

AFFIRMATION CARDS



I CAN TRY
NEW THINGS!



I AM WISE.



I AM POWERFUL!



I AM SUPER!



I AM
EXTRAORDINARY!



MY IMAGINATION
KNOWS NO BOUNDS!



EVERYTHING IN LIFE
IS AN ADVENTURE!



THERE IS NOBODY LIKE ME.
I AM UNIQUE!
I AM WONDERFUL!



I AM COMPETENT AND
CAPABLE OF ANYTHING!



I AM BRAVE!



I AM ALWAYS LEARNING
AND NOT AFRAID
TO TRY NEW THINGS



I AM INDEPENDENT
AND POWERFUL.



I GO AT
MY OWN PACE



I AM
DEARLY LOVED.



I SEE AND
VALUE MYSELF



IT'S OKAY TO
BE DIFFERENT.
DIFFERENT
IS GOOD!



I AM RESILIENT.



I TRUST MYSELF.