



Hello Insight:

Early Elementary SEL



HI Early Elementary SEL ensures that children are truly prepared to thrive.



The elementary ages are a time of intense learning and growth. The more they experience, the more children ages five to eight are able to understand the world around them. Make the most of this developmental stage with Hello Insight: Early Elementary SEL. Social and emotional learning, or SEL, is the process of developing the “soft skills” children need to get along as they grow up to manage themselves as they engage with the world, build and maintain relationships, and treat setbacks and challenges as learning experiences to prompt growth.

Use Hello Insight: Early Elementary SEL to ensure children have the tools to thrive in elementary school and beyond. Regardless of your program type (such as sports, arts, STEM, or mentoring), Hello Insight: Early Elementary SEL measures what matters, the degree to which children experience Positive Child Development (PCD) in your program.

The Theory Of Change

HI Early Elementary SEL is based on the following research-based theory of change with children: If we assure that all children have access to research-based PCD experiences, they will develop SEL (short-term outcomes) shown to promote thriving (long-term outcomes) that include academic performance, reduced risky behaviour as well as health and well-being.

As the data in HI Early Elementary SEL grows, this theory is constantly tested and retested, so that our community continues to learn — what works, for whom, and in what context.

■ Positive Child Development

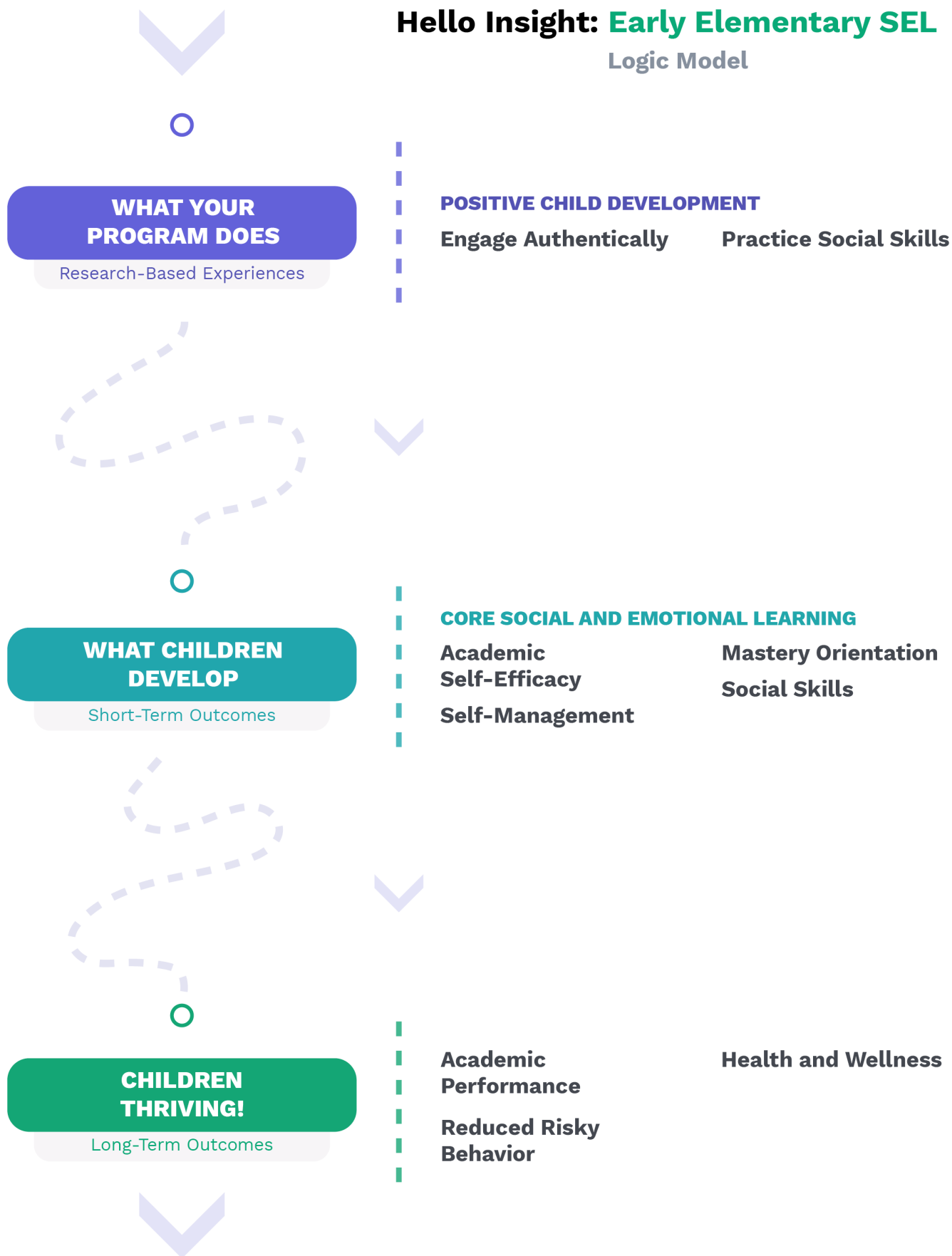
PCD is not a curriculum, it is a way of working with children that has been proven to promote SEL. PCD can be used in a wide variety of interventions and programs, inspiring strong, mutually beneficial relationships between children and adults and across peer groups.

■ Social and Emotional Learning

SEL is the process through which children understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. Whether stated explicitly or implicitly, SEL is at the center of your work, assuring that all children have the capacities necessary to navigate the world and take action to change it.

■ Thriving Children

Thriving is a process or trajectory toward full potential. Children who are thriving are flexible and able to adapt to a variety of circumstances.



What's included in reports?

Leveraging Hello Insight's research-based theory of change, HI Early Elementary SEL reports show how your programs are supporting children's development.

- Check-In surveys measure the research-based experiences shown to develop SEL.

CHECK-IN

Check-In surveys measure the positive child development experiences that our research shows leads to SEL growth.



- ✓ A single point in time, midway through a program or at the end
- ✓ Check-In surveys are facilitated by an adult, and take about 15 to 20 minutes to complete

RESEARCH-BASED EXPERIENCES

POSITIVE CHILD DEVELOPMENT

Engage Authentically
Practice Social Skills

ONLY IMPLEMENTATION SCORE

EXPERIENCES

Everything that children see, think, hear, do and feel is fuel for their development, but a few key types of experiences are especially effective at boosting SEL growth for this age group. Hello Insight uses advanced analytics to predict which of those experiences will best promote growth in each group of children in your program.

PCD Experiences

HI Early Elementary SEL assesses the degree to which children experience research-based PCD practices shown to promote SEL.



ENGAGE AUTHENTICALLY



A child's experience with an adult who takes the time to get to know them by listening and understanding who they are – their cultural and lived experiences, their interests, and their passions

Engaging authentically involves placing children's personal stories at the center of the program's work and ensuring that they feel valued, heard, and cared for by adults. Building these types of relationships have been shown to increase positive child development and thriving (Larson, R. & Dawes, N. 2015, Search Institute, 2020).



PRACTICE SOCIAL SKILLS



A young person's experience with an adult who supports them to make friends, share, help others, and cooperate

Practice Social Skills is a child's experience with an adult who supports them to make friends, share with and help others, and cooperate. Promoting social skills early in childhood has shown to boost academic achievement and relationships with peers (Wentzel, 2013; 2015).



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