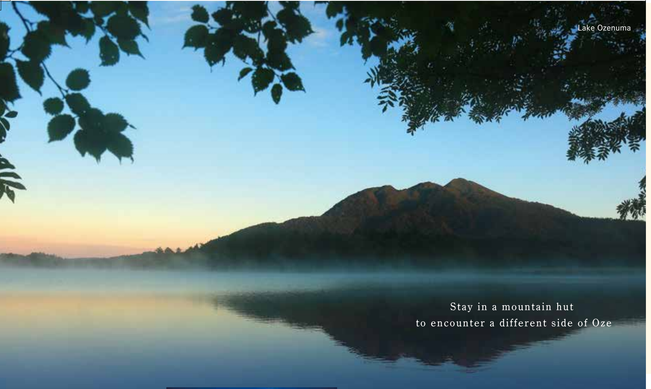


Mt.Hiuchi
(100 Famous Japanese Mountains)
The tallest of all the mountains that surround Oze, acting as a symbol of the region, and the most recent of Oze's volcanos. With an elevation of 2,356, it is the tallest mountain in the Tohoku region, and with nothing else in the vicinity, on a clear day you can look out over 360 degrees from the summit.

A mountain hut under the light of the moon

Ozegahara Marsh

A dawn wreathed in thick morning mist

Japanese azalea

Mt. Hotaka

(100 Famous Japanese Mountains)

A mountain that has long been known as a spiritual place for mountain worship. From the summit at an elevation of 2,158m, you can enjoy a 360 degree view of the vicinity, including Mt. Shibutsu and Mt. Nikko-Shirane. At the foot of the mountain you can enjoy trekking or camping amid wonderful nature, and from mid to late June there is also the flowering of 15,000 Japanese azaleas, which have been designated as a natural monument by Gunma Prefecture.

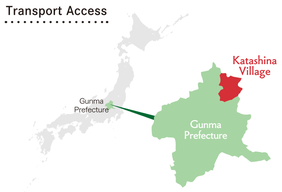
The starting point for an Oze Katashina journey

*Please inquire for details of opening hours and fixed holidays.

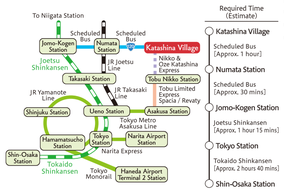
Roadside Station Oze Katashina
The observation terrace looking out over Oze National Park's Ayamedaira also offers a lovely footbath. You can purchase Katashina highland vegetables, including tomatoes and corn, or dine at a restaurant that uses the village produce. There are also replete facilities catering to the needs of children and the elderly, allowing one and all to relax and enjoy the nature of Oze.
●3967-1 Kamata, Katashina Village, Tone, Gunma ●TEL.0278-25-4644 ●FAX.0278-25-4646

Flower Station Katashina Hanasaku no Yu
In addition to an outdoor bath with a stunning view out over the surrounding nature, the new bedrock bath makes use of "kiyosaki," a mineral only found in Katashina Village in all of Japan. It is said to offer detox effects as well as skin beautification. The restaurant that makes plentiful use of local highland vegetables is also popular. An entry fee is charged for making use of the facilities (with an additional charge for the bedrock bath).
●1113 Hanasaku, Katashina Village, Tone, Gunma ●TEL.0278-20-7111 ●FAX.0278-58-4433

Transport Access



By Train



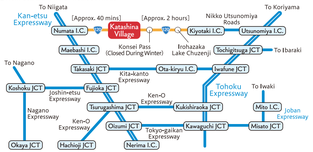
Required Time (Estimate)

- Katashina Village
- Scheduled Bus [Approx. 1 hour]
- Numata Station
- Scheduled Bus [Approx. 30 mins]
- Jomo-Kogen Station
- Joetsu Shinkansen [Approx. 1 hour 15 mins]
- Tokyo Station
- Tokaido Shinkansen [Approx. 2 hours 40 mins]
- Shin-Osaka Station

By Car

Required Time (Estimate)

●From Kawaguchi I.C. / Nikko [Approx. 3 hours 30 mins] (Tohoku Expressway)
●From Nerima I.C. [Approx. 2 hour 10 mins] (Kan-etsu Expressway)
●From Osaka [Approx. 7 hours 30 mins]
●From Numata I.C. [Approx. 40 mins]
●From Kiyotaki I.C. [Approx. 2 hours]
*R120 Konsei Pass Closed During Winter



Inquires

Katashina Village Tourism Association
(Tourism & Lodging)
3964 Kamata, Katashina Village, Tone, Gunma, 378-0415
Tel. 0278-58-3222
Fax. 0278-58-3213

