

# Dance

Ages 11 - 18+



Uncover the transformative power of dance at Dance With Robz & Unleash Your Dance Potential



# Description

Dance is more than movement; it's a journey towards self-awareness and a healthier, more vibrant lifestyle.

At Dance With Robz, we offer a vibrant dance journey for individuals between the ages 11-18+, creating a haven for artistic exploration and personal growth.

Here's what makes our studio stand out:

- Diverse Styles: Master true hip hop basics, afro-fusion, and international dance influences.
- Challenging Choreography: Elevate your skills with dynamic and fun choreography.
- Body Strengthening: Engage in exercises that enhance strength and flexibility.
- Freestyle Techniques: Learn the art of freestyling, tailored for in-person classes.
- **Holistic Fitness:** Embrace overall well-being through dance-driven physical fitness.
- Empowering Habits: Experience dance as a form of self-affirmation, relaxation, and energizing daily habits.

Join Robz on an exciting dance voyage, where expression meets confidence, fostering social connections and teamwork.

## **Duration**

8 Weeks per term (1x 30-minute lesson once a week).

Online lessons will be scheduled on the following days and times. Lessons are divided into appropriate age groups (see below).

### **Tuesday & Thursday - Online Lessons**

- **Group 1 (10 11):** 13:00 13:30
- **Group 2 (12 14):** 13:45 14:15
- Group 3 (15 18+): 14:30 15:00

#### **In-Person Classes**

- **Group 1 (10 11):** Tuesday 15:00 15:30
- Group 2 & 3 (12 18+): Thursday 15:30 16:00

\*In-person classes are available in Johannesburg only. Venue will be confirmed in 2024.

## Cost

R1600 per term or R200/lesson per week.

Total number of lessons per term are subject to the number of weeks in the term.

#### **Payment Terms:**

Lessons are billed per term, prior to the start of the first lesson. And payment must reflect 24hrs before the start of the first lesson of the term.

Two emails will be sent to the parent's/guardian's leading up to the first lesson of the term. The first email will serve as a notice of when the first lesson will commence for the term, and it will also include the invoice.

A final reminder will be sent two days before the scheduled lesson. If the lesson fee does not reflect in our bank account, the student will not receive an online link to join the lesson.

Once the lesson fee reflects in our bank account the student will have 24hr access to the recorded lessons he/she may have missed. Thereafter the student can then opt for either the online or inperson lessons.

# Who can join?

Primary and Highschool students.

The lessons will be divided in the following ages/grades per group:

- Group 1: Ages 10 11
- Group 2: Ages 12 14
- Group 3: Ages 15 18+

# **Programme Requirements:**

- Wear comfortable clothing and appropriate shoes.
- Bring water or other necessary beverages.
- Hand/face towel (optional)
- Have a room/space that gives ample room to move around (for live-streaming students).

## Students Responsibilities:

- Students MUST be punctual to all classes.
- The use of vapes and other foreign substances are strictly prohibited during any in-person classes and/or around the studio's premises.
- Students who are doing an in-person class must inform the teacher 2v 4hrs before the day of the lesson wether they are attending the class or not. Students who fail to do so or decide to inform the teacher late, will not be allowed to attend the in-person classes.
- Students are prohibited from carrying/bringing any weapon into the classes.
- Students choosing in-person classes

acknowledge assuming personal risk and absolve Dance with Robz or Teneo from any responsibility for injuries or loss of personal belongings.

