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|---|--------------------|----------|-------------------|-----------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|
| LIMITED TIME OFFERS | | | | | | | | | | | | |
| Quarter Pound Brisket Sandwich (Sweet) <u>Contains: Wheat, May Contain: Sesame</u> | 249 | 530 | 140 | 15 | 11 | 0 | 95 | 1860 | 64 | 3 | 30 | 34 |
| Quarter Pound Brisket Sandwich (Spicy) <u>Contains: Wheat, May Contain: Sesame</u> | 249 | 520 | 140 | 15 | 11 | 0 | 95 | 1860 | 62 | 3 | 26 | 34 |
| Quarter Pound Brisket Bowl (Sweet) <u>Contains: Wheat, Milk, Soy, Egg</u> | 397 | 870 | 400 | 45 | 22 | 1 | 150 | 2820 | 70 | 2 | 31 | 44 |
| Quarter Pound Brisket Bowl (Spicy) <u>Contains: Wheat, Milk, Soy, Egg</u> | 397 | 860 | 410 | 45 | 22 | 1 | 150 | 2820 | 68 | 3 | 27 | 45 |
| Quarter Pound Pulled Pork Sandwich (Sweet) <u>Contains: Wheat, May Contain: Sesame</u> | 249 | 420 | 80 | 9 | 3 | 0 | 60 | 1760 | 61 | 3 | 30 | 25 |
| Quarter Pound Pulled Pork Sandwich (Spicy) <u>Contains: Wheat, May Contain: Sesame</u> | 249 | 410 | 80 | 9 | 3 | 0 | 60 | 1760 | 60 | 3 | 25 | 25 |
| Quarter Pound Pulled Pork Bowl (Sweet) <u>Contains: Wheat, Milk, Soy, Egg</u> | 397 | 760 | 350 | 38 | 14 | 0.5 | 115 | 2720 | 67 | 2 | 31 | 35 |
| Quarter Pound Pulled Pork Bowl (Spicy) <u>Contains: Wheat, Milk, Soy, Egg</u> | 397 | 750 | 350 | 39 | 14 | 0.5 | 115 | 2720 | 66 | 3 | 26 | 35 |
| White Cheddar Mac 'n Cheese <u>Contains: Wheat, Milk, Egg</u> | 227 | 470 | 240 | 27 | 12 | 0 | 55 | 1310 | 40 | 1 | 10 | 17 |
| French Dip Royale <u>Contains: Wheat, Milk, Soy, Egg; May Contain: Sesame</u> | 368 | 710 | 280 | 31 | 14 | 1 | 100 | 2930 | 55 | 3 | 6 | 36 |
| Peach Cobbler Roll (1) <u>Contains: Wheat, Milk, Soy, Egg</u> | 53 | 170 | 70 | 8 | 3 | 0 | 5 | 290 | 23 | 1 | 8 | 2 |
| Peach Cobbler Roll (2) <u>Contains: Wheat, Milk, Soy, Egg</u> | 105 | 350 | 150 | 16 | 6 | 0 | 15 | 570 | 46 | 2 | 16 | 4 |
| Mozarella Sticks (2) <u>Contains: Wheat, Milk</u> | 97 | 240 | 110 | 12 | 4.5 | 0 | 20 | 870 | 23 | 2 | 4 | 10 |
| SLOW ROASTED BEEF | | | | | | | | | | | | |
| Classic Beef 'n Cheddar <u>Contains: Milk, Soy, Wheat, Sesame</u> | 195 | 450 | 180 | 20 | 6 | 1 | 50 | 1280 | 45 | 2 | 9 | 23 |
| Double Beef 'n Cheddar <u>Contains: Milk, Soy, Wheat, Sesame</u> | 301 | 630 | 290 | 32 | 11 | 1.5 | 100 | 2100 | 48 | 2 | 9 | 39 |
| Half Pound Beef 'n Cheddar <u>Contains: Milk, Soy, Wheat, Sesame</u> | 358 | 740 | 350 | 39 | 14 | 2 | 130 | 2530 | 48 | 2 | 9 | 49 |
| Classic Roast Beef <u>Contains: Soy, Wheat, Sesame</u> | 154 | 360 | 120 | 14 | 5 | 0.5 | 50 | 970 | 37 | 2 | 5 | 23 |
