



## SQ3R

Do you know about SQ3R? It is a formula to help you understand what you read. It can be useful for any reading assignment. SQ3R is especially helpful when you are reading a textbook, like your social studies or science book. Each letter of the formula tells you what to do.



### S = Survey

Survey means to look over the assignment. Look at the pictures. Look at the title and the headings, if there are any. Read the first sentence or two.

### Q = Question

Question means to ask yourself, "What is this assignment about? What is the author trying to tell me?" Once you get an idea of what you are going to read, then you can read with a better understanding.

### 3R = Read, Recite, Review

1. Read the assignment, looking for the answers to the questions you had. Concentrate. Picture in your mind what the words are saying.
2. Recite in your mind, or write on paper, the main ideas of what you have just read. Write the main ideas in your own words.
3. Review what you have learned. Make notes to help you review.



Now you have a valuable study tool. Use it to help study for a test. Use it to help remember what you read. Use it to help understand important information.

**Let's practise. Read the assignment on page 13. Use the SQ3R formula step by step.**