MCT2D PO Monthly Call

8/9 at 11am
8/14 at 2pm

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—FOR TYPE 2 DIABETES—

Agenda

- PO 1on1 Calls
- PO Forum Discussion
- Regional Meetings
- PO Reports
- Coming Soon: Review VBR List
- Announcement and Reminders
  - Select QI Focus
  - Review A1C and BMI Submission Rates
  - CGM User Experience Program
  - New VBR Metrics and PO scorecard on dashboard on 9/1

PO 1on1 Calls

MCT2D began hosting the annual PO 1on1 calls in July. Each month we will provide a summary of requests and takeaways from these meetings. We appreciate your input on these calls and are continually working to make the collaborative better and more efficient for you!

Requests for MCT2D from PO 1on1 Calls

- More low carbohydrate diet resources
    - Currently in Progress: Low carb diet intro videos for patients, culturally specific meal plans, celebrating cultural diversity food swaps, low carb protein shake blog post, low carb cooking demos
- A phone app that houses MCT2D tools
- Different view on Coverage Tracker: showing by insurance rather than by medication
- Opportunities to meet with other practices with the same size and structure (e.g. Henry Ford + Corewell)
- *A check off list of yearly requirements with deadlines - in progress*
- A very brief monthly digest for POs that has upcoming deadlines/deliverables/important information
- A payment schedule -- Asked BCBSM to develop a three year payment schedule.
- A mid-year optional call for any provider at MCT2D to be able to join and get a "State of the State" from the program directors on what's going on in MCT2D.
- Final scorecard distributed for VBR

PO Forum

- One of the requests from the PO monthly calls was to create a forum for question submission on the administrative portal where POs can ask each other questions and get responses- e.g. ask to share specific note templates, etc.
    - Is this something that would be useful to you?
    - Would you want it built out on the administrative portal or via a ListServe email?
    - If it was built out on the administrative portal, would you want notifications of each question submitted? Or a weekly digest that it sent out summarizing all activity?

Fall Regional Meetings

Regional meeting registration will open by the end of the week. As a reminder, one of the scorecard metrics is to ensure that your clinical champions or a substitute attendee have registered for the meetings.

You will be able to review registration in the administrative portal. The regional meeting dates are as follows:

Regional Meeting Date	Regional Meeting Time	CQI	Location
October 10, 2023	6pm-8pm	MCT2D	Holiday Inn, Livonia
October 11, 2023	6pm-8pm	MCT2D	Webers Inn, Ann Arbor
October 17, 2023	6pm-8pm	MCT2D	Somerset Inn, Troy
October 25, 2023	6pm-8pm	MCT2D	Courtyard Marriott, Bay City
October 26, 2023	6pm-8pm	MCT2D	Hagerty Center, Traverse City
November 7, 2023	6pm-8pm	MCT2D	Fetzer Center, Kalamazoo
November 8, 2023	6pm-8pm	MCT2D	Crossroads, Grand Rapids

Tentative Agenda

Time	Presentation Title	Speaker
6:00pm-6:30pm	Updates from MCT2D: Coverage Changes, Prior Authorization Law, Navigating Resources, Learning Community Events	Lauren Oshman, MD MCT2D Program Director
6:30pm-6:50pm	CGM Opportunity- More to Come...	Lauren Oshman, MD MCT2D Program Director
6:50pm -7:00pm	Break	N/A
7:00pm-7:30pm	MCT2D Focused Initiative Discussion:	Group Discussion/activity
7:30pm- 8:00pm	Addressing Burnout	Lauren Oshman, MD MCT2D Program Director

Spring Regional Meetings

Spring Regional Meeting Dates:

- Tuesday, 4/9/2024 – Livonia
- Thursday, 4/11/2024 – Ann Arbor
- Tuesday, 4/16/2024 – Troy
- Tuesday, 4/23/2024 – Kalamazoo
- Wednesday, 4/24/2024 – Grand Rapids
- Wednesday, 5/8/2024 – Bay City
- Thursday, 5/9/2024 – Traverse City

Holds will be sent to practice clinical champions and PO admin leads and PO primary contacts by this Friday 8/11/23.

We are continuing to try to schedule these out as far in advance as possible to give you and your clinics as much notice as we can.

Quarterly PO Reports

On Monday, August 7th, MCT2D distributed our first round of preliminary PO reports. You will have received these via email as a PDF.

PLEASE complete the survey that was distributed along with the reports. We want to iterate on these reports to make sure that they are useful to you.

The next edition of the reports will be distributed at the end of September and will incorporate the feedback from the survey.

These reports will become more robust as additional data becomes available in the registry.

Coming Soon: Review PCP VBR List

BCBSM is reviewing the physicians that we submitted for VBR for this upcoming performance year. When they are done, they will generate a list of physicians who are approved for VBR or not.

We will post this list on the administrative portal for your review. Please review it ASAP when it is available so that we can account for any corrections. **Required turnaround time on this will be quick- likely 1 week.**

There will be two options "This list is correct" or " We need to submit changes" which will then open a text box. Please include the practice unit ID and the NPIs of any physicians that either need to be added, removed, or reviewed.

Reminders and Announcements

Choose PCP VBR Focus on MCT2D Portal

Beginning Tuesday, August 1st, you have been able to submit your QI focus on the MCT2D admin portal on the homepage. An email was sent out announcing this- please choose your QI focus by 8/30.

Process Measures

The following process measures are options that a PO can choose for their VBR Focus:

  -Low Carb Diet

  -Medications (SGLT2is & GLP-1 RAs)

  -Continuous Glucose Monitors (CGMs)

All practices in the PO will work on the same measure.