| Double Roast Beef <u>Contains: Soy, Wheat, Sesame</u> | 239 | 510 | 210 | 24 | 9 | 1.5 | 95 | 1610 | 38 | 2 | 5 | 38 |
| Half Pound Roast Beef <u>Contains: Soy, Wheat, Sesame</u> | 295 | 610 | 270 | 30 | 12 | 2 | 130 | 2040 | 38 | 2 | 5 | 48 |
| Arby's Sauce® Adds | 14 | 15 | 0 | 0 | 0 | 0 | 0 | 180 | 3 | 0 | 2 | 0 |
| Horsey Sauce® Adds <u>Contains: Egg</u> | 14 | 60 | 45 | 5 | 1 | 0 | 5 | 150 | 3 | 0 | 2 | 0 |
| Classic French Dip & Swiss/Au Jus <u>Contains: Milk, Soy, Wheat</u> | 324 | 530 | 190 | 21 | 10 | 1 | 85 | 2540 | 50 | 2 | 3 | 34 |
| JUICY BURGERS | | | | | | | | | | | | |
| Deluxe Burger <u>Contains: Egg, Milk, Soy, Wheat; May Contain Sesame</u> † Fish (where available) | 272 | 600 | 300 | 33 | 15 | 1 | 80 | 1370 | 45 | 3 | 13 | 31 |
| Big Cheesy Bacon Burger <u>Contains: Egg, Milk, Soy, Wheat; May Contain Sesame</u> † Fish (where available) | 235 | 710 | 370 | 41 | 17 | 1 | 85 | 1820 | 50 | 0 | 14 | 37 |



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|---|--------------------|----------|-------------------|-----------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|
| CRISPY CHICKEN | | | | | | | | | | | | |
| Crispy Chicken <u>Contains: Egg, Wheat; May Contain Sesame</u> † Milk, Soy, Fish (where available) | 240 | 530 | 200 | 22 | 4.5 | 0 | 50 | 1410 | 59 | 4 | 13 | 24 |
| Buffalo Chicken <u>Contains: Egg, Milk, Wheat; May Contain Sesame</u> † Soy, Fish (where available) | 228 | 530 | 200 | 22 | 4.5 | 0 | 45 | 2100 | 59 | 4 | 12 | 24 |
| Chicken Bacon Swiss <u>Contains: Egg, Milk, Wheat; May Contain Sesame</u> † Soy, Fish (where available) | 272 | 650 | 270 | 30 | 9.5 | 0 | 75 | 1760 | 61 | 4 | 14 | 35 |
| Chicken Cordon Bleu <u>Contains: Egg, Milk, Wheat; May Contain Sesame</u> † Soy, Fish (where available) | 233 | 650 | 270 | 30 | 9 | 0 | 85 | 1790 | 59 | 4 | 11 | 35 |
| Chicken Tenders (3) <u>Contains: Egg, Milk, Soy, Wheat</u> † Fish (where available) | 129 | 370 | 160 | 18 | 3 | 0 | 60 | 1190 | 28 | 2 | 0 | 23 |
| Chicken Tenders (5) <u>Contains: Egg, Milk, Soy, Wheat</u> † Fish (where available) | 215 | 610 | 270 | 30 | 4.5 | 0 | 100 | 1990 | 47 | 3 | 0 | 39 |
| BBQ Dipping Sauce Adds | 36 | 70 | 0 | 0 | 0 | 0 | 0 | 290 | 16 | 0 | 15 | 0 |
| Buffalo Dipping Sauce Adds <u>Contains: Milk</u> | 28 | 10 | 10 | 1 | 0 | 0 | 0 | 720 | 2 | 0 | 0 | 0 |
| Honey Mustard Dipping Sauce Adds <u>Contains: Egg</u> | 28 | 130 | 120 | 13 | 2 | 0 | 10 | 160 | 5 | 0 | 4 | 0 |
| Ranch Dipping Sauce Adds <u>Contains: Egg, Milk</u> | 28 | 100 | 90 | 10 | 2 | 0 | 15 | 135 | 1 | 0 | 1 | 1 |
