

# MCT2D 2022 DROP-IN DISCUSSIONS



## Dietitian Drop-in Discussions

*Hosted by MCT2D Dietician Lead Rina Hisamatsu, MPH, RDN.*

These open discussions are held monthly, intended for MCT2D members to ask questions, learn, and connect with others around diabetes nutrition and the lower carb lifestyle.

**Friday, 08/12/22 at 12 pm**

[michmed.org/wnJqW](https://michmed.org/wnJqW)

**Friday, 09/16/22 at 12 pm**

[michmed.org/j8X2Q](https://michmed.org/j8X2Q)

**Friday, 10/14/22 at 12 pm**

[michmed.org/JyJzV](https://michmed.org/JyJzV)

**Friday, 11/11/22 at 12 pm**

[michmed.org/PXK9e](https://michmed.org/PXK9e)

**Friday, 12/09/22 at 12 pm**

[michmed.org/AYKeg](https://michmed.org/AYKeg)

*Follow to link to register.*

*All sessions hosted on Zoom.*



## Pharmacist Drop-in Discussions

*Hosted by MCT2D Pharmacist Lead Dr. Heidi Diez, PharmD.*

These open discussions are held monthly, intended for MCT2D members to ask questions, learn, and connect with others around diabetes medications, pharmacy benefits, and navigating coverage.

**Monday, 08/01/22 at 12 pm**

[michmed.org/7VRXN](https://michmed.org/7VRXN)

**Monday, 09/12/22 at 12 pm**

[michmed.org/YDJm3](https://michmed.org/YDJm3)

**Monday, 10/10/22 at 12 pm**

[michmed.org/gWbJV](https://michmed.org/gWbJV)

**Monday, 11/14/22 at 12 pm**

[michmed.org/8R38v](https://michmed.org/8R38v)

**Monday, 12/19/22 at 12 pm**

[michmed.org/W9wzM](https://michmed.org/W9wzM)

*Follow to link to register.*

*All sessions hosted on Zoom.*

Visit  
[www.mct2d.org/events](https://www.mct2d.org/events)  
to register and find other  
upcoming events

