

TREBLE CONE FREERIDE HPC

Welcome to Freeride Camp!

Get the most out of your school holidays!

Kick off your freeride season with our School Holidays Freeride Camps! Held during the NZ July school holidays, these camps are designed for young riders looking to push their skills to the next level. With expert coaching and loads of thrilling laps, it's the perfect way to start your season.

Across two camps, our coaches work with groups both on and off-trail to hone essential freeride techniques. From scoping lines and jumping off rocks to technical drills and jump sessions, participants will get personalized feedback to refine their skills and build confidence.

We're hoping for great snow conditions to explore TC's signature terrain in the Saddle Basin, but no matter the snow, we'll find ways to ride it. In true Kiwi freeride spirit, if it can be skied or jumped, we'll be there!

As a highlight of Camp 2, we'll participate in Piki Maunga Rangatahi, Cardrona's own U16 Freeride event on Friday, July 19th. This low-pressure competition is ideal for newcomers and a great warm-up for more experienced riders.

Provisional dates weather dependant:

Camp 1:

Monday 30/6	Skiing at Treble Cone	8:30 am outside the ski patrol
Tuesday 1/7	Skiing at Treble Cone	8:30 am outside the ski patrol
	Movie night with Guests	5 30 Ruby's Wanaka
Wednesday 2/7	Rest Day/Weather Day Can be moved to any day depending on the weather	
	Trampoline evening	Time and place according to groups plan
Thursday 3/7	Skiing at Treble Cone	8:30 am outside the ski patrol
Friday 4/7	Skiing at Treble Cone	8:30 am outside the ski patrol
Saturday 5/7	Skiing at Treble Cone	8:30 am outside the ski patrol

Sunday 6/7	Weather day	
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Camp 2:

Monday 7/7	Skiing at Treble Cone	8:30 am outside the ski patrol
Tuesday 8/7	Skiing at Treble Cone	8:30 am outside the ski patrol
	Movie night with Guests	5 30 Community Hub
Wednesday 9/7	Rest day/Weather day	
	Trampoline evening	Time and place according to groups plan
Thursday 10/7	Skiing at Treble Cone	8:30 am outside the ski patrol
Friday 11/7	Freeride Event	830am outside the ski patrol
Saturday 12/7	Skiing at Treble Cone	8:30 am outside the ski patrol
Sunday 13/7	Weather day	

Communications:

We will keep the comms going over the email prior to the camp.

Please join the "TC Freeride Team" WhatsApp Community group [HERE](#) , we will post community wide info on this channel just prior and during the camp.

All the detailed information will be posted daily by the coaches. This will be set up closer to the camp and send you a link over email. The coaches will also introduce themselves through this chat prior to the camp.

Skill Level:

Advanced and above.

Daily procedures:

- 6 30 am Weather and training info updated by the coaches on WhatsApp
- 8 30 am Meet outside of ski patrol in shoes
This is where we meet on the first day.
- 8 30 to 8 50 Warm up in Trainers - no ski boots**
- 9 am Ready Booted up at the bottom of the 6 seater
- 11 30 am Lunch break
- 2 30 to 3 pm Finish

Coaches:

Ben Richards, Sam Lee, Luke Juergensen, Rachel Shannon, Lily Balsom, Ben Mains, Corey Levine

Contacts:

Peter Legnavsky - Programme Director peter.legnavsky@cardrona.treblecone.com

Anna Dolman – Programme Administrator anna.dolman@cardrona-treblecone.com

Sam Lee – TC Freeride Head Coach Sam.Lee@treblecone.com

On hold / bad weather days policy:

In an effort to make every day count we will update everyone on the latest weather developments on the mountain at around 6.30am. If the mountain is closed, we will consider using Cardrona, as both mountains have slightly different weather. This might not always be possible or feasible.

If the mountain is on hold we will proceed as planned until a definite decision is made by the operational management. We will always try to make sure we use every opportunity for the athletes to get on snow as that is the only place where they can get better at what they do.

If training is cancelled we will reschedule to the next available weather day.

Observance of order, rules and regulations:

- Snow code
- Cardrona / Treble Cone operational standards such as but not limited to use of lifts, entering closed areas, observing signage, following the lift line priority rules, observing littering, recycling etc.
- Following feedback and instructions from the coach and other staff.
- All athletes must wear a helmet at all times. This is compulsory across all programmes at Cardrona. Back protectors are also recommended for athletes.
- The coach has the right to refuse training to athletes who do not have the appropriate equipment.

Priority Lift Lane Use:

Use of the Ski & Snowboard School lift line is a PRIVILEGE for athletes and available EXCLUSIVELY during training sessions ONLY. No friends, no “filmmers”, no physios, no additional coaches, no helpers, no parents or relatives or anyone else without a provided armband. Any misuse of this privilege will result in appropriate consequences, to be determined by coaches & management.