| CRAFTED SANDWICHES | | | | | | | | | | | | |
| Greek Gyro <u>Contains: Egg, Milk, Soy, Wheat</u> | 273 | 700 | 390 | 44 | 13 | 0 | 75 | 1370 | 55 | 4 | 6 | 23 |
| Roast Beef Gyro <u>Contains: Egg, Milk, Wheat</u> | 273 | 540 | 260 | 29 | 7 | 1 | 60 | 1300 | 48 | 3 | 5 | 24 |
| Reuben <u>Contains: Egg, Milk, Wheat</u> | 308 | 680 | 280 | 31 | 8 | 0.5 | 80 | 2420 | 62 | 4 | 5 | 37 |
| Turkey Ranch & Bacon Sandwich <u>Contains: Egg, Milk, Soy, Wheat</u> | 360 | 800 | 310 | 34 | 10 | 0.5 | 70 | 2480 | 79 | 5 | 16 | 46 |
| Ham & Swiss Melt <u>Contains: Egg, Milk, Wheat, Sesame</u> † Fish (where available) | 167 | 380 | 120 | 13 | 5 | 0 | 60 | 1370 | 40 | 2 | 5 | 26 |
| TREATS | | | | | | | | | | | | |
| * Jamocha Shake – Small <u>Contains: Milk</u> | 372 | 540 | 140 | 16 | 10 | 0 | 50 | 320 | 88 | 1 | 74 | 12 |
| * Jamocha Shake – Medium <u>Contains: Milk</u> | 490 | 700 | 180 | 20 | 13 | 0 | 65 | 420 | 116 | 1 | 97 | 15 |
| * Jamocha Shake – Large <u>Contains: Milk</u> | 687 | 980 | 250 | 28 | 18 | 0.5 | 90 | 600 | 161 | 1 | 136 | 22 |
| * Chocolate Shake – Small <u>Contains: Milk</u> | 372 | 540 | 150 | 17 | 11 | 0 | 50 | 320 | 86 | 1 | 76 | 12 |
| * Chocolate Shake – Medium <u>Contains: Milk</u> | 490 | 700 | 190 | 21 | 14 | 0 | 65 | 420 | 113 | 1 | 99 | 16 |
| * Chocolate Shake – Large <u>Contains: Milk</u> | 687 | 970 | 260 | 29 | 19 | 0.5 | 90 | 590 | 158 | 2 | 138 | 22 |
| Vanilla Shake – Small <u>Contains: Milk</u> | 361 | 480 | 150 | 17 | 11 | 0 | 55 | 300 | 70 | 0 | 64 | 12 |
| Vanilla Shake – Medium <u>Contains: Milk</u> | 481 | 620 | 190 | 21 | 14 | 0.5 | 70 | 400 | 93 | 0 | 85 | 16 |
| Vanilla Shake – Large <u>Contains: Milk</u> | 672 | 870 | 260 | 29 | 19 | 0.5 | 95 | 560 | 129 | 1 | 119 | 23 |
| * Apple Turnover <u>Contains: Soy, Wheat</u> | 128 | 430 | 160 | 18 | 9 | 0 | 0 | 210 | 65 | 2 | 39 | 4 |
| * Cherry Turnover <u>Contains: Soy, Wheat</u> | 128 | 390 | 120 | 13 | 6 | 0 | 0 | 200 | 65 | 2 | 40 | 4 |



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| SIGNATURE SIDES | | | | | | | | | | | | |
| Curly Fries – Medium ♦ <u>Contains: Wheat</u> † Egg, Milk, Soy, Fish (where available) | 128 | 410 | 200 | 22 | 3 | 0 | 0 | 940 | 49 | 5 | 0 | 5 |
| Curly Fries – Large ♦ <u>Contains: Wheat</u> † Egg, Milk, Soy, Fish (where available) | 170 | 550 | 260 | 29 | 4 | 0 | 0 | 1250 | 65 | 6 | 0 | 6 |
| Curly Fries – XL ♦ <u>Contains: Wheat</u> † Egg, Milk, Soy, Fish (where available) | 185 | 600 | 290 | 32 | 4.5 | 0 | 0 | 1360 | 71 | 7 | 0 | 7 |
