

Oh my GUNMA!

GUNMA

Snow Area Guide



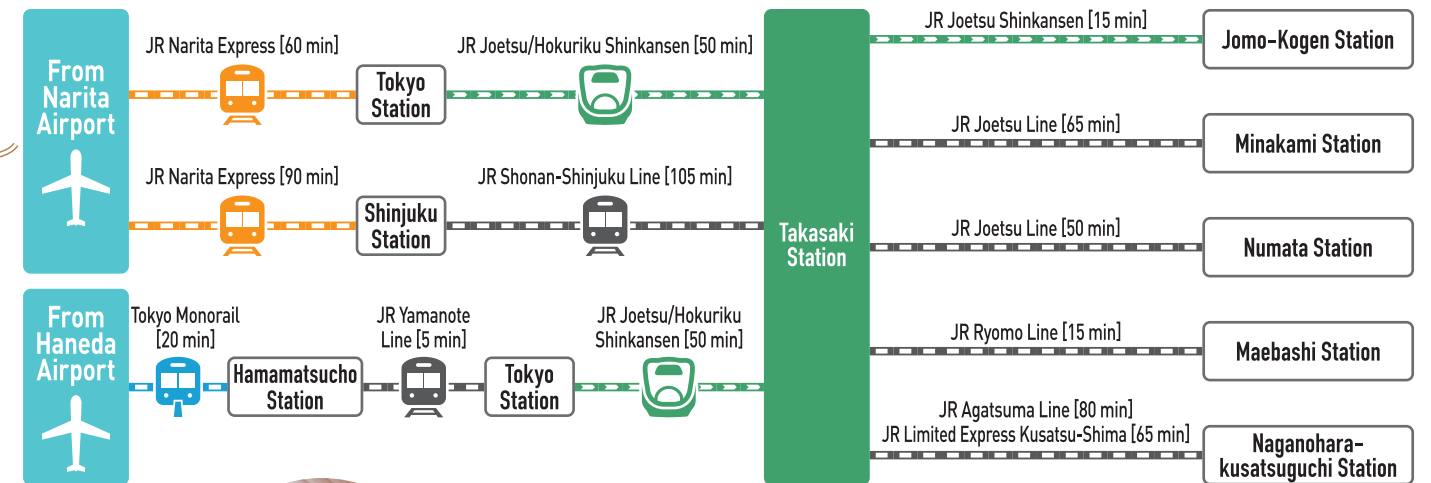
Discover something you've never seen before
in this paradise of outdoor activities

Snow Area Map

The wind that blows in from the Sea of Japan, over the Tanigawa Mountain Range and into Gunma results in low-moisture, high-quality powder snow.

Transportation is convenient and it takes as little as 2 hours to get to Gunma from Tokyo.

ACCESS to GUNMA



The information provided is current as of March 2026.
Published by Gunma Prefectural Government
All the images in this pamphlet are for reference only. Some pictures may be different from the actual sight.





MINAKAMI AREA

03

White Valley Minakami



A beautiful, snowy silver world located in the Tanigawa mountain range. White Valley Minakami is just 2 hours from Tokyo.

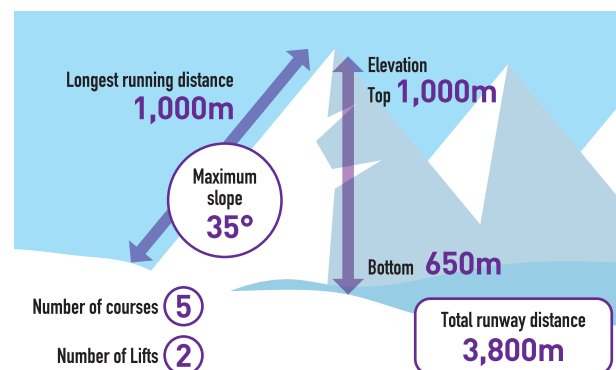
DATA



Tanigawa Onsen National Forest, Minakami-machi, Tone-gun, Gunma 379-1619



<https://www.whitevalley.jp/>



Advanced 30%

Intermediate 40%

Beginner 30%



04

Minakami Hodaigi Ski Resort



With a base elevation of 830 meters and a peak height of 1,400 meters, Minakami Hodaigi Ski Resort has 16 courses over a number of slopes. Snow escalators are installed on all kids' slopes.

