

# Diaper Bag Checklist



Diapering Essentials	Feeding and Soothing Essentials
<input type="checkbox"/> Diapers	<input type="checkbox"/> Bottles and feeding supplies
<input type="checkbox"/> Baby wipes	<input type="checkbox"/> Burp cloths or washcloths
<input type="checkbox"/> Diaper rash cream or ointment	<input type="checkbox"/> Pacifier
<input type="checkbox"/> Portable changing pad	<input type="checkbox"/> Bib
<input type="checkbox"/> Disposable diaper bags	<input type="checkbox"/> Baby food, snacks, and water
<input type="checkbox"/> Hand sanitizer	<input type="checkbox"/> Nursing cover (if you use one)

  

Clothing and Comfort Essentials	Health and On-the-Go Cleanups
<input type="checkbox"/> Change of clothes	<input type="checkbox"/> Waterproof or wet bag
<input type="checkbox"/> Blanket	<input type="checkbox"/> Tissues or wipes
<input type="checkbox"/> Hat	<input type="checkbox"/> Bandages
<input type="checkbox"/> Extra layer	<input type="checkbox"/> Small first-aid kit (optional)

  

Parent/Caregiver Essentials	Optional Extras for Longer Outings
<input type="checkbox"/> Phone, wallet, and keys	<input type="checkbox"/> Toys or books
<input type="checkbox"/> Nursing pads	<input type="checkbox"/> Sunscreen
<input type="checkbox"/> Extra shirt	<input type="checkbox"/> Sleepwear
<input type="checkbox"/> Lip balm, hand cream, or other small personal items	<input type="checkbox"/> Small first-aid kit (optional)

