician assistant, or clinical nurse specialist) who is managing their type 2 diabetes. 2.) Has diabetes requiring the administering of insulin or pump. 3.) The beneficiary or their caregiver is educated on the use of the device and is willing and able to use the CGMS.
Blue Cross Complete (BCBSM managed Medicaid) michmed.org/xNX5W CGM Policy effective 8/1/22: michmed.org/PJGPA	Byetta Trulicity Victoza  Claims Hx: T2D Dx or med	Farxiga (not HAP) Invokana Jardiance	Preferred Brand: Freestyle Libre 14 Day, Freestyle Libre 2, FreeStyle Libre 3, Dexcom G6 Benefit Type: Pharmacy  1. Diagnosis of diabetes AND Either Criteria #1 or one of the criteria under #2:  Criteria 1: Treatment with insulin (type 1 or type 2)  OR  Criteria 2: Treatment of Type 2 diabetes with an antihyperglycemic drug without insulin.  One of the following must be met:  a. Frequent hypoglycemia, hypoglycemia unawareness, or concerns of nocturnal hypoglycemia b. Gaining weight (more than 5 pounds of weight gain in the last 12 months) c. HbA1C ≥ 7% d. Need for medication changes or titration e. Initiation of a lower carbohydrate diet f. Patient is unable or reluctant to test their blood glucose via traditional glucometer. g. Patient is taking two or more medications to manage their diabetes. h. Patient works with a care team member to improve diet and exercise choices.  With treatment of Type 2 Diabetes and no insulin * Documentation of positive clinical response (i.e. improved HbA1C or reduced frequency of severe hypoglycemia episodes)

### MCT2D Medication & CGM Coverage - Preferred Drugs Commercial Plans



If plan includes a pharmacy carveout, check the pharmacy carveout company's coverage criteria. For complete coverage information, see the full Medication and CGM Coverage Guide

Commercial Plans with Formulary URL	GLP-1 RA (Injectable)	SGLT2-i	CGM Coverage & Criteria (Disclaimer: Pharmacy Carve-Outs may augment the benefit type and criteria)
Aetna (Advanced Control) michmed.org/97Ay9 CGM: michmed.org/3xAqb	Mounjaro Ozempic Rybelsus Trulicity Victoza	Farxiga Jardiance	Preferred Brand: Dexcom Benefit type: DME Criteria: 1. Type 1 or type 2 diabetes diagnosis 2. 3+ daily insulin injections or insulin pump therapy 3. a.) experiencing improved glycemic control or decreased hypoglycemia episodes while using a CGM b.) are being assessed every six months by the prescriber for adherence to their CGM regimen and diabetes treatment plan.
BlueCross BlueShield Michigan  michmed.org/nmxVD CGM: michmed.org/w8nMW	Mounjaro Ozempic Rybelsus (Oral) Trulicity Victoza  Claims Hx: T2D Dx OR T2D Med	Farxiga Jardiance	Preferred Brand(s): Abbott OR Dexcom Benefit type: Pharmacy Criteria: T2D Diagnosis Benefit type: DME Criteria: 1. 3+ daily insulin injections or pump and not meeting glycemic targets 2. Have recurrent, unexplained, severe hypoglycemia (generally blood glucose levels <50 mg/dL) or impaired awareness of hypoglycemia that puts the patient or others at risk
ExpressScripts National michmed.org/Dyq2x	Bydureon Bcise Mounjaro Ozempic Rybelsus (Oral) Trulicity	Farxiga Jardiance Steglatro	Preferred Brand(s): Abbott OR Dexcom
HAP michmed.org/qdV9P	Mounjaro Ozempic Rybelsus (Oral) Trulicity Victoza  Claims Hx: Metformin Rx (<120 days) michmed.org/2VPGZ	Farxiga Jardiance	Preferred Brand(s): Abbott OR Dexcom Pharmacy ONLY: Contact Pharmacy Advantage at 800-456-2112.  1. Diagnosis of Type 1 or 2 diabetes 2. Ability to use the system or access to a caregiver who has such abilities, and ONE of the following: 3. Must be treated with insulin OR treated with 3+ non-insulin
Priority (Traditional)  michmed.org/yq299 CGM: michmed.org/dJzPq	Mounjaro Ozempic Trulicity Victoza  Claims Hx: T2D Dx	Farxiga Jardiance	Preferred Brand(s): Abbott OR Dexcom Benefit type: Pharmacy Criteria: T2D Diagnosis
Priority (Optimized)  michmed.org/BA4Kb CGM: michmed.org/dJzPq	Mounjaro Trulicity  PA criteria (PDF) michmed.org/ jm85Q	Farxiga Jardiance	Preferred Brand(s): Abbott OR Dexcom Benefit Type: Pharmacy Criteria: T2D Diagnosis