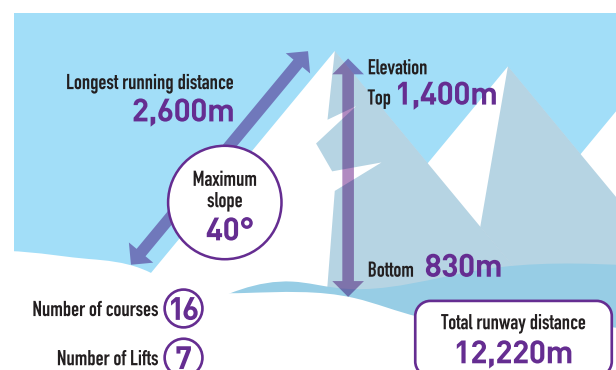
DATA



3839-1 Fujiwara, Minakami-machi, Tone-gun, Gunma 379-1721



<https://en.hodaigi.jp/>



Advanced 30%

Intermediate 40%

Beginner 30%



01

Norn Minakami Ski Resort



Norn Minakami Ski Resort is one of the closest ski fields to Tokyo. Norn Minakami Ski Resort offers a rental ski service that has everything you need. Play in the snow, have fun sledding, and even experience night skiing. Everyone is welcome!

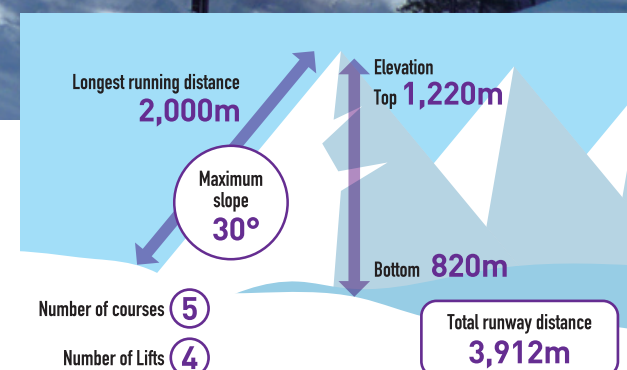
DATA



479-139 Terama, Minakami-machi, Tone-gun, Gunma 379-1614



http://www.norn.co.jp/english_ski_information/



Advanced 20%

Intermediate 50%

Beginner 30%



05

Okutone Snow Park



With long runs of up to 4 km, Okutone Snow Park offers various courses that will keep you entertained no matter how many times you go down the slopes. Night skiing is also available every evening so you have plenty of time to enjoy yourself.

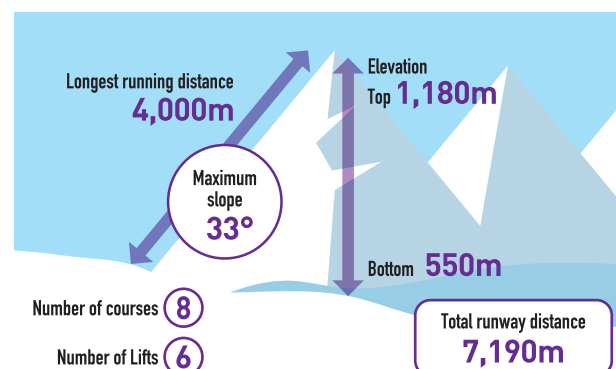
DATA



Mukoyama, Minakami-machi, Tone-gun, Gunma 379-1724



<https://okutone.jp/english/>



Advanced 30%

Intermediate 40%

Beginner 30%



02

Mt.T by Hoshino Resorts



The heavy snowfall and steep terrain of the Tanigawa mountain range create the best conditions for powder snow here at Tenjindaira. From beginners to super-advanced experts, the quality of snow and long season offer an amazing experience you can't find anywhere else!

