



PO Monthly Call

January 2026

Monday, January 12th at 11am
Wednesday, January 14th at 2pm

Agenda

1. VBR Updates
 - a. Extra Credit
 - b. 2026 Learning Community Events
 - c. Performance Measure Progress Report Survey
2. 2026 MCT2D Patient Data Dashboard Updates
 - a. Release Schedule
 - b. Enhancements
 - c. PO Focus Groups
3. Updated A1C Rates
4. Recruitment Update
5. Spring 2026 Regional Meetings & Site Visits
6. PO Small Group Calls
7. MCT2D Workgroup Updates
8. Prediabetes



PCP VBR Year

63 practices completed their physician level and practice level learning community activities before 1/1/2026, earning 5 points extra credit.

All remaining physician level and practice level learning community requirements are due on 7/1/2026.

Check the [Learning Community Activities Menu](#) for opportunities to meet fulfill these requirements.



Learning Community Event Registration

Dates and times are confirmed for 9 of the 2026 Learning Community Events.

Registration was sent out earlier today (1/14) for all events, and these will also be listed on the MCT2D Website and Admin Portal.

Please encourage your physicians to sign up in advance so that they are set to meet their physician level learning community requirement well before the 7/1/2026 deadline!

2026 Learning Community Event Topics



Topic	Date
MASLD guidelines for people with diabetes	2/20/2026
Updates to the ADA Standards of Care 2026	3/19/2026
Myths and Facts on Low-Carb Diet	4/17/2026
Gestational Diabetes	5/01/2026
Advanced Insulin	7/17/2026
Stepwise Approach to Low Carb Diet Counseling	8/21/2026
Mental Health and Diabetes Distress	9/18/2026
An Overview of Diabetes Self-Management Education and Support	10/23/2026

2026 Learning Community Event Topics

Remaining events with specific dates to be determined



Topic

Food as Medicine Approaches in Type 2 Diabetes

Cardiac Rehab and Diabetes Management

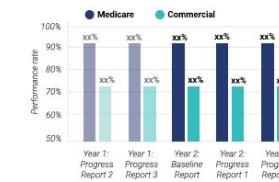
Performance Report Feedback Survey

- We have distributed a brief survey to understand how we can improve the performance reports for the future.
- The Survey is available on the Admin Portal - currently the only tool available for review.
- Both POs and practices are eligible to fill out the survey and give us feedback.
 - For physicians, completion of the survey will meet the physician level learning community requirement, counting towards “Provide Feedback on an MCT2D Tool.”
- **Next performance reports will be distributed in February (A1C) April (PCP uACR, nephro uACR, and endo CGM interpretation)**

[Practice Name] Overview

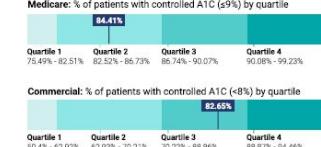
Measure Information	Medicare	Commercial
Percentage of patients with controlled A1C	XX% (xx patients)	XX% (xx patients)
Percentage of patients with an A1C recorded after 6/01/2023	XX% (xx patients)	XX% (xx patients)
Eligible patients attributed to your practice as of xx/xx/xxxx	XXX	XXX

Performance Rates Overtime



Practice Performance Comparison

Which performance quartile does your practice fall in compared to other practices at your PO?



Measure: PCP HbA1c

Are you meeting the goal rate?

Medicare (A1C ≤9%)

TBD (goal rate not yet available)

Commercial (A1C <8%)

TBD (goal rate not yet available)

MCT2D Patient Data Dashboard



Patient Data Dashboard Updates

Visualizations for each of the performance measures added as of most recent release - 12/19/2025

BCBSM/BCN/BCBSMA/BCNA claims and clinical quality data is now be through 10/31/2025

Data through 9/30/2025 for Medicaid claims

The Michigan Collaborative For Type 2 Diabetes PATIENT DATA DASHBOARD

Legacy Dashboard



LAST UPDATED *8/31/2025* Based on BCBSM, BCBSM MA, BCN, BCN-A, and Medicaid Claims and payer-neutral MiHIN clinical quality (all payer supplemental) data BCBSM/BCN claims data (1/1/2021-8/31/2025); Clinical data (1/1/2021-8/31/2025); Medicaid Claims data (1/1/2021-6/30/2025)

Click the icons below to navigate to a dashboard view.