| Crinkle Fries – Medium ♦ † Egg, Milk, Soy, Wheat, Fish (where available) | 139 | 390 | 170 | 19 | 2.5 | 0 | 0 | 460 | 49 | 0 | 0 | 5 |
| Crinkle Fries – Large ♦ † Egg, Milk, Soy, Wheat, Fish (where available) | 190 | 530 | 230 | 26 | 3.5 | 0 | 0 | 630 | 68 | 0 | 0 | 7 |
| Crinkle Fries –XL ♦ † Egg, Milk, Soy, Wheat, Fish (where available) | 227 | 630 | 280 | 31 | 4.5 | 0 | 0 | 750 | 81 | 7 | 0 | 8 |
| Potato Cakes (3) † Egg, Milk, Soy, Wheat, Fish (where available) | 150 | 370 | 190 | 21 | 3 | 0 | 0 | 650 | 35 | 4 | 0 | 3 |
| Potato Cakes (4) † Egg, Milk, Soy, Wheat, Fish (where available) | 200 | 490 | 250 | 28 | 4.5 | 0 | 0 | 860 | 46 | 5 | 0 | 4 |
| Potato Cakes (5) † Egg, Milk, Soy, Wheat, Fish (where available) | 250 | 620 | 320 | 35 | 5 | 0 | 0 | 1080 | 58 | 6 | 0 | 5 |
| Ketchup Adds | 9 | 10 | 0 | 0 | 0 | 0 | 0 | 85 | 3 | 0 | 2 | 0 |
| Cheddar Cheese Sauce Adds <u>Contains: Milk</u> | 43 | 50 | 35 | 3.5 | 0.5 | 0 | 0 | 370 | 4 | 0 | 0 | 1 |
| Mozzarella Sticks (4) <u>Contains: Milk, Wheat</u> † Egg, Soy, Fish (where available) | 137 | 440 | 210 | 23 | 9 | 0.5 | 35 | 1410 | 37 | 2 | 3 | 19 |
| Mozzarella Sticks (6) <u>Contains: Milk, Wheat</u> † Egg, Soy, Fish (where available) | 206 | 650 | 310 | 35 | 14 | 1 | 55 | 2110 | 56 | 3 | 4 | 29 |
| Marinara Sauce Adds | 28 | 20 | 0 | 0 | 0 | 0 | 0 | 170 | 4 | 1 | 3 | 1 |
| Jalapeno Bites® (5) <u>Contains: Milk, Wheat</u> † Egg, Soy, Fish (where available) | 110 | 290 | 150 | 17 | 6 | 0 | 25 | 660 | 31 | 2 | 3 | 5 |
| Jalapeno Bites® (8) <u>Contains: Milk, Wheat</u> † Egg, Soy, Fish (where available) | 176 | 470 | 240 | 27 | 10 | 0.5 | 40 | 1060 | 50 | 3 | 4 | 8 |
| Bronco Berry Sauce® Adds | 28 | 60 | 0 | 0 | 0 | 0 | 0 | 25 | 15 | 0 | 15 | 0 |

♦ Recommended portion sizes. Curly and Crinkle Fries are individually portioned at every restaurant. Variations in portion size may exist from portion to portion, and restaurant to restaurant.



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| VALUE MENU | | | | | | | | | | | | |
| Roast Beef Slider <u>Contains: Milk, Soy, Wheat/May contain Sesame</u> | 77 | 180 | 70 | 7 | 3 | 0 | 25 | 520 | 18 | 1 | 4 | 11 |
| Chicken Slider <u>Contains: Egg, Milk, Soy, Wheat/May contain Sesame</u> † Fish (where available) | 79 | 230 | 80 | 9 | 2 | 0 | 25 | 620 | 25 | 1 | 2 | 11 |
| Ham Slider <u>Contains: Milk, Soy, Wheat/May contain Sesame</u> | 77 | 170 | 50 | 6 | 2 | 0 | 25 | 600 | 19 | 0 | 4 | 11 |
| Buffalo Chicken Slider <u>Contains: Egg, Milk, Soy, Wheat/May contain Sesame</u> † Fish (where available) | 92 | 260 | 100 | 12 | 2 | 0 | 25 | 910 | 26 | 1 | 3 | 10 |