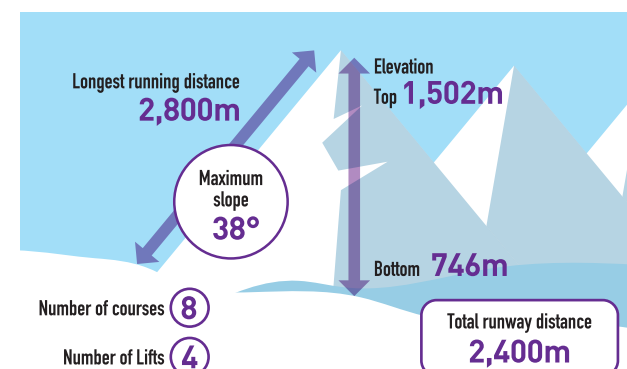
DATA



Yubiso Yubukiyama National Forest, Minakami-machi, Tone-gun, Gunma 379-1728



<https://tanigawadake-joch.com/en/mt-t/>



Advanced 30%

Intermediate 40%

Beginner 30%



TAMBARA, KAWABA AREA

Snow
Guide
icons



Kids' Slope



Artificial Snow Machine



Snow Park



Nursery



Open at Night



Wifi



Ski Lesson
(Available in Japanese)



Credit Card
QR code payment acceptable



Ski Lesson
ENG Available in english



Shuttle Bus



Snowboard Lesson
(Available in Japanese)



Hot Spring



Snowboard Lesson
ENG Available in english



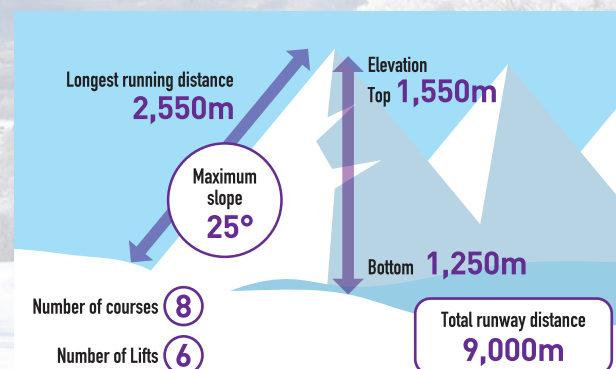
Accommodation

08

Tambara Ski Park



This ski resort is an easy 2-hour trip from the Tokyo metropolitan area. There are a total of 8 courses (4 beginner, 3 intermediate, and 1 advanced).



DATA



Tambara Kogen, Numata-shi, Gunma 378-0071



<https://japan-skiguide.com/guide/htm/r0170ens.htm>

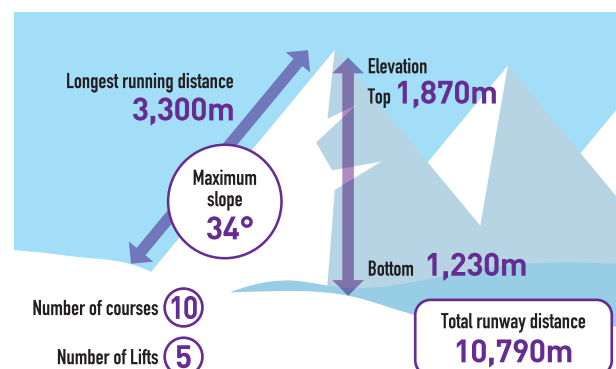


09

Kawaba Ski Resort



3 parks for everyone from beginner to advanced and 10 courses that spread over great geographical features allow you to fully enjoy. Located at the foot of the slopes is "Kawaba City", a rest area complete with restaurants and a pro gear shop.



DATA



2755-2 Yachi, Kawaba-mura, Tone-gun, Gunma 378-0101



<https://www.kawaba.co.jp/en/>



Snow Canyoning

MINAKAMI

Enjoy snow canyoning in Minakami where this sport originated. Dive into the powder snow and experience "professional snow play" with your friends.