Patient List

Filter a list of your patients included in the MCT2D dashboard - *Coming soon!*



Patient Profile

Access diabetes-related health information for a specific patient - *Coming soon!*



Summary Measures

View summary measures for your organization



Follow Up Lists

Access pre-filtered patient lists and save custom lists - *Coming soon!*



Pre-populated Reports

Real-time reports on critical topics



User Guide

Get help navigating the dashboard

2026 Estimated Dashboard Release Schedule

Release Date	Clinical & Commercial Claims Data Through:	Medicaid Claims Through:
1/30/2026 - Progress Report- A1C	11/30/2025	9/30/2025
03/31/2026- Progress Report- uACR & CGM	1/31/2026	12/31/2025
04/30/2026	2/28/2026	12/31/2025
06/30/2026-final report for A1c measure	4/30/2026	3/31/2026
07/31/2026- Progress Report - uACR & CGM	5/31/2026	3/31/2026
09/30/2026	7/31/2026	6/30/2026
10/30/2026	8/31/2026	6/30/2026
12/31/2026	10/31/2026	9/30/2026

2026 Data Dashboard Updates

Q1

- Adding additional diagnosis fields (DX1 - DX36) to capture more patients with T2D
- Adding eGFR to the summary measures page

Q2

- Adding patients with prediabetes to the inclusion criteria and receive in extract
- Making improvements to the way certain variables are categorized and displayed

Q3

- Completing the MCT2D dashboard redesign, updating the patient list and patient profile pages
- Inclusion of pre-diabetes patient in the dashboard
- Add new performance measure visualizations to the dashboard.

Q4

- Add race and ethnicity to the dashboard
- Receive patient zip codes in extract

PO Focus Groups

For Physician Organization members: Participate in a 1-hour MCT2D Patient Data Dashboard focus group! Our PO focus groups are an opportunity to gather your input, ideas, and feedback on specific topics related to our Patient Data Dashboard. Session topics will be emailed to registrants 1 week before the focus group.

2026 PO Focus Groups:

- Friday, March 27, 12-1 PM
- Tuesday, April 14, 8-9 AM
- Thur, May 21, 12-1 PM

A calendar invite with a Zoom link will be sent out after you register.

You are only required to participate in one focus group per year for your scorecard requirement.

Updated A1C HEDIS / Performance Measure Rates

Updated Target Rates:

>74.45% of patients with an A1C less than 8% for the commercial population
(previous target was 70%, increase of 4.45%)

>91% of patients with an A1C less than 9% for the Medicare population (previous target was 87%, increase of 4%)

PROPOSED Revised A1C Performance Measure

Each practice: Meet the HEDIS 90th percentile rate of 74.45% of commercial (BCBSM-PPO, BCN) type 2 diabetes patients ages 18+ with an A1C < 8.0; and 91% of Medicare (BCBSM PPO-MA and BCNA) type 2 diabetes patients less than 76 years old with an A1C \leq 9.0.

Lookback period: 6/1/2024 - 5/31/2025

Performance period: 6/1/2025 - 4/30/2026

	Met 2026 HEDIS performance rates (74.45% Commercial, 91% Medicare)	25
	Achieved a rate of \geq 72% Commercial and \geq 89% Medicare	20
	Met 2025 HEDIS performance rates (70% Commercial, 87% Medicare)	15
25%	Target not met	0

Pending Approval from BCBSM

MCT2D Spring Regional Meetings



VisTaTech Center, Livonia
Tuesday, 4/7/26, 6pm-8pm



Prince Conference Center, Grand Rapids
Tuesday, 4/23/26, 6pm-8pm



Weber's Inn, Ann Arbor
Thursday, 4/9/26, 6pm-8pm



Somerset Inn, Troy
Tuesday, 4/14/26, 6pm-8pm



Fetzer Center, Kalamazoo
Tuesday, 4/22/26, 6pm-8pm



Horizons Conference Center, Saginaw
Wednesday, 5/6/26, 6pm-8pm



Hagerty Conference Center, Traverse City
Thursday, 5/7/26, 6pm-8pm

Spring Regional Meeting Tentative Agenda

Reminder: PCP, Endocrinologist, and Nephrologist clinical champions are required to attend.

