

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

BREAKFAST

Crepe Suzette



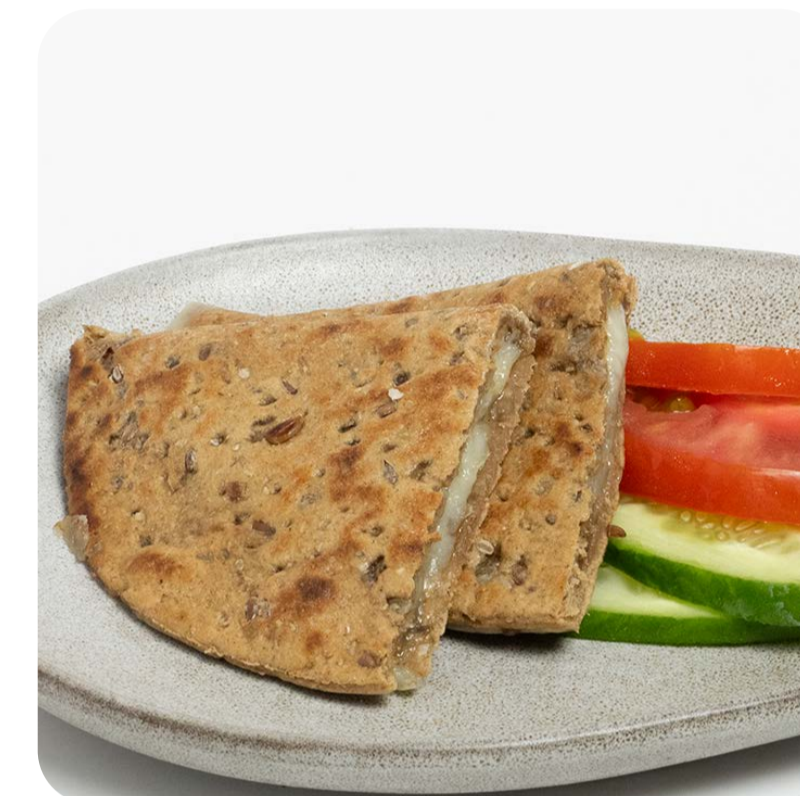
Vegetable Egg with Omelette



Peanut Butter Parfait



Whole Wheat Cheese Manakeesh



The Great Greek Breakfast



LUNCH MEAL

Balkan Beef Kababs



Chicken Kabsa



Cajun Beef Burger



Pistachio and Basil Chicken Ball



Beef and Eggplant Kofta



DINNER MEAL

Chicken Tawook Platter



Maple Pecan Fish



Eggplant Moussaka



Fish Kabsa



Truffle Mushroom and Rosemary Chicken Pizza



DAY 1

Baba Ghanouch



Right Bite's Beta
Tom Youm Soup



DAY 2

Turkish Kisir Salad



Leek and
Butterbean Soup



DAY 3

Sicilian Eggplant
Caponata with Basil



Rocca and Parmesan
Italian Salad



DAY 4

Loubieh bi Zeit



Soothing Carrot
Ginger-Spiced Soup



DAY 5

Broccoli Stir-Fry
With Ginger & Sesame



Chinese
Cabbage Salad



SIDE DISHES

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

Low Fat Fruits of
The Forest Yoghurt

Low Fat Laban

Low Fat Milk

Cacao Milk

Low Fat
Plain Yoghurt



Grapes, Red

Coco Colada

Boost N' Bust

Grapefruit, Mango and
Strawberry Fruit Salad

Seasonal Fruit Salad



Chocolate Fudge Cake

Maamoul Bil Jouz

Chocolate
Pumpkin Truffles

Fatayer with Cheese

Chocolate Swirl
Cheesecake



MORNING
BEVERAGE

MORNING
FRUIT SNACK

AFTERNOON
SNACK