

# LAVENDER AND COCONUT BATH BOMB WANDS

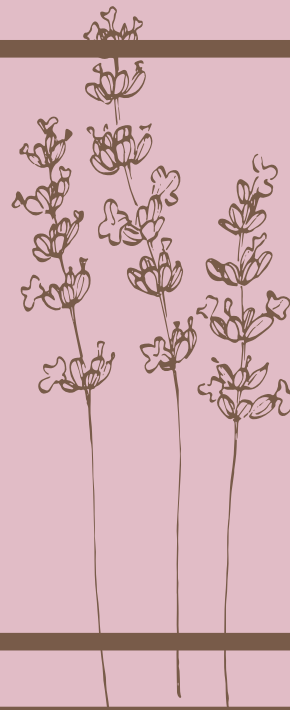


By Josie Hamor  
@onwillowsbend



What you need-  
(makes 6-8)

1/2 cup coconut milk powder  
1/2 cup citric acid  
1 cup bi-carb soda (baking soda)  
1/2 cup cornflour  
3 tbsp epsom salts  
3 tbsp coconut oil, melted,  
6-8 drops lavender oil  
Dried lavender and/or dried flower petals (optional)  
Silicone Star mold or bath bomb mould  
6 straight, strong sticks  
A pocket knife



What to do-

Begin by combining all the dry ingredients, including the dried flowers if you are using them in a large bowl, stirring well to remove any clumps. Next, melt the coconut oil over a low heat and set aside to cool slightly.

When it has cooled add the coconut oil along with the lavender oil to the dry ingredients, stirring briskly to combine. The mixture may fizz slightly at this stage.

Test to see if the mixture is the correct consistency by squeezing a small amount in your hand. If it holds its shape and sticks together you can begin making your bath bombs. If the mixture feels dry and crumbly add a tsp of water, stirring briskly and repeat the process until you achieve the desired consistency.

When the mixture is ready you can begin filling your silicone molds. Press the mixture firmly into the molds, packing it down tightly. If the mixture is still fizzing slightly continue to press down into the molds until the fizzing stops. Sprinkle any remaining dried flower petals on top of the bath bombs and press them down gently.

Place the bath bombs in the fridge for 3-4 hours to set. Next, remove the bath bombs from the fridge and leave them at room temperature for 24 hours until dry. In the meantime, whittle one end of each stick to a point. When the bath bombs have been drying at room temperature for a few hours remove them from the mold and very gently and carefully push a stick into the centre of each one, in between the star points. Let the bath bombs dry completely on the sticks before using or gifting to friends.

To use the bath bombs simply swirl the wand in a warm bath and watch it fizz and dissolve.