

# DATA EXPLORER WORKSHEET

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The City Health Dashboard is an online resource to provide city and neighborhood-level data on health and the conditions that affect health, such as housing affordability and access to nutritious foods. The Dashboard helps cities across the United States target their efforts to improve the well-being of residents, neighborhood by neighborhood. This worksheet will get you started exploring the Dashboard and using the data for local action.

## 1 - EXPLORING THE DATA

We provide a variety of ways to explore, compare, and visualize measures for your city and all of the underlying data. Start at [www.cityhealthdashboard.com](http://www.cityhealthdashboard.com), enter your city, and take a moment to get acquainted with the data available for your city, starting with the City Overview.



**City Overview:** This page lets you see a snapshot of the city's performance across each metric, to give you an overall sense of where the city is thriving and any opportunity areas (click on the scale bar for each metric to view more details). Users can access demographic maps and tables on the Dashboard by navigating to the *Demographics Overview* and the *Demographics by Census Tract* tabs under the *City Overview* page.

**Metric Detail:** Choose a metric to explore. The Metric Detail page shows you how your city is doing for a particular metric. Each metric detail page looks the same and offers visual signposts to help you understand your city's data at a glance. Scroll down the page to view the map, and zoom into your city's neighborhoods or census tracts for the measure you've selected, if available. You can also save and highlight tracts on the map.

**Demographic Detail:** We provide data disaggregated by race/ethnicity, age, or sex (or some combination of the three) for 1/3 of our metrics, allowing you to investigate existing disparities between specific communities.

**Compare Cities:** Identify peer cities and compare your city's metric performance in different ways.

**Compare Metrics:** Explore the relationship between two metrics and examine any geographic patterns that may exist.

**Take Action:** Take data to action and explore our 5 categories of over 400 resources to help you drive change in your community.



## 2 - MAKING USE OF YOUR DATA

Of all the measures for your city, which are you doing better than average, and which need improvement? (*Hint: look for the 'green checkmark'*).

Better than Average	Needs Improvement

Now, pick a metric that stands out or aligns with your local priorities, and let's walk through the data.

Selected metric:

- Does your city's metric value surprise you? Why or why not.
- Which census tracts stand out in need of improvement? What else do you know about these neighborhoods?
- If demographic breakdowns are available, what do you notice?
- How does your city compare to your identified peer cities? How can you use this information?
- Choose another metric to compare. (*Hint: Only measures where the underlying data is at the same geography – i.e. city or census tract – can be shown together.*) What relationships, if any, do you see? Do any geographic patterns exist across neighborhoods within the city?



# City Health DASHBOARD

## 3 - INTEGRATING DATA

Consider what you learned from your city exploration. What other questions might you want to ask or what information would help you to better understand your community's health factors?

Where might you start to find more data? Which local or county/state data sources might be most helpful?

Local Data Sources	County/State Data Sources

What additional data might you need to collect locally? (e.g., via surveys, interviews, etc.)