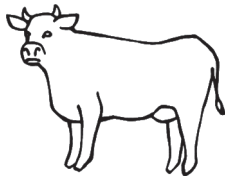


List of Common Superpowers and Power Groups



ZEUS: leadership, grounding, manifestation of ideas, big picture/mapping. People in the Zeus power group may include Oprah Winfrey, Golda Meir, Martha Stewart and Steve Jobs

- a. **MANIFESTING:** Able to take ideas and turn them into real things. Can transform dreams into reality.
- b. **GROUNDING:** Can calm and stabilize chaotic and frenzied environments.
- c. **DECISIVENESS:** Can make decisions confidently in any situation.



HERA: commitment, organization, loyalty, sensibility, administration, clarity. People in the Hera Power Group may include Sandra Day O'Connor, Robert Kennedy, Angela Merkel, Ralph Nadar

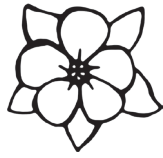
- a. **FORM:** Able to create order out of chaos. Can see potential systems in any situation.
- b. **ULTRA-CORRECT:** With common sense and clear thinking, always knows the right answer.
- c. **EMPOWER:** Able to give others what they want and need to become more successful and powerful.



POSEIDON: emotion, protection, fiery, passion, bold. People in the Poseidon power group may include Martin Luther King, Jr., Beyonce, George Washington, Tony Robbins

- a. **AMPLIFY:** Can take any emotion and make it stronger. Can turn cheerfulness into joy and frustration into rage.
- b. **EMOTOSCAN:** Can know how any one person or group of people are feeling instantly. Able to 'read' a crowd or individual.
- b. **MEGA-PRESENCE:** Able to be the center of attention in any situation. All eyes are on him/her when they walk into a room.





DEMETER/PERSEPHONE: abundance, care, nourishment, power of nature, food, generosity. People in the Demeter/Persephone power group may include Fred Rogers, Julia Childs, Nancy Reagan, Wendell Berry

- a. FLOURISH: Can take anything and make it grow or reproduce. Food, money, friends, plants.
- b. PERFECT TASTE: Able to create food and drink that is delicious from whatever is available. Can create symphonies of taste in imagination.
- c. HONORING: Instantly knows what would make someone happy — finding the perfect gift or saying the perfect thing.



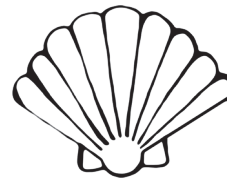
HADES: manifestation of wealth, royalty, ownership, physical world, rocks and minerals. People in the Hades power group may include Elon Musk, Mark Zuckerberg, Annie Leibowitz, Marlon Brando

- a. TREASURE: Able to find money anywhere — or other valuable items.
- b. ATTRACTION: Able to attract exactly what is wanted. Gifts, deals, wealth, health, relationships, anything.
- c. INVISIBILITY: Able to disappear without a trace.



HEPHAESTUS: creation, forging, continuity, service, smarts, steadfastness, dependability, humility. People in the Hephaestus power group may include Bill Gates, Jimmy Carter, Martha Graham

- a. FABRICATE: Able to make anything with whatever is around. A master craftsman.
- b. IMPROVE: Can take anything and make it better. Work better, look better, behave better.
- c. GENIUS: Able to come up with amazing new ideas.



APHRODITE: charm, personal beauty, romance, charisma, warmth and inviting. People in the Aphrodite power group may include Michelle Obama, Dalai Lama IV, Bill Clinton, Amy Poehler

- a. CHARM: Can smile and get whatever they want. Everyone's friend — they're welcome anywhere.
- b. ELEVATE: Can make others feel special, beautiful, powerful.
- c. SMILE: Can make others smile no matter the circumstance.



DIONYSUS: encouragement, transformation, wizardry, confusion, magic, alchemy. People in the Dionysus power group may include Dostoevsky, Elizabeth Gilbert, Carl Sagan, Emily Dickinson

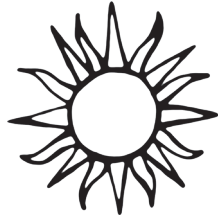
- a. ILLUMINATION: Able to see and reveal truths that others can't see. Exposing the extraordinary in the ordinary. Revealing the impossible.
- b. POSSIBILITY: Able to see the greatness others are capable of, seeing the best in everyone — even when they can't see it themselves.
- c. FUTURESENSE: Can divine what is going to happen in the future.



ATHENA: planning, wisdom, strategy, logistics, complex thinking, predictive, anticipatory. People in the Athena power group may include Thomas Jefferson, Sherlock Holmes, Sheryl Sandberg, Mary Barra

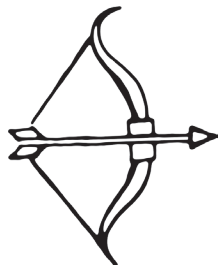
- a. CONDUCTOR: Able to see people's talents and strengths and help them work together.
- b. TRUTH DETECTOR: Can see through lies and tricks — always knows what is real.
- c. CALCULATION: Can anticipate possibilities in the future and have a plan in place — ready to handle any situation.





APOLLO: creativity, healing, beautiful creation, music, art, out of the box thinking. People in the Apollo power group may include Bobby McFerrin, Julie Taymor, Cat Stevens and Georgia O'Keefe.

- a. HEALING BEAUTY: Naturally makes beautiful things that are healing to those who witness/hear/experience them.
- b. MUSIC MIND: Able to recall and sing any song at any time. Can create songs on the spot.
- c. HEART THINKING: Able to store lots of thoughts and feelings in one's heart and know what to do without mulling it over in the mind.



ARTEMIS: hunt, finding, focus, animals, smell, tracking, identification, stillness, attentive. People in the Artemis power group may include Jane Goodall, Ansel Adams, John Muir, Barbara Walters

- a. SUPER-SMELL: Able to identify smells at great distances. Can pick out smells in crowds and track people and things by smell.
- b. CLEAR-FINDING: Can find anything anywhere.
- c. CAMOUFLAGE/INVISIBILITY: Able to blend in anywhere – crowds, nature – anywhere



HERMES: communication, language, travel, theater, trickery, smarts, political, influential. People in the Hermes power group may include Winston Churchill, Meryl Streep, Ronald Reagan, Robin Williams, Tilda Swinton

- a. TRANSLATOR: Can understand anyone no matter the language. Able to learn languages quickly.
- b. SPIN: Can use words to dazzle, confuse, fascinate, convince.
- c. ADAPTATION: Can figure out how to be in any environment or situation. Knows the rules and norms in seconds.



HESTIA: warmth, reassurance, endurance, sustenance, life force, generous, empathetic, enduring, necessary in difficult times. People in the Hestia power group may include Princess Diana, Abraham Lincoln, LeBron James, Tom Hanks, Ellen DeGeneres

- a. WARMING: Can make people feel warm and loved and nourished.
- b. SAFE-MAKE: Can create a bubble of safety around someone else.
- c. CONNECTION: Can bring together different people and include anyone into any group – finding the things that connect us together.



ARES: confidence, pride, launch, do it, physicality, protection, strength and protection. People in the Ares power group may include Mother Teresa, Mahatma Gandhi, Muhammad Ali, Joan of Arc.

- a. **SHIELD:** Can make an impenetrable barrier of safety around self against negative energy.
- b. **SUPER-FORCE:** Able to become extra strong when force is needed to protect or help others.
- c. **STEADFAST:** Able to keep going — even when it is very difficult. Can inspire others to keep going too.