| Ranch Chicken Wrap <u>Contains: Egg, Milk, Wheat, Soy</u> † Fish (where available) | 139 | 400 | 210 | 23 | 7 | 0 | 45 | 1000 | 32 | 1 | 1 | 16 |
| Honey Mustard Chicken Wrap <u>Contains: Egg, Milk, Wheat, Soy</u> † Fish (where available) | 139 | 380 | 190 | 21 | 7 | 0 | 35 | 990 | 34 | 1 | 3 | 15 |
| Curly Fries – Small ♦ <u>Contains: Wheat</u> † Egg, Milk, Soy, Fish (where available) | 77 | 250 | 120 | 13 | 2 | 0 | 0 | 570 | 29 | 3 | 0 | 3 |
| Crinkle Fries – Small ♦ † Egg, Milk, Soy, Wheat, Fish (where available) | 91 | 250 | 110 | 12 | 1.5 | 0 | 0 | 300 | 32 | 0 | 0 | 3 |

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| KIDS MENU | | | | | | | | | | | | |
| Roast Beef Slider <u>Contains: Milk, Soy, Wheat/May contain Sesame</u> | 77 | 180 | 70 | 7 | 3 | 0 | 25 | 520 | 18 | 1 | 4 | 11 |
| Chicken Slider <u>Contains: Egg, Milk, Soy, Wheat/May contain Sesame</u> † Fish (where available) | 79 | 230 | 80 | 9 | 2 | 0 | 25 | 620 | 25 | 1 | 2 | 11 |
| Ham Slider <u>Contains: Milk, Soy, Wheat/May contain Sesame</u> | 77 | 170 | 50 | 6 | 2 | 0 | 25 | 600 | 19 | 0 | 4 | 11 |
| Buffalo Chicken Slider <u>Contains: Egg, Milk, Soy, Wheat/May contain Sesame</u> † Fish (where available) | 92 | 260 | 100 | 12 | 2 | 0 | 25 | 910 | 26 | 1 | 3 | 10 |
| Chicken Tenders (2) <u>Contains: Egg, Soy, Wheat</u> † Fish (where available) | 67 | 160 | 80 | 9 | 1.5 | 0 | 40 | 420 | 7 | 1 | 0 | 13 |
| Barbeque Dipping Sauce Adds | 36 | 70 | 0 | 0 | 0 | 0 | 0 | 290 | 16 | 0 | 15 | 0 |
| Buffalo Dipping Sauce Adds <u>Contains: Milk</u> | 28 | 10 | 10 | 1 | 0 | 0 | 0 | 720 | 2 | 0 | 0 | 0 |
| Honey Mustard Dipping Sauce Adds <u>Contains: Egg</u> | 28 | 130 | 120 | 13 | 2 | 0 | 10 | 160 | 5 | 0 | 4 | 0 |
| Ranch Dipping Sauce Adds <u>Contains: Egg, Milk</u> | 28 | 100 | 90 | 10 | 2 | 0 | 15 | 135 | 1 | 0 | 1 | 1 |
| Tree Top® Applesauce | 91 | 45 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 2 | 11 | 0 |
| Curly Fries – Small ♦ <u>Contains: Wheat</u> † Egg, Milk, Soy, Fish (where available) | 77 | 250 | 120 | 13 | 2 | 0 | 0 | 560 | 29 | 3 | 0 | 3 |
| Crinkle Fries – Small ♦ † Egg, Milk, Soy, Wheat, Fish (where available) | 91 | 250 | 110 | 12 | 1.5 | 0 | 0 | 300 | 32 | 0 | 0 | 3 |
| Potato Cakes (2) † Egg, Milk, Soy, Wheat, Fish (where available) | 100 | 250 | 130 | 14 | 2 | 0 | 0 | 430 | 23 | 2 | 0 | 2 |
| Honest Kids® Apple Juice Drink | 91 | 45 | 0 | 0 | 0 | 0 | 0 | 0 | 12 | 3 | 8 | 1 |
| Nestle® Pure Life® Bottled Water | 479 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Shamrock Farms® Lowfat White Milk <u>Contains: Milk</u> | 214 | 90 | 20 | 2 | 1.5 | 0 | 10 | 105 | 10 | 0 | 10 | 7 |