Time	Topic
6:00pm - 6:30pm	Clinical Updates in T2D
6:30pm - 7:00pm	Future MCT2D Performance Measures
7:00pm - 7:30pm	Endocrinology Case Based Discussion: Comanaging Patients
7:30pm - 8:00pm	Nephrology Case Based Discussion: Cardiac-Kidney-Metabolic Syndrome Cases

Spring Site Visits

We will conduct site visits again in the Spring in the following 4 regions:

- Grey Wolf/Kalamazoo
- Blue Gill/Grand Rapids
- Riverwalk/Saginaw
- Sleeping Bear Dunes/Traverse City

Applications for site visits open in February!

“A lot of us have heard of MCT2D, but don't really have a full understanding of its purpose and resources. Myself included. The visit was extremely helpful!”

Recruitment Update

- No recruitment in 2026 for any population health CQI at the request of BCBSM to allow POs to focus on the PCMH restructuring/alignment
- Recruitment is expected to resume in 2027 dependent on BCBSM

PO Small Group Discussions

MCT2D will be hosting PO small group discussions in February. All will be scheduled before the end of the week.

We conducted these in lieu of PO 1on1 calls last year and POs reported that these were helpful. Will be organizing POs with similar characteristics such as structure (independent vs. employed), EMR type, etc.

Topics to include:

- Supporting practices with performance measures
- Clinician engagement
- Use of dashboards and reporting tools
- CGM data integration

MCT2D Workgroup Updates

EMR Workgroup: Meeting Thursday 1/15 at 10am. Each EMR subgroup will meet to discuss progress and goals for 2026. Email ccteam@mct2d.org if you are interested in joining.

Advocacy Workgroup: Meeting is taking place Friday 1/16 at 1pm. Will focus on discussion and determining advocacy goals for remainder of year. Email ccteam@mct2d.org if you are interested in joining.

Steering Committee Committee: Next meeting is TBD but will be held in Spring to review and sign off on upcoming performance measures.

Research Committee: Next meeting is 02/12/2026 which will be our first working session. Topics will focus on how the committee will accept proposals for the use of Collaborative data for research purposes.

MCT2D Initiatives: Prediabetes

- **Mar-Apr 2025:** Initiative planning and review of past feedback from collaborative members and patient advisory board
- **May 2025:** Completed 2 focus groups with 40 MCT2D members
- **Jul 2025:** Launched Prediabetes Screening Guide and new initiative branding
- **Aug 2025:** Prediabetes design work for web platform begins
- **Dec 2025:** MCT2D population definition meeting (code specifications), completed focus group on the web platform with 15 MCT2D members
- **March-Present:** Ongoing partnership with DPP and NKF
- **April 2026:** Web platform and print tools lunch at regional meetings
- **June 2026:** MDC launches pre-diabetes population in dashboard.



Prediabetes Screening Guide

Definition of Prediabetes: Criteria for defining prediabetes in non-pregnant adults:

HbA1c of 5.7%-6.4%

Screening Tests Consistent with Prediabetes² (One result sufficient for diagnosis)

- A** An HbA1c level of 5.7%-6.4%
- B** A fasting plasma glucose level of 100 to 125 mg/dL
- C** 2 hour 75g glucose tolerance test result of 140 to 199 mg/dL

Who should I screen?

Adults aged 35 to 70 years who have overweight or obesity (BMI ≥ 25).

How often?

Every 3 years.

Consider these factors

- Consider screening at an earlier age (>35) if a patient:
 - Is from a population with a disproportionately high prevalence of diabetes (American Indian/Alaska Native, Black, Hawaiian/Pacific Islander, Hispanic/Latino).
 - Has a family history of diabetes.
 - Has a history of gestational diabetes or polycystic ovarian syndrome.
- Consider screening at a lower BMI (<23) if the patient is of Asian descent.

Why We Care

Prediabetes significantly increases the risk of developing type 2 diabetes, cardiovascular disease, and kidney disease if left untreated.³

Without lifestyle changes, approximately 1 in 5 people with prediabetes will develop type 2 diabetes within five years.⁴

Only 19% of patients with prediabetes are aware of their diagnosis.⁵

We can do better!