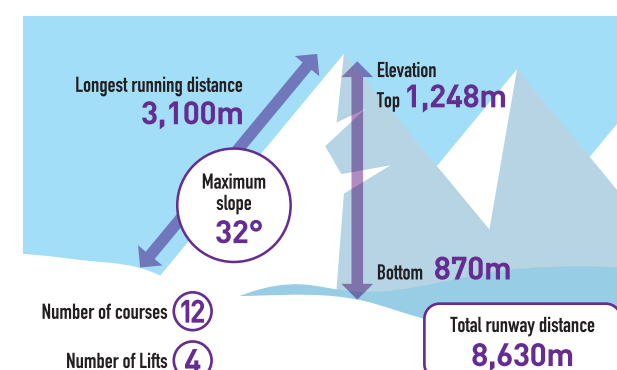


06

Minakami Kogen Ski Resort



Enjoy a variety of attractions such as snowmobiles and dog sledding. Or go sledding at the kids' parks. Minakami Kogen Hotel 200 is in front of the slopes and features bihada-no-yu, or hot spring waters that promote healthy skin.



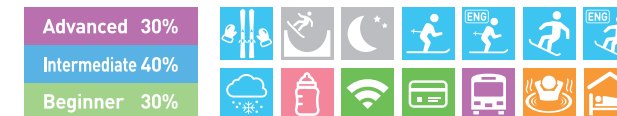
DATA



6152-1 Fujiwara, Minakami-machi, Tone-gun, Gunma 379-1721



<https://www.minakamikogen200.jp/en/winter/>

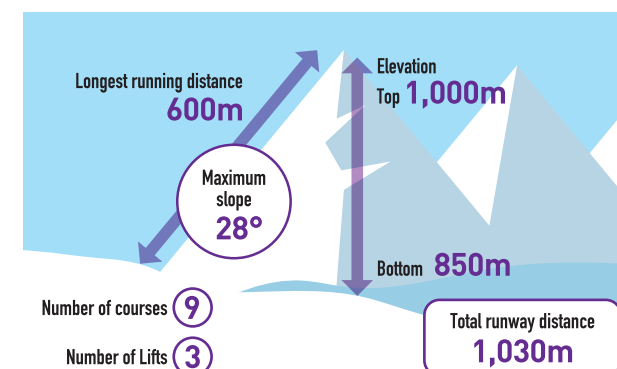


07

Fujiwara Snow & Spa Resort



Gentle slopes here are easy for families and beginners. There are even snow activity areas such as kid's land. In front of the ski area is the Hotel Sunbird, popular for its 11 types of open-air baths that can be rented for private use. Enjoy both powder snow and relaxing onsen.



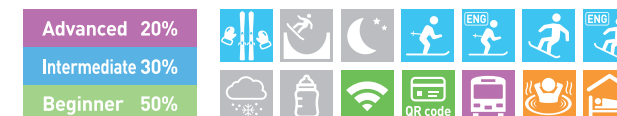
DATA



4957 Fujiwara, Minakami-machi, Tone-gun, Gunma 379-1721



<https://fujiwaraski.com/en/>



Dog Sledding

MINAKAMI

The only full-fledged "dog sledding experience" in all of Honshu can be found at Minakami Kogen Ski Resort. Enjoy the silver white winter wonderland with a dog sled team!





12

Oze-Iwakura Ski Resort

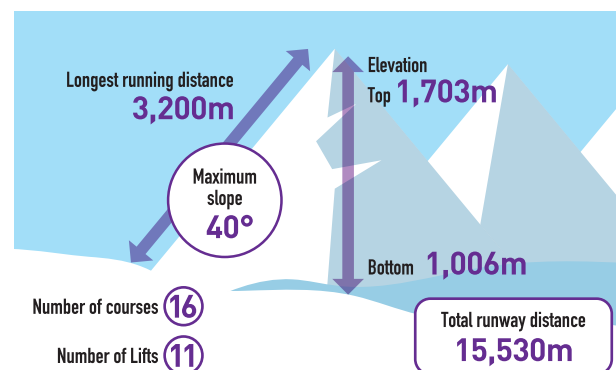


Located only 2.5 hours from Tokyo, Oze-Iwakura Ski Resort has wide slopes where you can enjoy fresh powder snow as you ski or snowboard. Two hotels are right on the slopes: Iwakura Resort Hotel, with hot spring baths, and reasonably priced accommodations at Iwakura House.