| • Shamrock Farms® Lowfat Chocolate Milk <u>Contains: Milk</u> | 218 | 150 | 20 | 2.5 | 1.5 | 0 | 10 | 170 | 26 | 1 | 23 | 7 |

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| SMALL DRINKS | | | | | | | | | | | | |
| Strawberry Lemonade ^o | Small | 140 | 0 | 0 | 0 | 0 | 0 | 10 | 36 | 0 | 34 | 0 |
| Classic Lemonade ^o | Small | 110 | 0 | 0 | 0 | 0 | 0 | 10 | 29 | 0 | 27 | 0 |
| Barq's® Root Beer ^o | Small | 130 | 0 | 0 | 0 | 0 | 0 | 60 | 35 | 1 | 35 | 0 |
| Coca-Cola® ^o | Small | 120 | 0 | 0 | 0 | 0 | 0 | 35 | 34 | 1 | 34 | 0 |
| Coca-Cola® Zero Sugar ^o | Small | 0 | 0 | 0 | 0 | 0 | 0 | 35 | 0 | 1 | 0 | 0 |
| Diet Coke® ^o | Small | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 1 | 0 | 0 |
| Fanta® Orange ^o | Small | 130 | 0 | 0 | 0 | 0 | 0 | 35 | 35 | 1 | 35 | 0 |
| Hi-C® Flashin' Fruit Punch® ^o | Small | 130 | 0 | 0 | 0 | 0 | 0 | 45 | 35 | 1 | 34 | 0 |
| Mello Yello® ^o | Small | 140 | 0 | 0 | 0 | 0 | 0 | 45 | 38 | 1 | 38 | 0 |
| Minute Maid Zero Sugar Lemonade® ^o | Small | 5 | 0 | 0 | 0 | 0 | 0 | 35 | 2 | 1 | 0 | 0 |
| POWERADE® Mountain Berry Blast® ^o | Small | 70 | 0 | 0 | 0 | 0 | 0 | 100 | 19 | 1 | 19 | 0 |
| Sprite® ^o | Small | 120 | 0 | 0 | 0 | 0 | 0 | 60 | 33 | 1 | 33 | 0 |
| Dr Pepper® ^o | Small | 130 | 0 | 0 | 0 | 0 | 0 | 40 | 34 | 0 | 34 | 0 |
| Diet Dr Pepper® ^o | Small | 0 | 0 | 0 | 0 | 0 | 0 | 65 | 0 | 0 | 0 | 0 |
| MEDIUM DRINKS | | | | | | | | | | | | |
| Strawberry Lemonade ^o | Med | 190 | 0 | 0 | 0 | 0 | 0 | 10 | 49 | 0 | 46 | 0 |
| Classic Lemonade ^o | Med | 150 | 0 | 0 | 0 | 0 | 0 | 10 | 38 | 0 | 36 | 0 |
| Barq's® Root Beer ^o | Med | 180 | 0 | 0 | 0 | 0 | 0 | 85 | 50 | 1 | 50 | 0 |
| Coca-Cola® ^o | Med | 180 | 0 | 0 | 0 | 0 | 0 | 50 | 48 | 1 | 48 | 0 |
| Coca-Cola® Zero Sugar ^o | Med | 0 | 0 | 0 | 0 | 0 | 0 | 50 | 0 | 1 | 0 | 0 |
| Diet Coke® ^o | Med | 0 | 0 | 0 | 0 | 0 | 0 | 60 | 0 | 1 | 0 | 0 |
| Fanta® Orange ^o | Med | 180 | 0 | 0 | 0 | 0 | 0 | 45 | 49 | 1 | 49 | 0 |
| Hi-C® Flashin' Fruit Punch® ^o | Med | 180 | 0 | 0 | 0 | 0 | 0 | 60 | 50 | 1 | 49 | 0 |
| Mello Yello® ^o | Med | 200 | 0 | 0 | 0 | 0 | 0 | 65 | 0 | 1 | 54 | 0 |
| Minute Maid Zero Sugar Lemonade® ^o | Med | 10 | 0 | 0 | 0 | 0 | 0 | 55 | 2 | 1 | 0 | 0 |
| POWERADE® Mountain Berry Blast® ^o | Med | 100 | 0 | 0 | 0 | 0 | 0 | 140 | 27 | 1 | 27 | 0 |
| Sprite® ^o | Med | 170 | 0 | 0 | 0 | 0 | 0 | 90 | 46 | 1 | 46 | 0 |
| Dr Pepper® ^o | Med | 180 | 0 | 0 | 0 | 0 | 0 | 55 | 49 | 0 | 48 | 0 |
| Diet Dr Pepper® ^o | Med | 0 | 0 | 0 | 0 | 0 | 0 | 90 | 0 | 0 | 0 | 0 |

^oWith 50% ice fill.