Katashina Village Development Tourism Department
3967-3 Kamata, Katashina Village, Tone, Gunma, 378-0498
Tel. 0278-58-2112
Fax. 0278-58-2110

Please see the homepage for more information
We're also active on social media! ▶▶▶
Katashina Village Search
https://oze-katashina.info

TAKE FREE

KATASHINAIRO

～Katashina Four Seasons～

Katashina Village Tourism Guidebook

Oze-no-Sato Katashina

Ozegahara Marsh

Oze

Oze retains the wonderful, untouched nature. The 2km north to south, 6km west to east Ozegahara Marsh is the largest highland marsh on the island of Honshu, while stunning Lake Ozenuma was created when eruptions from Mt.Hiuchi and landslides blocked the river. The value of the region as a marshland ecosystem is highly prized even at international level, and these are Ramsar Convention designated wetlands, a National Park Special Protection Zone, and a national special natural monument. The wonderful scenery found here is sure to strike a chord in the hearts of all, from beautiful highland plants such as white skunk cabbage and nakoisuge, to the blanket of golden colors during fall and the floating islands in the marsh pools.

尾瀬国立公園
OZE NATIONAL PARK

[Center] Mt. Shibutsu
(100 Famous Japanese Mountains)
A mountain vital to the scenery of Ozegahara. Famous as a treasure-trove of highland plants, the Japonolirion osense that grows here can only be seen in two other places in Japan. Has an elevation of 2,228m.

Oze is famous as a treasure-trove of highland plants

White skunk cabbage

Nikkokisuge

Tussock cottongrass

The fall leaves of Oze

Mt. Nikko-Shirane

(100 Famous Japanese Mountains)

At 2,578m, boasts the highest elevation in the Kanto region, allowing you to look out over the beautiful lakes and marshland in the vicinity. Take the cable car to quickly reach an elevation of 2,000m and you will find the Mt. Nikko-Shirane Rock Garden. Here you can enjoy highland plants and the elegance of nature, including the Japanese wood poppy, the so-called "queen of wild flowers."

Japanese wood poppy

Tree Adventure

Put on a harness and take to the treetops as you cross platforms and rope bridges placed between forest trees. There are two courses, allowing both adults and children to have fun.
Inquiries: 0278-58-2211 (Marunuma Highland General Information)

Canoes

Canoes can be enjoyed at Sugenuma and Marunuma. Take to the water and enjoy verdant greenery in spring, refreshing water fun in summer, and brilliant crimson foliage in fall.
Inquiries: 080-5978-5714 (Bluebird Canoe)

Canyoning

An adventure sport in which nature becomes your playground, donning special gear and using ropes, scrambling on your hands and feet, and jumping into rivers to make your way. Oze's natural pools are the perfect place to go a little wild.
Inquiries: 0278-25-4432 (Field Earth)

Campsites where you can choose how to spend your time

Sugenuma Campsite (photo above)

Offers a wide range of content and activities for the enjoyment of nature. **Inquiries:** 0278-58-2958 (Sugenuma Camp Village)

Marunuma Kogen Auto Camp

So-called "no-gear-needed camping" is popular here, allowing you to enjoy the camping experience without any of the hassle.
Inquiries: 0278-58-4300 (Chalet Marunuma)

Katashina Hotaka Bokujo Campsite

Located halfway up Mt. Hotaka, one of the 100 Famous Japanese Mountains, you can choose to stay in a tent or in a log cabin.
Inquiries: 0278-58-3757 (Hotaka Bokujo Camp Site)

Green Park Oze Tokura

A camp site that only just opened in 2018. The entire site has power.
Inquiries: 0278-58-7511 (Oze Kogen Hotel)

Activities

The verdant nature of Katashina is for more than just looking at - experiencing it also comes highly recommended! You can do this from spring through to fall with a variety of activities that will envelop you in nature, either in the forests, on the highlands, or on the water. In winter, some of the best powder snow even in Gunma creates a variety of ski slopes taking full use of natural resources, and allowing everyone from children to expert skiers to have plenty of fun.

