

# The Barrier-First Method Guide

Identify the barriers each stakeholder group faces – then choose methods that address those barriers. Never the other way around.

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## Content Awareness

Community doesn't know the project or engagement exists.

**Methods:** Targeted social media, letterbox drops, local media, community radio, direct email to known groups.

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## Perceived Relevance

Community knows the project but doesn't see why it affects them.

**Methods:** Reframe around local priorities. Peer-to-peer invitations through trusted community members.

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## Process Access

Logistical barriers: timing, venue, transport, disability access, childcare.

**Methods:** Flexible hours, accessible venues, online options, childcare provision, home visits.

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## Language

Primary language differs from the language engagement is conducted in.

**Methods:** Translated materials, bilingual facilitators, community language sessions, interpreter services.

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## Time

Competing demands (shift work, caregiving) make participation prohibitive.

**Methods:** Short-format options, asynchronous participation via video or online comment, pop-up sessions.

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## Trust

Low trust in the organisation, process, or this specific project.

**Methods:** Trusted intermediaries, peer engagement, community-led sessions, track record transparency.

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## Digital Access

Lack of internet, devices, or digital literacy for online participation.

**Methods:** Paper-based options, phone surveys, library drop-ins. Printed materials as primary – not supplement.

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*The same methods produce the same gaps. Change the starting point – identify barriers first, then choose methods.*

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