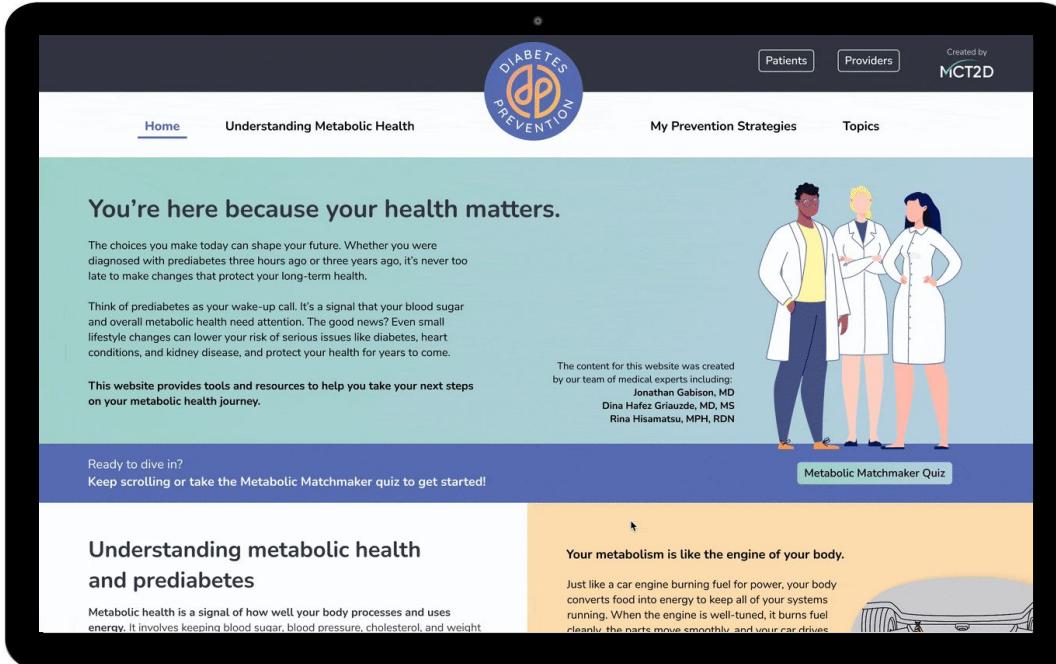
Based on USPSTF recommendations?

Preventive Interventions (Individualize care to your patient)⁶

Refer to a Diabetes Prevention Program, which includes lifestyle changes and metformin, and consider other pharmacological interventions, such as SGLT2 inhibitors, GLP-1 receptor agonists, and DPP-4 inhibitors, based on individual patient needs and risk factors.

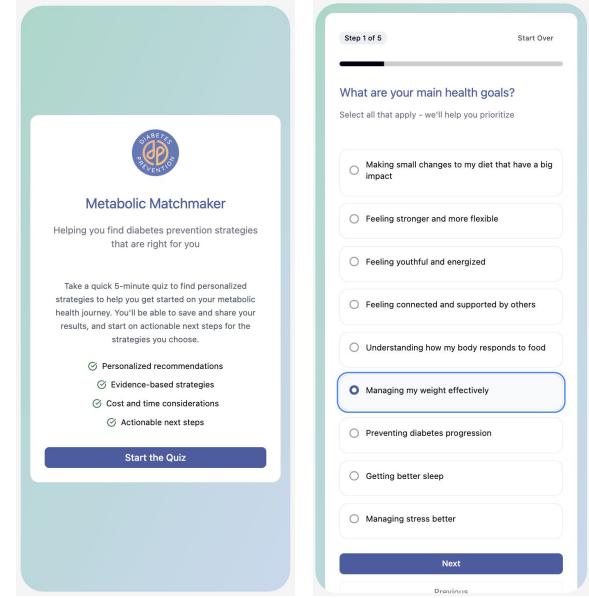


Prediabetes Web Platform Focus Group



The Patient Landing Page features a dark blue header with the 'DIABETES PREVENTION' logo, 'Patients' and 'Providers' buttons, and 'Created by MCT2D'. Below the header, a navigation bar includes 'Home' (underlined), 'Understanding Metabolic Health', 'My Prevention Strategies', and 'Topics'. The main content area has a teal background with the heading 'You're here because your health matters.' and a subtext about prediabetes. It includes a paragraph about lifestyle changes, a note about medical experts, and a statement about the website's purpose. A call-to-action button 'Metabolic Matchmaker Quiz' is visible. The bottom section, titled 'Understanding metabolic health and prediabetes', contains a paragraph about metabolic health and an illustration of a car engine.

