



Mon Sept 29th to Fri 31st Oct

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Time</u>	<u>Saturday</u>	<u>Sunday</u>
<u>6:00</u>	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	<u>6:00</u>		
<u>7:00</u>						<u>7:00</u>	POOL OPENS 7:10 AM	POOL OPENS 7:10 AM
<u>8:00</u>						<u>8:00</u>	BLUE FIT 7.50am Start 12.30 PM Finish	BLUE FIT 7:50am Start 12.30 PM Finish
<u>8:45</u>						<u>8:45</u>		
<u>9:00</u>						<u>9:00</u>		
<u>10:30</u>	<u>10:00</u>							
<u>11:00</u>	<u>11:00</u>							
<u>11:45</u>	<u>11:30</u>							
<u>12:30</u>	AQUA 11.45am - 12:30pm	AQUA 11.45am - 12:30pm	AQUA 11.45am - 12:30pm	AQUA 11.45am - 12:30pm	AQUA 10:45AM - 11:30AM	<u>11:30</u>		
<u>13:00</u>					Aqua Classes on Fridays resuming as of 31st October	<u>12:00</u>		
<u>14:00</u>						<u>12:30</u>		
<u>15:30</u>						<u>14:00</u>		
<u>16:00</u>						<u>15:30</u>		
<u>17:00</u>	BLUE FIT 3:50PM Start 6:45PM Finish (FF Members can use pool from 6:30pm)	BLUE FIT 3:50PM Start 6:45PM Finish	BLUE FIT 3:50PM Start 6:45PM Finish	BLUE FIT 4:05PM Start 6:45PM Finish	3rd Oct BLUE FIT 4:05PM Start 6:45PM Finish	<u>16:00</u>		
<u>18:00</u>						<u>17:00</u>		
<u>18:30</u>						<u>18:00</u>		
<u>19:00</u>						<u>18:30</u>		
<u>20:00</u>	Pool Closes at 7:50PM	Pool Closes at 7:50PM	Pool Closes at 7:50PM	Pool Closes at 7:50PM	Pool Closes at 6:50PM	<u>19:00</u>		
						<u>20:00</u>		

Pool timetable may change.
Pool OPENS at 6.10AM to allow team members to complete safety checks and water tests. / and 7:10AM on Weekends
Pool CLOSES 10 Minutes PRIOR to Club Closure.
Under No Circumstances can Fitness First Members use the Pool when BLUEFIT Classes are running!
FF Members must leave 10 minutes PRIOR to Bluefit Classes Commencing

	= FITNESS FIRST MEMBER USE
	= BLUEFIT CLASSES (No FF Members Permitted)
	= FF AQUA CLASSES ONLY
	= POOL CLOSED