# ALL BAR ONE

## SMALL PLATES

Whether you're into picky bits or planning a spread to share, our small plates are made for grazing.

#### KARAAGE STICKY CHICKEN

With toasted sesame seeds, chilli, spring onion and chipotle jam 608kcal

#### HALLOUMI FRIES (V)

Southern fried dusting with smoked paprika & saffron aioli

#### GREEN GODDESS HOUMOUS (VE)

Chickpeas blended with green herbs and lemon zest, topped with radish, grains and harissa oil, served with khobez flatbread 663kca/

#### CRISPY CAULIFLOWER BITES (VE)\* ✓

With sweet chilli dip and lime 406kcal

#### **BAKED FETA (V)**

Feta baked in hot honey, piquillo peppers and khobez flatbread 560kcal

#### HAGGIS BON BONS

10.5

9.5

9.95

With a Scotch Whisky dipping sauce 354kcal

9.95

11.5

10.95

10.95

10.5

### **GARLIC & CHILLI KING PRAWNS**

toasted sourdough bread to dip 626kcal

Pan-fried king prawns with garlic & chilli butter, served with

SALT & PEPPER CALAMARI With sweet chilli dip and lime 260kcal

#### HARISSA CHICKEN SKEWERS

Chargrilled with harissa, yoghurt, grains and sweet & sour pickled pink onions 471kcal

#### **HOT HONEY CHORIZO**

Pan-fried chorizo glazed in hot honey & molasses, served with toasted focaccia 702kcal

## SHARING

Perfect to share between 2-4 people. Fancy a glass of wine (or two) sounds good, check out our drinks menu for our full line up.

#### **GRAZING BOARD\***

29.95

Feta baked with piquillo peppers, sourdough, hot honey & molasses-glazed chorizo, toasted focaccia, oil & balsamic and Nocellara olives 2340kcal

#### NACHOS (V)

13.95

Crisp tortilla chips, Cheddar cheese, pico de gallo, sour cream, smashed avocado and candied jalapeños 757kcal

#### TRIO OF FRIES

14.95

4.5

Fries with BBQ beef brisket and candied jalapeños; fries with Gran Moravia, truffle-infused oil and rosemary (V); sweet potato fries with chipotle mayo and pico de gallo (V) 1931kcal

#### NOCELLARA OLIVES (VE) 246kcal

## SIDE DISHES

GARLIC FOCACCIA (V) Lovage pesto, Gran Moravia and sea salt <i>931kcal</i>	8.5
SWEET POTATO FRIES (VE) 455kcal With chipotle mayo and pico de gallo (V) 588kcal	6.5 6.95
SEASONED SKIN-ON FRIES (VE) 501kcal With BBQ Beef Brisket and candied jalapeños 786kcal With Gran Moravia and truffle-infused oil 556kcal	5.5 7.25 6.5
HOUSE SALAD (VE) Little gem, roasted red peppers, pomegranate, cherry tomatoes and lemon dressing 194kcal	5.5
MAC & CHEESE (V) 425kcal	5.5
BBQ BEEF BRISKET MAC & CHEESE 679kcal	7.5
ONION RINGS (VE) 580kcal	4.5

Adults need around 2000 calories a day

## MAINS

#### CHICKEN MILANESE

Crispy chicken breast with a dressed rocket salad, roasted pepper mayo and seasoned skin-on fries 1404kcal

#### FISH & CHIPS #

20.95

Battered haddock with crushed minted peas, tartare sauce and seasoned skin-on fries 923kcal

#### **BALMORAL CHICKEN**

20.5

Roasted chicken breast & haggis wrapped in smoked streaky bacon with mashed potato, broccoli and a Scotch whisky sauce. 843kcal

#### **80Z SIRLOIN & CHIPS**

80z sirloin steak, best served pink, with seasoned skin-on fries and your choice of beef dripping sauce 1129kcal or chimichurri 1235kcal

With ONION RINGS 580kcal | 4.5

With KING PRAWNS 269kcal | 4

#### PAD THAI (V)

Rice noodles, Copper Maran egg, pak choi, baby corn, broccoli, sugar snap peas, bean sprouts, sweet chilli and pine nuts. Choose - soy sauce or sriracha 559kcal

With CHICKEN BREAST & PRAWN CRACKER 251kcal | 5 With KING PRAWNS & PRAWN CRACKER 114kcal | 5

## BURGERS

Burgers are served with seasoned skin-on fries in a toasted brioche bun.

Upgrade to SWEET POTATO FRIES (VE) 455kcal | 1

#### ALL BAR ONE SIGNATURE

21.5

Chargrilled beef patty, hand-pulled BBQ beef brisket, cheesy sauce, mayo and panko fried onion rings 1563kcal

#### **CRISPY MISO CHICKEN\***

Buttermilk chicken breast with Som Tam slaw, crispy noodles, miso mayo and salt & pepper skin-on fries 1176kcal

#### FALAFEL & SPINACH (VE)

Falafel & spinach patty, flat mushroom, pickled pink onions, Applewood® slice, jalapeños, tomato, little gem and salsa

#### CLASSIC CHEESE

18.95

Chargrilled beef patty, smoked Cheddar cheese, tomato, little gem and mayo 1199kcal

With SMOKED STREAKY BACON 105kcal | 2.5

#### **BUTTERMILK CHICKEN & CHEESE**

Buttermilk chicken breast topped with smoked Cheddar cheese, streaky bacon, tomato, little gem and mayo 1357kcal

## HALO BOWLS

Choose your base, then add toppings to make your perfect bowl.