# MCT2D Medication & CGM Coverage - Preferred Drugs Commercial Plans



If plan includes a pharmacy carveout, check the pharmacy carveout company's coverage criteria. For complete coverage information, see the full Medication and CGM Coverage Guide

Commercial Plans with Formulary URL	<b>GLP-1 RA</b> (Injectable)	SGLT2-i	CGM Coverage & Criteria (Disclaimer: Pharmacy Carve-Outs may augment the benefit type and criteria)
United  michmed.org/7NJrY  CGM:	Bydureon BCise Mounjaro Ozempic Rybelsus (Oral) Trulicity Victoza	Jardiance Farxiga Invokana Steglatro	Preferred Brand(s): Abbott OR Dexcom Benefit Type: Pharmacy Criteria for Coverage: For MCT2D Members ONLY: 1. Ordered by an MCT2D participating provider 2. Patient has T2D diagnosis
michmed.org/nmxYW	Victoza	Jardiance: ST 3 month metformin trial, C&I or suboptimal response	Benefit Type: DME, For Non-MCT2D Members: 1. Diagnosis of diabetes requiring insulin 2. Blood glucose testing at least 4x daily 3. Insulin injections at least 3 x daily OR pump 4. Frequent adjustments to treatment regimen necessary based
	Step therapy 3 month metformin trial, C&I or suboptimal response michmed.org/vJmqe	Others: Metformin & Jardiance trial  CKD/HF/T2D  michmed.org/ Yk9Yb	on glucose testing results 5. Documented compliance to physician-directed comprehensive diabetes management program 6. Assessed by a provider every six months

#### COVERAGE GUIDE APPENDIX

## 2023 FORMULARY, STEP THERAPY & PRIOR AUTHORIZATION, AND DME POLICY LINKS & PROVIDER PHONE LINES

PAYOR	2023 FORMULARY UR	L ST/PA GUIDELINES U	RL CGM DME POLICY URL	PROVIDER PHONE
Medicare	See MA plans	See MA plans	michmed.org/dJ8z3	800-633-4227
MA: Aetna	michmed.org/8NQrk	michmed.org/KqrMw	See Medicare/CMS policy listed above	800-624-0756
MA: BCBSM	michmed.org/DymRY	michmed.org/yqVYZ	See Medicare/CMS policy listed above	800-344-8525
МА: НАР	michmed.org/WAZqQ	michmed.org/vJV3A	See Medicare/CMS policy listed above	800-292-2550
MA: Humana	michmed.org/kQ894	michmed.org/kQkYr	See Medicare/CMS policy listed above	800-523-0023
MA: Priority	michmed.org/7NVGN	michmed.org/MMxnk	See Medicare/CMS policy listed above	800-942-4765
MA: United	michmed.org/YkDR3	n/a	See Medicare/CMS policy listed above	800-711-4555
MA: Wellcare	michmed.org/gRWDV	michmed.org/8NRev	See Medicare/CMS policy listed above	855-538-0454
Aetna		michmed.org/KqrMw Wegovy: michmed.org/QRQMm	michmed.org/3xAqb	PA 800-414-2386
BCBSM	michmed.org/nmxVD	michmed.org/zRQZB	michmed.org/w8nMW	800-344-8525
Express Scripts	michmed.org/Dyq2x	michmed.org/3xAey	n/a	888-327-9791
НАР	michmed.org/qdV9P	PA: michmed.org/vJV3A ST:	n/a	888-427-6464
<b>Priority</b> Traditional	michmed.org/yq299	michmed.org/jm85Q	michmed.org/dJzPq	800-942-4765
<b>Priority</b> Opimized	michmed.org/BA4Kb	michmed.org/jm85Q	michmed.org/dJzPq	800-942-4765
United	michmed.org/7NJrY	SGLT2i: michmed.org/Yk9Yb GLP-1 RA: michmed.org/vJmqe	michmed.org/nmxYW	800-711-4555
Medicaid	michmed.org/N2wn8	michmed.org/2VP94	michmed.org/Dyeme	800-292-2550
Blue Cross Complete	michmed.org/xNX5W	michmed.org/xNX5W	michmed.org/PJGPA	See region specific #
McLaren	michmed.org/QRr9A	n/a	n/a	888-327-0671
Molina	michmed.org/vJ4rz	n/a	michmed.org/gRWVY	855-326-5059