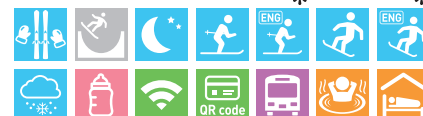
DATA



2609 Tsuchiide, Katashina-mura, Tone-gun, Gunma 378-0412

<http://www.oze-iwakura.co.jp/ski/language/en/>

Advanced 30%
Intermediate 40%
Beginner 30%



*Advanced reservations are required to assign instructors for the lessons. We may not be able to accommodate some requests depending on the situation.

13

Katashina Kogen Ski Area

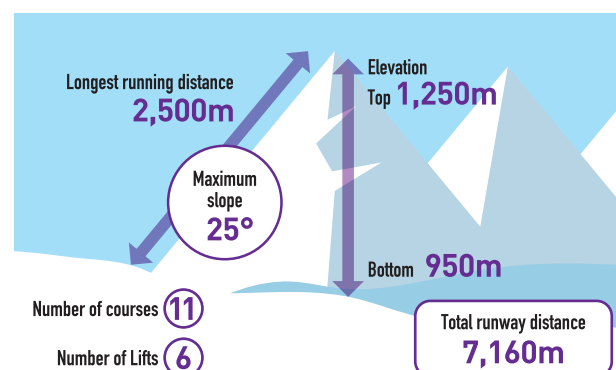


Katashina Kogen is the sole skiers-only resort in the Kanto region as well as the official ski resort of popular character, Miffy. Located in an area that is rarely hit by heavy snow storms, Katashina Kogen is well known for its wide and easy-to-access slopes as well as its relaxed atmosphere.

DATA



2990 Koshimoto, Katashina-mura, Tone-gun, Gunma 378-0413

<https://katashinakogen.co.jp/winter/>

Advanced 20%
Intermediate 50%
Beginner 30%



14

Snow Park Oze Tokura

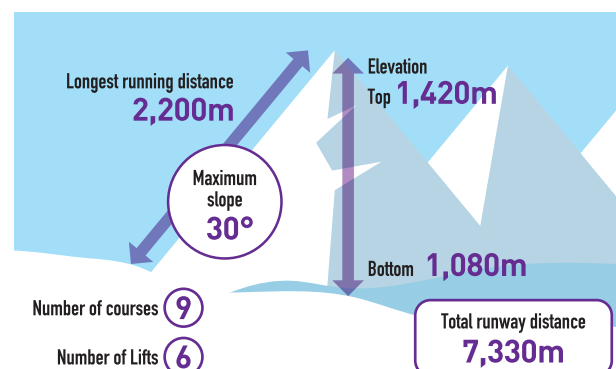


This park is a great place for all kinds of fun in the snow with a snow park that's about 2 km long and an official Ski Association of Japan race course. There is also a hotel on-site, allowing you to fully enjoy your snow leisure lifestyle.

DATA



329 Tokura, Katashina-mura, Tone-gun, Gunma 378-0411

<http://www.ozetokura.co.jp/snowpark/>

Advanced 30%
Intermediate 40%
Beginner 30%



QR code payment acceptable

KATASHINA AREA

Oh my GUNMA!

Access to
Katashina

10

Marunuma Kogen Ski Area

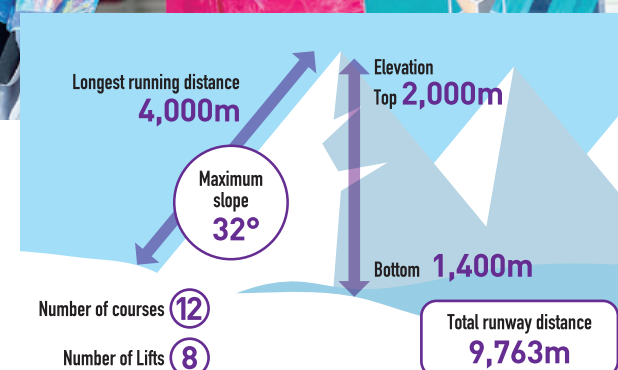


Marunuma Kogen Ski Area offers a variety of courses for skiers and snowboarders of any level, from beginner to advanced. Facilities include rentals, changing rooms, a shop, onsen bathing at Zazen Onsen, and a free rest area.

