

TENEO

SA's No. 1 Online School

Fast Sports Fusion

Ages 6 - 18+



Sports development, social skills and mental wellbeing

In-Person Activity



Description

Fast Sports Fusion is a soccer 5-a-side sports facility. We are committed to developing sports skills, social skills and general mental wellbeing by being active.

Location

Old Parktonian Sports Club, 1 Garden Rd
Bordeaux, Randburg



Duration

All year round. Students can customise their training sessions around their schedule.

Cost

Varies depending on number of sessions per month. [See pricelist.](#)

Banking details:

Fast Sports Fusion CC
Standard Bank (Cheque Acc)
Acc No: 420 948 015
Branch Code: 01920590

Who can join?

Ages 6 - 18+

Programme Requirements:

Training sessions start on a strict schedule, please ensure players arrive on time and wearing correct sporting attire.

Students Responsibilities:

Students must bring a water bottle, wear correct sporting attire and have a positive attitude towards fellow players and coaches - all round good sportsmanship.

Programme Outcomes:

Overall improved technical skills, such as enhanced ball control, improved passing accuracy, increased agility and speed, tactical awareness, as well as improved fitness, teamwork and socialising.

