

SNOW CAMP

WEEK-LONG SCHOOL HOLIDAYS CAMP ON SNOW for skiers and snowboarders

Cardrona Parks Squad proudly presents **Snow Camp** 2025 – the ultimate winter adventure!

This five-day training programme during the July school holidays is designed for intermediate to advanced skiers and riders, ages 8 to 16, who are ready to take their skills to the next level. Whether focusing on race training, mastering the park, or honing freeride techniques, Snow Camp 2025 offers a perfect blend of progression, fun, and friendship. With guidance from top-level coaches, participants will experience dedicated on-snow sessions, skill-building with friends, and a variety of exciting off-snow activities, making it a holiday to remember!

Camps run in both weeks of the New Zealand July school holidays.

Please note: Lift pass is not included and must be purchased separately

Programme Highlights:

Introduction to Snowsports:

This session gives participants a solid grounding in the fundamentals of snowsports, from learning essential skills to building confidence on the mountain. Whether they're new to skiing or snowboarding, or they've been at it for a while, everyone will gain insights that enhance their understanding and technique. Through guided instruction from experienced coaches, athletes will start the programme on a strong note, ready to embrace all that Snow Camp 2025 has to offer.

Meeting New Friends:

Snow Camp 2025 is not just about training—it's also about building connections and creating friendships that extend beyond the slopes. Participants will be part of a supportive community of like-minded young skiers and riders, all sharing a passion for adventure and improvement. Through team activities, off-snow bonding sessions, and shared experiences on the mountain, campers will leave with new friends and lasting memories.

Meeting the Pros:

One of the most exciting parts of Snow Camp is the chance to meet and learn from the pros! Athletes will have unique opportunities to interact with professional skiers and snowboarders, hearing firsthand about their journeys, tips for success, and what it takes to compete at the highest levels. This experience is inspiring and insightful, giving campers a glimpse into the world of professional snowsports and the motivation to reach new heights in their own training.

Programme Features:

- 2 separate weeks of on-snow training 5 days a week
- Weekly trampoline sessions with on-snow coaches at Wanaka facility.
- Social events during the week.
- Optional competitions
- Camp progress reports.

Training Details:

Full-Time Programme: 5 days

Training Days: Monday to Friday (optional weather day Saturday)

Dates Week 1: 30.6.2025 to 4.7.2025

Dates Week 2: 7.7.2025 to 11.7.2025

Price: \$1000 per week

Skill Level:

Intermediate (ski/ride blue runs, improving skills and exploring new terrain including park) and above.

Daily procedures:

6 30 am Weather and training info updated by the coaches
8 30 am Meet outside of ski patrol in trainers
8 30 to 8 50 am Warm up in trainers no ski/SB boots
9 am Meet your coach outside Ski Patrol ready to ski/ride
11 30 am Lunch break (approximately)
2 30 to 3 pm Finish

Schedule Week 1:

Sunday 29/6/24	Introduction and meeting the coaches	4-5 pm Matukituki room Apres Wanaka
Monday 30/6/24	Skiing /Riding at Cardrona	830am outside the ski patrol
Tuesday 1/7/24	Skiing /Riding at Cardrona	830am outside the ski patrol
	Movie night with Guests	5 30 Community Centre Wanaka
Wednesday 2/7/24	Skiing /Riding at Cardrona	830am outside the ski patrol
	Trampoline evening	Time and place according to groups plan
Thursday 3/7/24	Ski X and Border X Fun race	830am outside the ski patrol
Friday 4/7/24	Freeride Mini event	830am outside the ski patrol
	Wrap up	2pm outside the ski patrol
Saturday 5/7/24	Possible Weather Day	

Schedule Week 2:

Sunday 6/7/24	Introduction and meeting the coaches	4-5 pm Matukituki room Apres Wanaka
Monday 7/7/24	Skiing /Riding at Cardrona	830am outside the ski patrol
Tuesday 8/7/24	Skiing /Riding at Cardrona	830am outside the ski patrol
	Movie night with Guests	5 30 Community Centre Wanaka
Wednesday 9/7	Skiing /Riding at Cardrona	830am outside the ski patrol
	Trampoline evening	Time and place according to groups plan
Thursday 10/7	Side country mini event	830am outside the ski patrol
Friday 11/7	mini air event	830am outside the ski patrol
	Wrap up	2pm outside the ski patrol
Saturday 12/7/24	Possible Weather Day	

Coaches: TBC

Communication:

Daily updates, including start times and meeting places, occur via WhatsApp with the respective group coach. Reports, updates, and newsletters are shared via email.

Contacts:

Francois Mazet - SB Head Coach	francois.mazet@cardrona.com
Byron Wells – SKI head coach	byron.wells@cardrona.com
Peter Legnavsky - Programme Director	peter.legnavsky@cardrona-treblecone.com
Anna Dolman – Programme Administrator	parks.squad@cardrona.com

