

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Time</u>	<u>Saturday</u>	<u>Sunday</u>
<u>6:00</u>	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	<u>6:00</u>		
<u>7:00</u>						<u>7:00</u>	POOL OPENS 7:10 AM	POOL OPENS 7:10 AM
<u>8:00</u>						<u>8:00</u>		
<u>8:45</u>						<u>8:45</u>		
<u>9:00</u>						<u>9:00</u>		
<u>10:30</u>						<u>10:00</u>		
<u>11:00</u>						<u>11:00</u>		
<u>11:45</u>						AQUA		
<u>12:30</u>	11.45 am - 12:30 pm	11.45 am - 12:30 pm	11.45 am - 12:30 pm	11.45 am - 12:30 pm	<u>12:00</u>			
<u>13:00</u>					<u>12:30</u>			
<u>14:00</u>					<u>14:00</u>			
<u>15:30</u>					<u>15:30</u>			
<u>16:00</u>					<u>16:00</u>			
<u>17:00</u>					<u>17:00</u>			
<u>18:00</u>					Pool Closes at 5:50PM	<u>18:00</u>		
<u>18:30</u>		<u>18:30</u>						
<u>19:00</u>	<u>19:00</u>							
<u>20:00</u>	Pool Closes at 7:50PM	Pool Closes at 7:50PM		Pool Closes at 7:50PM	Pool Closes at 7:50PM	<u>20:00</u>		

Pool timetable may change.

Pool OPENS at 6.10AM to allow team members to complete safety checks and water tests / and 7:10AM on Weekends

Pool CLOSES 10 Minutes PRIOR to Club Closure.

	= FITNESS FIRST MEMBER USE
	= FF AQUA CLASSES ONLY
	= POOL CLOSED