



TIMETABLE COMMENCING : 21/06/26

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Time</u>	<u>Saturday</u>	<u>Sunday</u>
<u>6:00</u>	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	Pool Opens 6:10 AM	<u>6:00</u>		
<u>7:00</u>						<u>7:00</u>	POOL OPENS 7:10 AM	POOL OPENS 7:10 AM
<u>8:00</u>						<u>8:00</u>	BLUE FIT 7.50am Start 11:30 PM Finish	BLUE FIT 8:00am Start 12:00 PM Finish
<u>8:45</u>						<u>8:45</u>		
<u>9:00</u>						<u>9:00</u>		
<u>10:30</u>						<u>10:00</u>		
<u>11:00</u>						<u>11:00</u>		
<u>11:45</u>	AQUA 11.45 am - 12:30 pm	AQUA 11.45 am - 12:30 pm	AQUA 11.45 am - 12:30 pm	AQUA 11.45 am - 12:30 pm	AQUA 10:45 AM - 11:30 AM	<u>11:30</u>		
<u>12:30</u>						<u>12:00</u>		
<u>13:00</u>						<u>12:30</u>		
<u>14:00</u>						<u>14:00</u>	Pool Closes at 1:50PM	Pool Closes at 1:50PM
<u>15:30</u>						<u>15:30</u>		
<u>16:00</u>	BLUE FIT 3:50 PM Start - 6:15 PM	BLUE FIT 3:50 PM Start	BLUE FIT 3:50 PM Start 6:00 PM Finish					
<u>17:00</u>	Blue Fit Adults Learn to Swim Running 6:15 PM - 6:45 PM	6:30 PM Finish	Blue Fit Adults Learn to Swim 6:00 PM - 6:30 PM (Lane Sharing Available from 6PM)					
<u>18:00</u>								
<u>18:30</u>	Lane Sharing Available ONLY during Adults Learn to Swim							
<u>19:00</u>								
<u>20:00</u>				Pool Closes at 7:50PM	Pool Closes at 7:50PM	Pool Closes at 7:50PM	Pool Closes at 7:50PM	

Pool timetable may change.

Pool OPENS at 6.10AM to allow team members to complete safety checks and water tests. / and 7:10AM on Weekends

Pool CLOSES 10 Minutes PRIOR to Club Closure.

**Under No Circumstances can Fitness First Members use the Pool when BLUEFIT Classes are running!
 FF Members must leave 10 minutes PRIOR to Bluefit Classes Commencing**

	= FITNESS FIRST MEMBER USE
	= BLUEFIT CLASSES (No FF Members Permitted)
	= FF AQUA CLASSES ONLY
	= POOL CLOSED