



We are thrilled to share all of the incredible work that our quality collaborative has accomplished this year! None of it would be possible without the partnership of our amazing collaborators. **Together, the Michigan Collaborative for Type 2 Diabetes is committed to shifting the paradigm of type 2 diabetes care through collaborative quality improvement.**



A MESSAGE FROM OUR DIRECTORS

To our over 330 primary care, endocrinology, and nephrology practice partners, we thank you. It has been your thoughtful inquiry and engagement at our online learning events, regional and collaborative wide meetings, and support sessions, as well as the insights from our live learning events and panel discussions, that have made 2022 a year of growth and achievement.

Your strides to adopt, adapt, and integrate our 28 new and updated patient and provider tools and your shared commitment to patient care have helped to make the collaborative great and keep the patient as the focus of our objectives as we grow. Along the journey, our patient data dashboard has been enhanced and expanded to better support our practices.

If this year was a hike together, this report is the landscape we gaze out on, to share what we've scaled together:

- **Launched the Healthy Eating JUMPSTART Program;** Our deep dive into lower carb grocery delivery support for patients with type 2 diabetes, in partnership with Shipt.com and two population health quality initiative partners.
- **Expanded access to CGMs** through collective advocacy and partnership with payers.
- **Activated patient leadership** through our Patient Advisory Board.

We hope you will take a moment to catch your breath and witness these achievements and so much more.

Best,



Lauren Oshman, MD, MPH
MCT2D Program Director



Heidi Diez, PharmD
MCT2D Program Co-Director

310

Primary Care Practices

79 added in 2022

21

Endocrinology Practices

6 added in 2022

15

Nephrology Practices

1 added in 2022

28

Physician Organizations

Data current as of 12/31/22



What our members are saying...

"This CQI has not only provided evidence and resources to promote Diabetes Care; each participant in this CQI has learned from each other and are able to support our practices and patients in a way that we may not have been able to do at this level."

Tiffini Jones, RN, BSN, CDE

Nurse Care Manager for GMP Network, Diabetes Educator, and PO Lead for the MCT2D Program

What our patients are saying...

"It was the perfect conversation to have at the right time, when I needed to make this change. I am so grateful for it."

Liisa, MCT2D Patient Advisory Board Member, discussing the positive impact diabetes education for new medications and diet change had on her life.

CREATED 28 NEW POINT-OF-CARE TOOLS

#1 Medications and CGM Coverage: 2022 Quick Reference Guide
5712 Downloads

#2 Daily and Weekly Food Log Tracker with Carb Cheatsheet
3812 Downloads

#3 Lower Carbohydrate Eating: A Free Starter Guide for Patients
2101 Downloads

"This is a helpful tool as an MD. It saves me needing to involve a team member to check coverage, and also saves the patient time and phone calls by having this information easily accessible during an office visit."

-MCT2D participating physician

#4 Anti-Obesity Medication Coverage 2022 Quick Guide
1572 Downloads

#5 Patient Assistance Program (PAP) Guide for Medicare Part D
1430 Downloads

GENERATED WIDE-REACHING ENGAGEMENT



37.5k

Views and downloads from our resource library



6,600

Learning Community newsletters opened



293.6

Hours of MCT2D videos watched



1618

Unique cities where users accessed our tools

HOSTED 19 IN-PERSON AND VIRTUAL EVENTS ACROSS THE STATE

Learning Community Events

In 2022, MCT2D hosted virtual Learning Community events on different critical topics. Each event featured speakers who are members of the collaborative, providing an opportunity for peer-to-peer education and networking.

4

Learning Community events on critical topics

257

Attendees at live Learning Community events

11

MCT2D members served as expert panelists

Spring and Fall Regional Meetings

The MCT2D team travels around the state twice each year to host meetings in each of our 7 regions (see map below). At these meetings, MCT2D shares new tools and provides updates about the collaborative, and featured speakers discuss cutting-edge best practices.

Collaborative Wide Meeting

MCT2D held its first collaborative wide meeting, welcoming members to a full-day of networking and discussion. Over 80 PO and practice representatives, as well as members of our Patient Advisory Board participated.