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Option #1: Low Carb Diet

Distribute and review patient reported outcomes (PROs) to develop an action plan to address lower carbohydrate diet education and support provided by the practices. Implement an action plan and report on it's outcome. The VBR requirement will be met by submitting the action plan and reflection and conducting required meetings, not by hitting a specific number of PROs.

1. Distribute PROs at each practice to patients with type 2 diabetes between October 2023-January 2024. MCT2D will work with each site on a target number of PROs responses based on practice size.
2. Based on the PROs data, develop an action plan to implement around lower carbohydrate diet support and education and deploy by February 2024. Examples of an action plan:
   a. Creating a packet of lower carbohydrate diet resources that address patient challenges identified in the PROs.
   b. Deploying an MCT2D-developed "Introduction to Lower Carb" video series to patients who are recommended a lower carbohydrate diet.
   c. Setting up specific follow-up intervals for outreach to patients to check on how the lower carbohydrate diet is going and troubleshooting issues with them.
3. Collect additional PROs responses from patients who have type 2 diabetes and are on a lower carbohydrate diet between March 2024 - May 2024 to evaluate the success of the implemented change.
4. Submit a reflection on the implemented changes and their success based on the PROs feedback.
5. Meet with the other POs working on the lower carbohydrate diet initiative to discuss progress and challenges. MCT2D will facilitate set-up of the meeting.

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Option #2: Medications

Review BCBSM and BCN SGLT2-i and GLP-1 RA prescribing rates over time and develop an improvement plan. The VBR requirement will be met by submitting the goal, the planned process changes and lessons learned, as well as conducting the required meetings, not by hitting the target set in the goal.

1. Review trending data and quarterly MCT2D reports (July & September reports)
2. Determine a PO-level goal for medication prescribing and **submit the goal to MCT2D**.
3. Convene a meeting with MCT2D clinical champions 2x in the VBR cycle.
   a. *Initial meeting:* Discuss practice level changes that support the medication prescribing goal. ***Submit process changes the practice will be making to MCT2D.***
      i. Meeting should occur September 28-November 15. Available data will be through 6/30/23.
   b. *Check in Meeting*: Review updated data with practices and identify if progress has been made. ***Submit report to MCT2D on lessons learned/challenges***.
      i. Meeting should occur April 15, 2024- May 31, 2024. Data will be current through 1/31/24.
4. Meet with the other POs working on the medication initiative at the midpoint of the VBR cycle to discuss progress and challenges. MCT2D will facilitate set-up of the meeting.

Option #3: CGM

Review BCBSM and BCN continuous glucose monitor prescribing rates over time and develop an improvement plan. The VBR requirement will be met by submitting the goal, the planned process changes and lessons learned, as well as conducting the required meetings, not by hitting the target set in the goal.

1. Review trending data and quarterly MCT2D reports (July & September reports)
2. Determine a PO-level goal for CGM prescribing and **submit the goal to MCT2D**.
3. Convene a meeting with MCT2D clinical champions 2x in the VBR cycle.
   a. *Initial meeting:* Discuss practice level changes that support the medication prescribing goal. **Submit process changes the practice will be making to MCT2D.**
      i. Meeting should occur September 28 - November 15. Available data will be through 6/30/23.
   b. *Check in Meeting*: Review updated data with practices and identify if progress has been made. **Submit report to MCT2D on lessons learned/challenges**.
      i. Meeting should occur April 15, 2024- May 31, 2024. Data will be current through 1/31/24.
4. Meet with the other POs working on the CGM initiative at the midpoint of the VBR cycle to discuss progress and challenges. MCT2D will facilitate set-up of the meeting.

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Please Review:
BMI/A1C Submission Rates

	Total patients in PO *	Submission Count	Submission Rate
A1C	2,529	439	17.36%
BMI	2,529	1,530	60.50%

On your dashboard, you will see an option to review your PO's PPQC data submission rates for A1C and BMI. The "total patients in PO" refers to anyone we have received PPQC data for, the submission count is how many of those files had an A1C or BMI, and the submission rate is the count divided by the total. Please review and answer the questions on your admin portal by **Thursday, August 17th** so we can determine how to structure this on our scorecard.

Reminder!

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The CGM User Experience Program has expanded!!!

ALL physicians, nurse practitioners and physician assistants that work at an MCT2D participating practice are now eligible to receive a CGM to wear.

An email will go out this week to practice clinical champions. We do not have the email addresses for physicians and advanced practice providers at participating practices. We will ask that they disseminate the interest survey throughout their practice.

Steps to Receive your CGM

1. Complete the Interest Form. C*linical champions may complete the form for providers at their practices). Clinical champions who have previously received a CGM through the MCT2D User Experience Program are not eligible to receive another.*
2. View the CGM Training Video. *This is a requirement for off label use.*
3. Sign the attestation that you have watched the CGM Training Video.
4. As soon as the Interest Form and the Attestation are complete, the MCT2D team will ship you your CGM.

Completing The User Experience Program

1. Set Up: In the box that the CGM comes in, you will receive instructions on how to apply the device. If you need additional assistance please reach out to the MCT2D team and we will be happy to help!
2. End of Program Survey: After you have completed the 2 week wear period, complete a brief survey about your experience. Your input will help us to continue our advocacy efforts to make CGMs more accessible in primary care clinics across the State of Michigan.

User Experience Program to Date

- 48 Interest forms
- 79 Interested people
- 25 Attestation forms

Will be adding information about the expanded program to the website

Will be determining a cut off date for the first group so that we can send in the order, and will continue to "batch" requests moving forward.

FYI: New VBR metrics with QI focus selection and PO scorecard tracking will be available on the dashboard beginning 9/1, coinciding with the start of the measurement period.

September PO Workgroup Meetings

Wednesday, September 13th at 2pm

Led by Jackie

OR

Monday, September 18th, at 11am

Led by Jake

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