

**DAY 1**

**DAY 2**

**DAY 3**

**DAY 4**

**DAY 5**

**BREAKFAST**

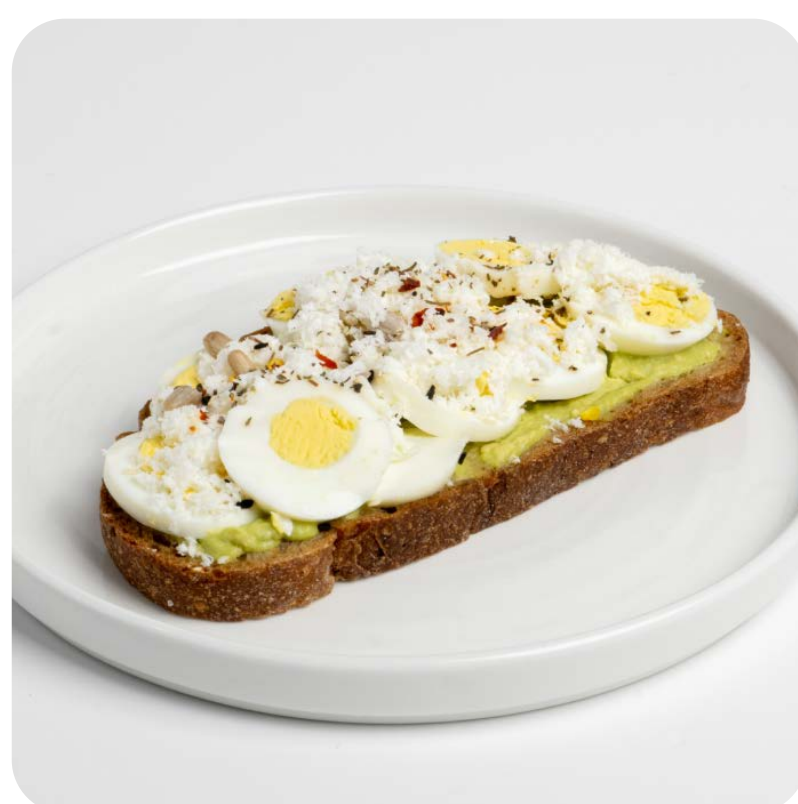
Egg White Omelette Croissant



Lebanese Breakfast with Halloumi Cheese



Halloumi, Avo 'N Egg Super Toast



Japanese Pancakes with Matcha and Pistachio



Peanut Butter Parfait



**LUNCH MEAL**

Beef Kibbeh Bill Sannieh



Chicken Shawarma Platter



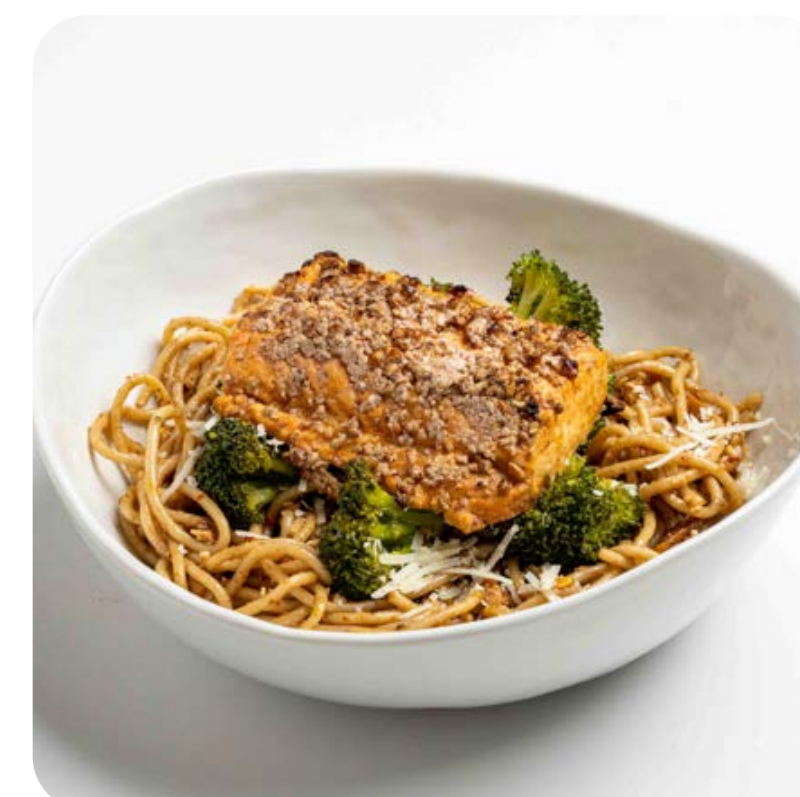
Whole Wheat Spaghetti



Chicken Burger with Roasted Sweet potato



Maple pecan Fish



**DINNER MEAL**

Hearty Harvest Chicken Salad



Vegetable Lasagna



Cheese Steak Pizza



Chicken Fajita Quesadillas



Shrimp Machboos



**AFTERNOON SNACK**

Seasonal Fruit Salad



Raspberry Swirl Cheesecake



English Chocolate Pecan Cake



Trim Tiramisu



Falxseed Cracker