Replete ski facilities with a wide range of courses

1.Ogna Hotaka

Appealingly characterized by a 3,500m slope for some serious cruising and quality powder snow. Parking is free all day, letting you ski without worrying about running up the meter,
Inquiries: 0278-58-2133

2.Marunuma Kogen

Make use of the Mt. Nikko-Shirane cable car and you can enjoy a thrilling 4km free descent from an elevation of 2,000m.
Inquiries: 0278-58-2211

3.Katashina Kogen

The only ski slope in the Kanto region that is exclusive to just skiers. It is also the only official Miffy ski slope in Japan, making it popular with families. **Inquiries:** 0278-58-2161

4.White World Oze Iwakura

A sprawling ski slope with a total of 16 different courses, each making use of the natural terrain, and one of the best sites in the "Gunma powder area". **Inquiries:** 0278-58-7777

5.Snow Park Oze Tokura

Characterized by a ski slope with all the best facilities, including the closest super halfpipe and park to Tokyo and an SAJ approved race slope. **Inquiries:** 0278-58-7511

SUP

Sugenuma boasts some of the clearest water in all of Japan, and a SUP (stand up paddleboard) is the perfect way to take in the surface of this stunning body of water. Comparatively easy to control, this is a great way to take in some wonderful scenery.
Inquiries: 080-7826-0815 (HIGH Five Mountain Works)

Experiences

Amid a wealth of nature, put your hands and body to work and experience something different from your everyday life, while creating some truly special memories in the process. Along with harvesting vegetables or fruit, and handicrafts using natural materials, there are also exciting activities such as SUP, canoeing etc, and guided tours of the mountains, allowing you to experience all kinds of ways to enjoy nature.

Apple picking (harvesting experience)

Mountain Guide [Oze Nation] park, Mt.Nikko-Shirane, Mt.Hotaka]

As well as guidance for the mountains of Oze and Numata, and information on the flowers to be found there, you can also get help with making a hiking plan.
Inquiries: 0278-58-3222, reservation required (Katashina Village Tourism Association)

Charcoal Craft Experience

Charcoal making is a traditional industry of Katashina Village, and here you can work it into a popular original accessory, such as a necklace or earrings.
Inquiries: 090-8696-0250, reservation required (ikarakan)

Indigo Dyeing Experience

Experience indigo dyeing of such articles as a handkerchief, T-shirt or stole using a traditional Japanese method known as "natural lye fermentation."
Inquiries: 0278-25-3443; reservation required (Dye Studio Shigehachi)

Hanamame bean bread

Farm restaurant

Maitake mushroom dishes

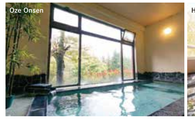
Meisui udon noodles

Katashina highland vegetables

Delicious Dining

The highland climate and wealth of pure spring water grows great vegetables. The delicious water makes excellent udon and soba noodles. Maitake mushrooms are cultivated to be closer to nature, with a firm texture and wonderful fragrance. The dishes of Katashina making use of such ingredients are incredibly fresh, with authentic flavors that fill the mouth, delighting the taste buds of all who experience them. The confections created using the special hanamame beans and mochi rice grown here also allow a natural sweetness to be enjoyed.

[Best Viewing Times]
Hariyama eastern skunk cabbage
/ Early April - late April
Hariyama Tennozakura cherry tree
/ Late April - early May
Kashimoto White Skunk Cabbage Forest
/ Late April - early May
Mt. Nikko-Shirane Japanese wood poppies (Marunuma Kogen)
/ Early June - late June
Katashina Hotaka Bokujo Japanese azaleas
/ Mid-June - late June


Oze Onsen

Higashiogawa Onsen

Marunuma Onsen

Katashina Onsen

Shirane Onsen

Hataya Onsen

Kamata Onsen

Zazen Onsen

Hanasaku Onsen

Hot Springs

Katashina Village has a unique variety of onsen hot springs, soothing the core of body and mind of all who visit, with the hot water and varied physical benefits. Allowing you to fully appreciate the face nature, whatever the season, these springs are also enjoyed as a way to relax after physical activity in the region. The village also has three locations that offer day-trip bathing, letting you experience the waters without having to stay the night. Another way to enjoy Katashina is to make use of the approximately 200 lodging facilities found in the village and put together your own onsen tour.

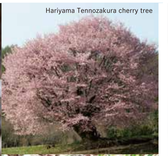
The Katashina Village Tourism Association accepts online inquiries about hotels, Japanese inns, residential lodgings, campsites and other facilities.

Check it out! ↙
Katashina Village Search
https://oze-katashina.info

A valley of seasonal flowers

Katashina Village has flowers to decorate the scenery during all four seasons. Why not take a tour of these delightful blooms, heralding the coming of spring and heightening the elegance of nature.

Kashimoto White Skunk Cabbage Forest


Hariyama Tennozakura cherry tree

Hariyama eastern skunk cabbage

Springs of natural water

Years of hard work have been rewarded with the selection of the Oze-no-Sato Katashina Spring Quality - among the 100 Famous Waters of the Heisei Era. The water can be sampled at any of ten locations in the village.

Oshimizu Yusui-spring