



Sparkle Kitchen

Soft Serve Banana Ice Cream

Ingredients

4-5 frozen bananas

1 tablespoon vanilla

2 tablespoons milk, cream, coconut milk, yogurt, or etc.

Directions

Use a sharp knife to peel the bananas, and cut them into chunks. Toss them in the bowl of a food processor or high powered blender and pulse several times. Next add the vanilla and milk, and continue pulsing and mixing until the ice cream is smooth and creamy.

Serve immediately, either plain or with your favorite toppings.