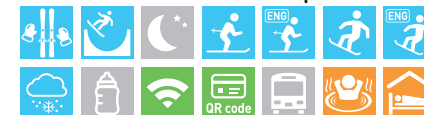
DATA



4658-58 Higashi Ogawa, Katashina-mura, Tone-gun, Gunma 378-0414

<https://www.marunuma.jp/winter/>

Advanced 20%
Intermediate 50%
Beginner 30%



*Advanced reservations required
QR code payment acceptable(Part of the facility)

11

Katashina Oga Hotaka Snow Resort

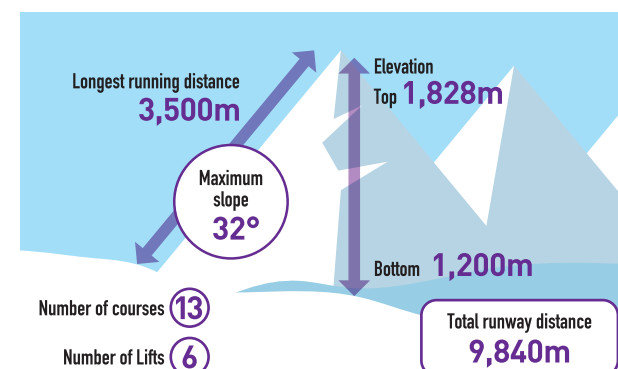


At Katashina Oga Hotaka Snow Resort you can enjoy quality powder snow as you cruise down the 3,500 meters course. The area also has a variety of fun terrain and snow parks with rails and jumps!

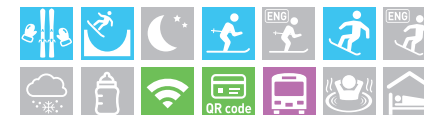
DATA



Hotakayama, Hanasaku, Katashina-mura, Tone-gun, Gunma 378-0408

<https://japan-skiguide.com/guide/htm/r0774ens.htm>

Advanced 30%
Intermediate 40%
Beginner 30%





AGATSUMA AREA

17

Karuizawa Snow Park



Karuizawa Snow Park has been certified as a ski resort safe for families with young children. It also has the largest snow tubing course in Japan - a fun attraction for children and adults of all ages.

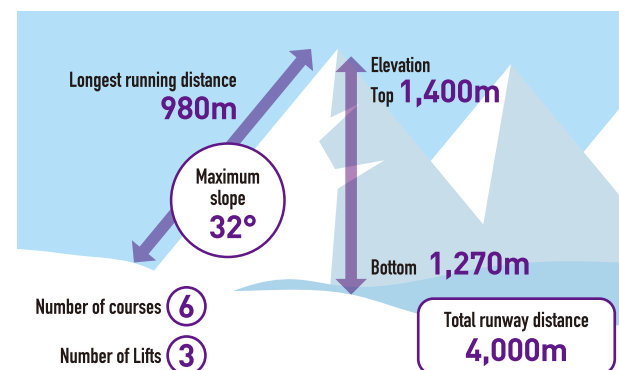
DATA



2032-16 Kita Karuizawa, Naganohara-machi, Agatsuma-gun, Gunma 377-1412



<https://japan-skiguide.com/guide/htm/r0166ens.htm>



Advanced 20%
Intermediate 20%
Beginner 60%



18

Palcall Tsumagoi Resort



Palcall Tsumagoi Ski Resort is located just 2 hours from Tokyo, offering wide, beginner-friendly slopes with plenty of options up to intermediate level, making it ideal for first-timers and families. Palcall is home to the longest gondola in the Kanto region up to 2,100 meters, as well as the breathtaking Sunrise Gondola from 6:30 AM.