Patient Landing Page



The Metabolic Matchmaker quiz interface shows 'Step 1 of 5' and a progress bar. The question 'What are your main health goals?' is displayed, with a note to 'Select all that apply - we'll help you prioritize'. A list of goals with radio buttons follows: 'Making small changes to my diet that have a big impact' (unchecked), 'Feeling stronger and more flexible' (unchecked), 'Feeling youthful and energized' (unchecked), 'Feeling connected and supported by others' (unchecked), 'Understanding how my body responds to food' (unchecked), 'Managing my weight effectively' (checked), 'Preventing diabetes progression' (unchecked), 'Getting better sleep' (unchecked), and 'Managing stress better' (unchecked). A 'Start the Quiz' button is at the bottom, and a 'Next' button is at the bottom right.

Metabolic Matchmaker

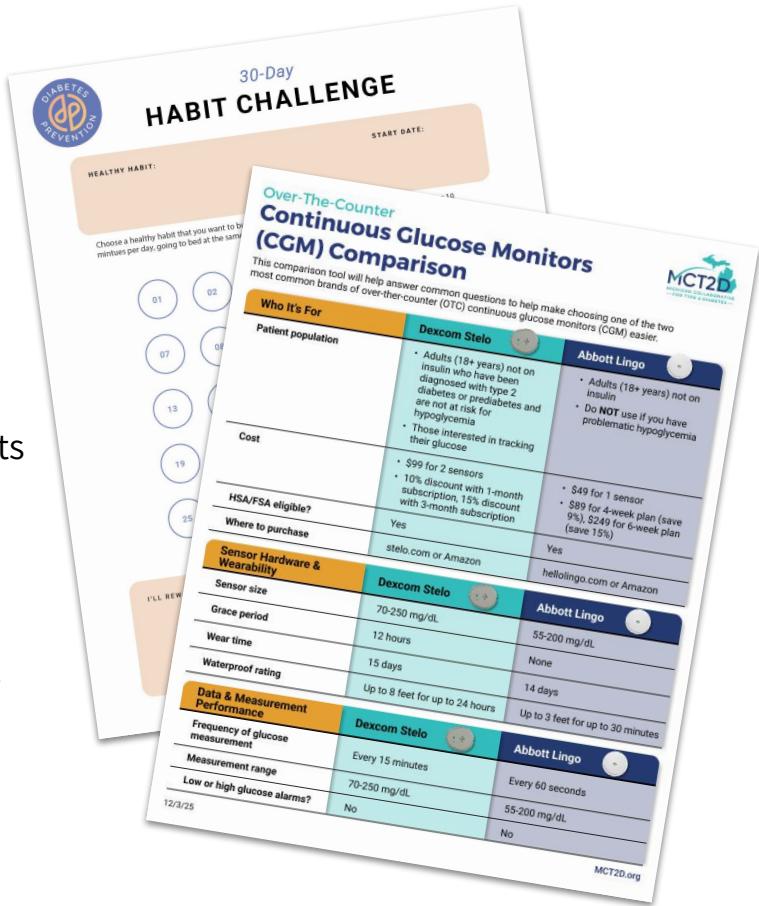
Feedback & Next Steps

Focus Group Feedback

- Members like the framing and educational content on prediabetes and metabolic health
- Members were excited about the Metabolic Matchmaker and the prevention strategies
- Members requested the MCT2D create supportive PDF/print versions of content and other physical tools to support patients with lower tech literacy (i.e. pocket logbook)

Next Steps

- Continued work on web platform for Launch in April 2026
- Development of supporting PDF/print tools and resources (i.e. OTC CGM guide, habit trackers, logbook)
- Prediabetes data enhancement to the MCT2D dashboard



Next Month's PO Call Dates

Monday, February 9th at 11am

Wednesday, February 11th at 2pm