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| LARGE DRINKS | | | | | | | | | | | | |
| Strawberry Lemonade° | Large | 300 | 0 | 0 | 0 | 0 | 0 | 15 | 77 | 0 | 73 | 0 |
| Classic Lemonade° | Large | 400 | 0 | 0 | 0 | 0 | 0 | 25 | 103 | 0 | 96 | 0 |
| Barq's® Root Beer° | Large | 270 | 0 | 0 | 0 | 0 | 0 | 125 | 74 | 1 | 74 | 0 |
| Coca-Cola® | Large | 260 | 0 | 0 | 0 | 0 | 0 | 75 | 71 | 1 | 71 | 0 |
| Coca-Cola® Zero Sugar° | Large | 0 | 0 | 0 | 0 | 0 | 0 | 75 | 0 | 1 | 0 | 0 |
| Diet Coke® | Large | 0 | 0 | 0 | 0 | 0 | 0 | 90 | 1 | 1 | 0 | 0 |
| Fanta® Orange° | Large | 270 | 0 | 0 | 0 | 0 | 0 | 70 | 73 | 1 | 73 | 0 |
| Hi-C® Flashin' Fruit Punch® | Large | 270 | 0 | 0 | 0 | 0 | 0 | 90 | 73 | 1 | 72 | 0 |
| Mello Yello® | Large | 290 | 0 | 0 | 0 | 0 | 0 | 95 | 80 | 1 | 80 | 0 |
| Minute Maid Zero Sugar Lemonade® | Large | 10 | 0 | 0 | 0 | 0 | 0 | 80 | 4 | 1 | 0 | 0 |
| POWERADE® Mountain Berry Blast® | Large | 150 | 0 | 0 | 0 | 0 | 0 | 210 | 40 | 1 | 40 | 0 |
| Sprite® | Large | 250 | 0 | 0 | 0 | 0 | 0 | 130 | 68 | 1 | 68 | 0 |
| Dr Pepper® | Large | 260 | 0 | 0 | 0 | 0 | 0 | 80 | 72 | 0 | 70 | 0 |
| Diet Dr Pepper® | Large | 0 | 0 | 0 | 0 | 0 | 0 | 130 | 0 | 0 | 0 | 0 |
| XL DRINKS | | | | | | | | | | | | |
| Strawberry Lemonade° | XL | 400 | 0 | 0 | 0 | 0 | 0 | 25 | 103 | 0 | 96 | 0 |
| Classic Lemonade° | XL | 320 | 0 | 0 | 0 | 0 | 0 | 25 | 84 | 0 | 80 | 0 |
| Barq's® Root Beer° | XL | 360 | 0 | 0 | 0 | 0 | 0 | 170 | 98 | 1 | 98 | 0 |
| Coca-Cola® | XL | 350 | 0 | 0 | 0 | 0 | 0 | 95 | 94 | 1 | 94 | 0 |
| Coca-Cola® Zero Sugar° | XL | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 0 | 1 | 0 | 0 |
| Diet Coke® | XL | 0 | 0 | 0 | 0 | 0 | 0 | 115 | 1 | 1 | 0 | 0 |
| Fanta® Orange° | XL | 360 | 0 | 0 | 0 | 0 | 0 | 90 | 97 | 1 | 96 | 0 |
| Hi-C® Flashin' Fruit Punch® | XL | 360 | 0 | 0 | 0 | 0 | 0 | 120 | 97 | 1 | 95 | 0 |
| Mello Yello® | XL | 380 | 0 | 0 | 0 | 0 | 0 | 125 | 106 | 1 | 106 | 0 |
| Minute Maid Zero Sugar Lemonade® | XL | 15 | 0 | 0 | 0 | 0 | 0 | 105 | 5 | 1 | 0 | 0 |
| POWERADE® Mountain Berry Blast® | XL | 200 | 0 | 0 | 0 | 0 | 0 | 270 | 53 | 1 | 53 | 0 |
| Sprite® | XL | 250 | 0 | 0 | 0 | 0 | 0 | 130 | 68 | 1 | 68 | 0 |
| Dr Pepper® | XL | 350 | 0 | 0 | 0 | 0 | 0 | 105 | 95 | 0 | 93 | 0 |
| Diet Dr Pepper® | XL | 0 | 0 | 0 | 0 | 0 | 0 | 170 | 0 | 0 | 0 | 0 |

°With 50% ice fill.



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Arby's® Nutrition & Allergen Information (U.S.)

