



# Sparkle Kitchen

## **Muesli**

### **Ingredients**

- 2 cups quick or rolled oats
- 2 cups unsweetened almond milk
- 1 cup whole milk yogurt
- 1/3 cup honey
- 1/3 cup raisins –
- 1/3 cup chopped almonds
- 2 tsp vanilla extract fresh fruit to top

### **Directions**

Mix all ingredients but the fresh fruit. It will look something like this:

Not lovely really, but here's what's next:

Place it in a sealed container and refrigerate it overnight or for up to a day (particularly if you're using rolled oats and not quick oats).

And in the morning, pull it from the fridge and serve with sliced fresh fruits. Easy!

### **Enjoy!**