

BREAKFAST

LUNCH

DINNER

DAY 1



The Great
Greek Breakfast

DAY 2



Cheese and Zaatar
Manakeesh

DAY 3



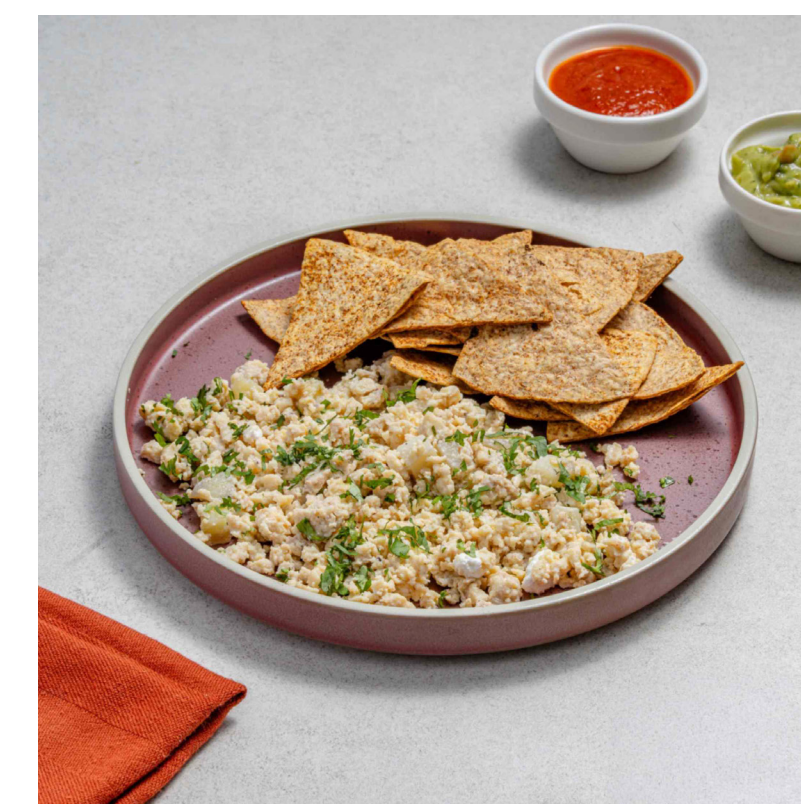
Mushroom and Egg
Croissant

DAY 4



Immunity Chia
and Oat Bowl

DAY 5



Ranchero
Eggs



Guilt Free
Butter Chicken



Grilled Chicken with
Pink Pasta



Mediterranean
Chicken Salad



Moroccan Vegetable
Couscous



Chicken Bukhari



Grilled Mexican Chicken
with Fettuchini Pasta



Philly Cheese
Steak Sandwich



Chicken
Saltimbocca



Lemon Marinated Fsh
with Penne Pasta



Chicken
Nicoise Salad