

# Family Device Contract

I understand that the rules below are for my safety and that my parents love me more than anyone in the world. I understand that my parents want to give me freedom while also giving me enough security to make smart choices. Initial here:

I promise that my parents will always know my phone and computer passwords. I understand that my parents have a right to look at my phone and computer whenever there's a need for them to do so, even without my permission. Initial here:

I will hand the phone to one of my parents or put it on the cell phone charging spot by \_\_\_\_\_ pm every school night and every weekend night by \_\_\_\_\_ pm. I will get it back after breakfast the following morning. Initial here:

My cell phone is primarily a tool for use out in the world to communicate with my family, as well as with my friends. At home, I will use my cell phone in public spaces only. My cell phone will not be used in my bedroom. Initial here:

My computer is primarily a tool for use on schoolwork or other educational projects. At home, I will use my computer in public spaces only. My computer will not be used in my bedroom. Initial here:

I understand that my behavior on my phone and computer can impact my future reputation, even in ways that I am not able to predict or see. Initial here:

I promise I will tell my parents when I receive suspicious or alarming phone calls, text messages, or emails from people I don't know. I will also tell my parents if I am being harassed by someone through my cell phone. Initial here:

I will make an effort to learn phone and internet etiquette. I understand this is an extension of normal manners. I will turn off, silence, and put my phone away in public. I will be sure to do this in restaurants, at the movies, or while speaking with another human being. I am not a rude person. I will not allow the phone to change this important part of who I am. Initial here:

I will never use my phone, computer, or social media to bully or tease anyone, even if my friends think it's funny. Initial here:

I will not lie about where I have been or how I am using the phone or computer. I promise to answer questions openly, honestly, and directly. Initial here:

If these rules are not followed, I understand that my cell phone privileges and/or computer will be revoked and I may lose use of my phone and/or computer for a period of time to be determined by my parents. Initial here:

---

(parents)

---

(child)

# Addendum for Teens

I will never search for pornography or anything else that I wouldn't want my grandparents finding.

Initial here:

I will not send or receive naked photos. Ever. I understand that there could be serious legal consequences that could put my and my parents' future at risk.

Initial here:

When I am old enough, I won't text and drive. I understand it's very dangerous and pretty stupid.

Initial here:

---

(parents)

---

(child)