

# FORTH & MAIN

DINER & BAR

## BREAKFAST PLATES

<b>PROPER BREAKFAST</b> .....	<b>16.45</b>
Double sausage, bacon, haggis, black pudding, beans, tomato, egg, mushrooms & toast	
<b>MODEST BREAKFAST</b> .....	<b>14.45</b>
Sausage, bacon, beans, tomato, egg, mushrooms & hash brown	
<b>VEGGIE BREAKFAST (V) (VGA)</b> .....	<b>14.45</b>
Veggie sausages, tomato, egg, avo, mushrooms, hash brown, beans & toast	
<b>EGGS BENNY (NGA)</b> .....	<b>14.00</b>
Poached eggs, ham & hollandaise on a breakfast muffin	
<b>EGGS FLORENTINE (NGA)</b> .....	<b>14.00</b>
Poached eggs, spinach & hollandaise on a breakfast muffin	
<b>OMELETTE (NG)</b> .....	<b>11.25</b>
with chestnut mushrooms, tomato & rocket Choose from: Ham & cheese   Cheese & tomato (V)	
<b>CHICKEN &amp; WAFFLES</b> .....	<b>15.45</b>
with fried egg & maple	
<b>BACON &amp; BOURBON BUTTER PANCAKES</b> .....	<b>11.75</b>
with maple	
<b>BISCUIT &amp; BANANA PANCAKES (V)</b> .....	<b>11.75</b>
with Biscoff® & whipped cream	
<b>MANGO &amp; MAPLE GRANOLA (VG) (NG)</b> .....	<b>7.25</b>
with coconut yogurt	
<b>SMASHED AVO ON TOAST (V) (NGA)</b> .....	<b>10.75</b>
with poached eggs, sriracha hollandaise, chilli & lime Add Bacon (NG) or Sausage <b>2.50</b>	
<b>BREAKFAST ROLL</b> .....	<b>8.00</b>
Choose from: Bacon (NGA)   Link Sausage   Lorne Sausage   Fried Eggs (V) (NGA)   Avo & Mushroom (VG) (NGA) Add Hash Browns <b>2.75</b>	
<b>THE MAIN BREAKFAST ROLL</b> .....	<b>10.50</b>
Sausage, bacon, fried egg, hash browns, cheese & BBQ ketchup in a seeded bun	

## EXTRAS

<b>PASTRIES (V)</b> .....	<b>3.75</b>
Fresh from the oven - ask us what's available today	
<b>TOAST &amp; BUTTER (V)</b> .....	<b>3.25</b>
Add Jam <b>1.00</b>	

## BREAKFAST COCKTAILS

<b>BLOODY MARY</b> .....	<b>12.75</b>
<b>BELLINI</b> .....	<b>11.75</b>
<b>MIMOSA</b> .....	<b>11.75</b>

## KIDS BREAKFAST

FOR AGES 10 & UNDER

<b>MINI BREAKFAST</b> .....	<b>8.00</b>
<i>Choose any 4:</i>	
Bacon (NG)   Sausage   Beans (VG) (NG)   Tomato (VG) (NG)   Smashed Avocado (VG) (NG)   Mushrooms (VG) (NG)   Scrambled Egg (V) (NG)   Fried Egg (V) (NG)   Hash Brown (VG) (NG)   Toast & Butter (V) (NGA)	
<b>BACON &amp; MAPLE SHORT STACK PANCAKES</b> .....	<b>7.00</b>

## TEA & COFFEE

<b>AMERICANO</b> .....	3.50	<b>HOT CHOCOLATE</b> .....	4.25
<b>DOUBLE ESPRESSO</b> .....	3.50	<b>BREAKFAST TEA</b> .....	3.50
<b>CAPPUCCINO</b> .....	4.00	<b>FRUIT &amp; HERBAL TEA</b> .....	3.50
<b>FLAT WHITE</b> .....	4.00	<b>ICED AMERICANO</b> .....	3.50
<b>LATTE</b> .....	4.00	<b>ICED LATTE</b> .....	4.00
<b>MOCHA</b> .....	4.25	<b>ADD A SYRUP</b> .....	1.00
		Caramel   Hazelnut   Vanilla	

- Decaf and milk alternatives available on request -

## SOFT DRINKS

<b>FRESH ORANGE JUICE</b> .....	4.40	<b>IRN BRU</b> .....	3.60
<b>FRUIT JUICE</b> .....	3.40	<b>DIET IRN BRU</b> .....	3.50
Apple   Pineapple   Cranberry*   Tomato		<b>WATER</b> .....	3.50
<b>COCA-COLA FLOAT</b> .....	5.50	Still   Sparkling	
Coca-Cola & a scoop of vanilla ice cream - just like in the movies!		<b>TONIC</b> .....	3.50
<b>FOUNTAIN SODA</b>		Indian   Light   Mediterranean   Elderflower	
Coca-Cola .....	4.50	<b>GINGER BEER</b> .....	3.00
Diet Coke   Coke Zero   Fanta Zero   Diet Lemonade .....	4.00	<b>GINGER ALE</b> .....	3.00

## SPECIALITY SOFTS

<b>ORCHARD FRESH</b> .....	6.00	<b>PEACH ICED TEA</b> .....	6.00
Elderflower, lemon, apple & soda		<b>PINK LEMONADE</b> .....	6.00

**(V) Vegetarian | (VG) Vegan | (VGA) Vegan option available | (NG) Made with ingredients that do not intentionally contain gluten | (NGA) Non-gluten containing option available | \*Juice drink**

If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change. For full allergen and nutritional information visit [tkmenus.com/forhandmain](http://tkmenus.com/forhandmain). Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team. We welcome your feedback - email: [guestexperience@trgplc.com](mailto:guestexperience@trgplc.com) or post: trgc, 5-7 Marshalsea Road, London, SE1 1EP [www.trgconcessions.co.uk](http://www.trgconcessions.co.uk) | 0726