



Sparkle Kitchen

Backyard Turkey Burgers

Ingredients

- 1 pound turkey (93% lean or less)
- 1/6 pound crumbled feta cheese
- 1-2 eggs
- 5-6 sprigs thyme (just the stripped off leaves)
- salt and pepper
- 1/2 onion, very finely diced

Directions

Using clean hands, mix all of the ingredients in a large bowl. Form into 4-6 patties and grill until slightly charred and cooked through. While this time can vary, about 5 minutes per side is usually in the ballpark.

Enjoy!