#### BANG BANG SALAD (VE) # 12.95

Mixed leaf salad with slaw, manao, red chillies and lemon topped with spiced

mixed seeds and a ginger & soy dressing 264kcal

### POKE BOWL (V) # 13.5

Sticky Jasmine rice, cucumber, avocado. edamame beans and slaw, dressed with sriracha mayo and a Som Tam dressing 605kcal

#### **RAMEN (VE)** # 14.95

Ramen noodles in a miso, tamari and gochujang broth, with shiitake mushrooms, bean sprouts, carrot, spring onion, red chilli, coriander and togarashi seeds 548kcal

ADD YOUR TOPPINGS

KING PRAWNS 269kcal 4 GRILLED CHICKEN BREAST 193kcal 4 HALLOUMI (V) 405kcal 4

## LUNCH

Available until 5pm

### **CHICKEN & BACON FOCACCIA**

Chargrilled chicken breast, smoked streaky bacon and roasted pepper mayo on toasted focaccia, with seasoned skin-on fries 1100kcal

#### FISH FINGER BUN

13.95

Panko-crumbed fish fingers, little gem lettuce and tartare sauce in a toasted brioche bun with seasoned skin-on fries 867kcal

#### CHICKEN QUESADILLA

13.95

Chargrilled tortilla with chicken breast, roasted piquillo peppers, smoky tomato & paprika sauce, Cheddar cheese and sour cream, with seasoned skin-on fries 760kcal

#### MUSHROOM & APPLEWOOD® QUESADILLA (VE)

12.95

Chia tortilla with flat mushrooms, Applewood® slices and red pepper & tomato sauce with smashed avocado and sweet potato fries 654kcal

#### SUSTAINABLE MENU CHOICES

Food production accounts for 30% of global greenhouse gas emissions. At All Bar One, we're dedicated to cutting our menu's carbon footprint. By making small changes, we can all help create a healthier planet. Look for our leaf symbol ø to find our low-emission, planet-friendly dishes.

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## SOMETHING SWEET

STICKY TOFFEE RUM PUDDING (V)	9.5
With ginger ice cream 707kcal	

### TRIPLE CHOCOLATE BROWNIE (V) 9.5

With Scottish tablet ice cream and chocolate sauce 894kcal

#### LEMON & BLUEBERRY SHEEZECAKE (VE) 9.5

Our vegan take on a cheesecake, coconut crème and a mixed berry coulis 507kca/

### CHURROS 9.5

With Belgian chocolate sauce for dunking 447kcal

#### KAHLÚA HOT CHOCOLATE AFFOGATO 10.5

Warm brownie and vanilla ice cream drenched in Kahlúa coffee liqueur hot chocolate (18+ only) 653kca/

## LIQUID DESSERT

Please see our main drinks menu for our full range and pricing.



#### FRENCH MARTINI

A classy vodka-based cocktail with Cîroc Pineapple vodka, Chambord raspberry liqueur and pineapple juice



#### **ESPRESSO MARTINI**

Chase vodka, Kahlúa coffee liqueur, Arabica and Robusta roasted coffee and sugar syrup - utterly delicious



#### PORNSTAR MARTINI

One of our most popular cocktails. Absolut Vanilia vodka, passion fruit and a shot of Prosecco make it sweet but sour with a frothy top



#### SALTED CARAMEL OLD FASHIONED

Warm, salty and sweet with Woodford Reserve Kentucky bourbon whiskey, Angostura Bitters and salted caramel syrup

## HOT DRINKS

All hot drinks are served with a shot of chocolate beans 91kcal

ESPRESSO 11kcal	3.95
AMERICANO 36kcal	3.95
MACCHIATO 36kcal	4.25
CAPPUCCINO 112kcal	4.25
HOT CHOCOLATE 289kcal	4.25
ICED COFFEE 99kcal	4.25
FLAT WHITE 72kcal	4.25
MOCHA 195kcal	4.25
LATTE 110kcal	4.25
A SELECTION OF TEAS	3.95

## CAKES

STICKY GINGER LOAF (V) 289kcal	2.75
BLUEBERRY MUFFIN (V) 548kcal	2.95
TRIPLE CHOCOLATE BROWNIE (V) 585kcal	3.25
CROISSANT (V) With butter and jam 531kcal	3.95
PAIN AU CHOCOLAT (V) With a chocolate filling 304kcal	3.95
EXTRAS	0.5
Espresso shot <i>11kcal,</i> caramel <i>63kcal</i> or vanilla <i>67kcal</i> flavoured syrup	

\*\*Not applicable for decaffeinated coffee (not Rainforest Alliance certified).





#### MATCHA MOMENTS

MATCHA CAPPUCCINO 191kcal 4.95
MATCHA ICED LATTE 191kcal 4.95

A 100% Arabica, Rainforest Alliance Certified blend\*\*, containing coffee from territories where the Lavazza Foundation supports various communities of coffee producers.

AVAILABLE TO TAKE AWAY.

Where table service is offered, a discretionary service charge of 10% may be added.

Allergen Information: If you have a food allergy, dietary requirement, or a question about our ingredients, please speak to a member of our staff before you place your order. Our menu descriptions do not include all ingredients or allergens.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. \*= contains alcohol. Fish dishes may contain small bones. All calories are correct at the time of menu print. Live nutritional information is available online. Adults need around 2000kcal a day.

All items are subject to availability. Alcohol is only available to over 18s. Please drink responsibly. Visit bedrinkaware.co.uk

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