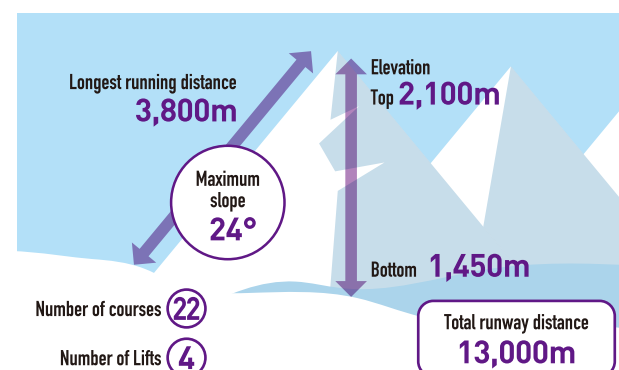
DATA



Baragi Kogen, Oaza Hoshimata, Tsumagoi-mura, Agatsuma-gun, Gunma 377-1611



<https://tsumagoiskiresort.life/en/home/>



Advanced 5%
Intermediate 33%
Beginner 62%



15

Kusatsu Onsen Ski Resort



At an altitude of 1,200 meters, Kusatsu Onsen Ski Resort has high-quality powder snow. There's also a children's area with soft playground equipment and sleds. The whole family can enjoy playing in the snow.

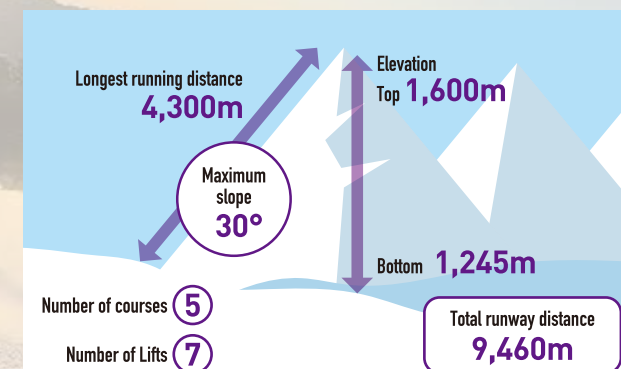
DATA



158 Shirane National Forest, Kusatsu, Kusatsu-machi, Agatsuma-gun, Gunma 377-1711



<https://www.932-onsen.com/winter/index>



Advanced 20%
Intermediate 30%
Beginner 50%



QR code payment acceptable (Part of the facility)

16

Manza Onsen Ski Resort



Proud of its powder snow and hot springs, Manza Onsen offers a great ski and snowboarding experience with majestic views of the area's surrounding mountains. There's also more to enjoy than just skiing! Relax your tired body in the sulfurous waters of one of Japan's top natural hot springs.

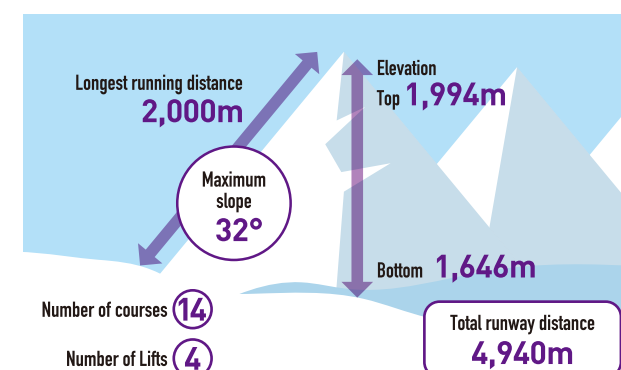
DATA



2401 Manza Onsen, Tsumagoi-mura, Agatsuma-gun, Gunma 377-1595



http://www.princehotels.com/en/ski/manza_onsen/



Advanced 20%
Intermediate 40%
Beginner 40%



*Advanced reservations required

MAEBASHI AREA

19

Akagi-yama Daiichi Ski Park

Nicknamed "Japan's Smallest Ski Resort", Akagi-yama Daiichi Ski Park is geared to families. A great place to enjoy the powder snow.

DATA



Daido, Akagisan, Fujimi-machi, Maebashi-shi, Gunma 371-0101



<https://www.maebashi-cvb.com/spot/8261>



Smelt Fishing

MAEBASHI

In winter, you can enjoy ice fishing for smelt on frozen Lake Onuma. Onboard fishing is a staple of the autumn season. Rental gear is provided, so by all means come try for a catch.



Snowshoeing

MINAKAMI

Enjoy the snow-covered winter landscape. A night tour is available to add to your enjoyment of nature here.

