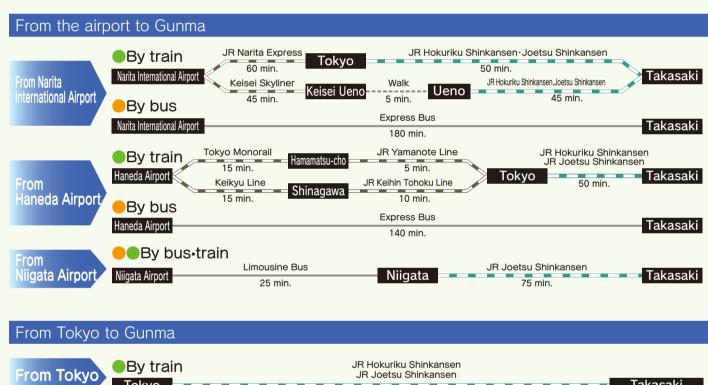
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From Tokyo to Gurina		
From Tokyo By train Tokyo	JR Hokuriku Shinkansen JR Joetsu Shinkansen 50 min.	Takasaki
<ul><li>By train</li><li>Tokyo</li></ul>	JR Joetsu Shinkansen 70 min.	Jomo-Kogen
From Shinjuku Shinjuku	JR Shonan-Shinjuku Line 105 min.	Takasaki
From Ueno  By train  Ueno  Ueno	JR Limited Express "Kusatsu" 150 min.	Naganoharakusatsuguchi

From Takasaki Statio	on to the onsen area	
To Kusatsu Onsen Takasak	80 min.	Naganoharakusatsuguchi Naganoharakusatsuguchi By bus, 25 min. (Total 105 min.)  Kusatsu Onsen By bus, 25 min. (Total 90 min.)
To Ikaho Onsen  By tra	— JR Joetsu Line/JR Agatsuma Line —	Shibukawa By bus Ikaho Onsen
To Shima Onsen  By tra	JR Agatsuma Line _	Nakanojo  By bus  40 min. (Total 90 min.)  Shima Onsen
To Minakami Onsen Takasak		Jomo-Kogen By bus, 15 min. (Total 31 min.)  Minakami Walk 15 min. (Total 80 min.)  Minakami Onsen
To Oigami Onsen  By tra	🗕	Numata By bus Oigami Onsen
To Sarugakyo Onsen  By tra Takasak	1C main	Jomo-Kogen  By bus, 30 min. (Total 46 min.)  Gokan  By bus, 40 min. (Total 90 min.)  Sarugakyo Onsen
To Isobe Onsen By tra	JR Shin-etsu Line _	Walk Isobe 5 min. (Total 25 min.) Isobe Onsen
To Yabuzuka Onsen  By tra Takasak	JR Rvomo Line — Tobu Isesaki Lin	Ota Tobu Kiryu Line Yabuzuka - Walk - Yabuzuka Onsen
To Manza Onsen  By tra	100 min	By bus  Manza-Kazawaguchi  40 min. (Total 120~140 min.)  Manza Onsen

Approximate time required is shown, excluding transfer times.

