



Sparkle Kitchen

Spider Monkey Fruit Salad

Ingredients

- 2 cups mango
- 2 cups pineapple
- 2 kiwi fruits
- 3 tablespoons lime juice, divided
- Fresh ginger (a piece about as big as the tip of your thumb)
- 1 tablespoon honey
- 1 banana
- ¼ cup sweetened coconut chips and/or
- ¼ cup chopped cashews and/or
- ¼ cup chocolate chips

Directions

Cut the mango and pineapple into about 1-inch chunks and combine in a large bowl. Use a knife to remove the skin from the kiwi fruits, cut the kiwi into similarly-sized chunks, and add them to the bowl, as well.

Next, mince or grate the ginger. Put the ginger, lime juice, and honey in a small jar with a tight fitting lid, and shake it hard to combine. Pour the mixture over the fruit and toss it all gently together.

Right before you're ready to eat, slice the banana into chunks, too, and quickly sprinkle it with about a tablespoon of lime juice. Add it to the fruit mixture in the bowl, and gently toss the whole salad one more time to get the banana well incorporated.