80

PO and practice representatives

4

POs presented lessons learned from their participation as accelerated sites

"I liked the informal atmosphere where all of the players were at the table, so to speak. It was a great sharing and learning experience. It truly worked well for me"

-Regional Meeting Participant



IMPROVED CGM COVERAGE FOR PATIENTS WITH TYPE 2 DIABETES

MCT2D collaborated with health plans to increase access to CGMs!

✓ As of August 1, 2022, patients with Blue Cross Complete and the BCBSM managed Medicaid plan have more relaxed criteria for CGM coverage.

✓ Commercial United Healthcare plans have removed prior authorization for CGMs for MCT2D Participating Providers.



This is the power of the collaborative—thank you to all our members who continue to voice their coverage and prior authorization experiences and needs!

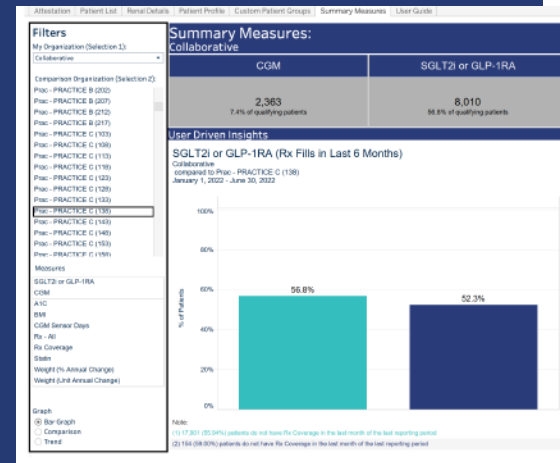
ENHANCED THE PATIENT DATA DASHBOARD

The MCT2D Patient Data Dashboard allows clinicians to filter and identify patients who could benefit from improvements to their type 2 diabetes care.

In 2022, our participants used the dashboard to find good candidates for new medications and continuous glucose monitoring, compare their practice's prescribing rates and diabetes metrics to the collaborative as a whole, and more! The dashboard currently aggregates Blue Cross Blue Shield of Michigan (BCBSM) PPO and Medical Advantage claims, and MCT2D is actively adding new data sources as the collaborative grows.

"What I really like about this [dashboard]: A medical assistant could go through this, find these patients who are good candidates for a CGM and then send a note to each of their primary care physicians to let them know that this might be helpful or to set up an appointment to discuss."

-MCT2D Clinical Champion



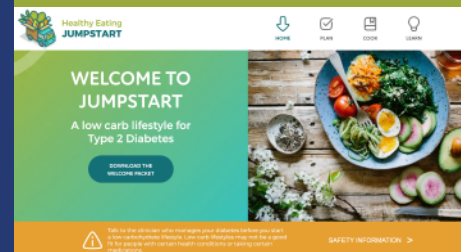
SPECIAL PROJECT: HEALTHY EATING JUMPSTART PROGRAM

This year MCT2D partnered with health-equity focused CQIs and Shipt to offer the JUMPSTART program to 150 patients from 30 MCT2D practices with type 2 diabetes and low income. The program provides a Shipt.com grocery shopping credit of \$80 per month, allowing eligible individuals to shop online for lower carb groceries and receive their healthy foods delivered to their homes for free. Along with groceries, patients are given access to robust education and support for lower carb eating, including handouts, tips, recipes, meal plans, and more.

The JUMPSTART program was highlighted at the White House Conference for Hunger, Nutrition and Health by Shipt CEO Kamau Witherspoon and discussed by Michigan U.S. Congresswoman Debbie Dingell in a round table event on food insecurity.

100+

Free patient-centered low carb recipes, meal plans, blogs, videos and more



PRESENTED AT ADA, KIDNEY WEEK, AND MORE!

2022 American Diabetes Association (ADA)

MCT2D Pharmacist Lead and Current Co-Director Heidi Diez, PharmD presented at the 82nd Scientific Sessions held June 3-7th, 2022.

Kidney Week

MCT2D Nephrologist Dr. Mike Heung presented a poster about our practices' perceived barriers to medication prescribing.

Learning Health Sciences (LHS) Collaboratory and Obesity Summit

The MCT2D team shared a poster about the collaborative's mission and accomplishments.