| | Serving Weight (g) or Amount | Calories | Calories from Fat | Fat - Total (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrate (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
|---|------------------------------|----------|-------------------|-----------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|
| MISCELLANEOUS DRINKS | | | | | | | | | | | | |
| Nestle® Pure Life® Bottled Water | 479 | 0 | 0 | 0 | 0 | 0 | 0 | 0+ | 0 | 0 | 0 | 0 |
| Brewed Sweet Iced Tea – Medium Cup | 294 | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 23 | 0 | 22 | 0 |
| Brewed Unsweet Iced Tea – Medium Cup | 358 | 5 | 0 | 0 | 0 | 0 | 0 | 0+ | 1 | 0 | 0 | 0 |
| Honest Kids® Apple Juice Drink | 91 | 45 | 0 | 0 | 0 | 0 | 0 | 0 | 12 | 3 | 8 | 1 |
| Shamrock Farms® Lowfat White Milk <u>Contains: Milk</u> | 214 | 90 | 20 | 2 | 1.5 | 0 | 10 | 105 | 10 | 0 | 10 | 7 |
| • Shamrock Farms® Lowfat Chocolate Milk <u>Contains: Milk</u> | 218 | 150 | 20 | 2.5 | 1.5 | 0 | 10 | 170 | 26 | 1 | 23 | 7 |



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|--|--------------------|----------|-------------------|-----------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|
| BREAKFAST | | | | | | | | | | | | |
| • Sausage Biscuit <u>Contains: Egg, Milk, Soy, Wheat</u> | 144 | 500 | 300 | 33 | 15 | 0 | 40 | 1450 | 36 | 1 | 3 | 12 |
| • Bacon Biscuit <u>Contains: Egg, Milk, Soy, Wheat</u> | 104 | 340 | 150 | 17 | 10 | 0 | 15 | 1180 | 36 | 1 | 3 | 10 |
| • Ham Biscuit <u>Contains: Egg, Milk, Soy, Wheat</u> | 140 | 340 | 140 | 16 | 9 | 0 | 30 | 1420 | 37 | 1 | 4 | 13 |
| • Chicken Biscuit <u>Contains: Egg, Milk, Soy, Wheat</u> † Fish (where available) | 134 | 390 | 160 | 18 | 9 | 0 | 20 | 1330 | 44 | 2 | 2 | 13 |
| • Bacon, Egg & Cheese Sourdough <u>Contains: Egg, Milk, Soy, Wheat</u> | 163 | 470 | 190 | 22 | 8 | 0 | 145 | 1260 | 46 | 2 | 5 | 23 |
| • Bacon, Egg & Cheese Croissant <u>Contains: Egg, Milk, Soy, Wheat</u> | 132 | 430 | 240 | 26 | 13 | 0.5 | 175 | 1010 | 29 | 1 | 4 | 18 |
| • Bacon, Egg & Cheese Biscuit <u>Contains: Egg, Milk, Soy, Wheat</u> | 166 | 470 | 250 | 28 | 14 | 0 | 145 | 1720 | 37 | 1 | 4 | 18 |
| • Bacon, Egg & Cheese Wrap <u>Contains: Egg, Milk, Soy, Wheat</u> † Fish (where available) | 146 | 410 | 220 | 24 | 9 | 0 | 150 | 1330 | 29 | 1 | 2 | 18 |
| • Sausage, Egg & Cheese Sourdough <u>Contains: Egg, Milk, Soy, Wheat</u> | 203 | 630 | 340 | 38 | 13 | 0 | 175 | 1450 | 47 | 2 | 5 | 24 |
| • Sausage, Egg & Cheese Croissant <u>Contains: Egg, Milk, Soy, Wheat</u> | 172 | 580 | 380 | 43 | 19 | 0.5 | 205 | 1200 | 30 | 1 | 4 | 19 |
| • Sausage, Egg & Cheese Biscuit <u>Contains: Egg, Milk, Soy, Wheat</u> | 206 | 630 | 400 | 44 | 20 | 0 | 175 | 1910 | 39 | 1 | 4 | 19 |
| • Sausage, Egg & Cheese Wrap <u>Contains: Egg, Milk, Soy, Wheat</u> † Fish (where available) | 181 | 550 | 350 | 39 | 14 | 0 | 175 | 1420 | 30 | 1 | 3 | 17 |
| • Ham, Egg & Cheese Sourdough <u>Contains: Egg, Milk, Soy, Wheat</u> | 194 | 460 | 160 | 18 | 5 | 0 | 155 | 1290 | 47 | 2 | 4 | 26 |
| • Ham, Egg & Cheese Croissant <u>Contains: Egg, Milk, Soy, Wheat</u> | 162 | 410 | 200 | 23 | 11 | 0.5 | 185 | 1040 | 30 | 1 | 3 | 21 |
| • Ham, Egg & Cheese Biscuit <u>Contains: Egg, Milk, Soy, Wheat</u> | 196 | 460 | 210 | 24 | 12 | 0 | 155 | 1750 | 38 | 1 | 3 | 21 |
| • Ham, Egg & Cheese Wrap <u>Contains: Egg, Milk, Soy, Wheat</u> † Fish (where available) | 178 | 400 | 190 | 21 | 8 | 0 | 165 | 1390 | 31 | 1 | 2 | 20 |
| • Ham & Swiss Croissant <u>Contains: Egg, Milk, Soy, Wheat</u> | 119 | 340 | 160 | 17 | 10 | 0 | 70 | 910 | 29 | 1 | 2 | 17 |
| • Bacon & Cheese Croissant <u>Contains: Egg, Milk, Soy, Wheat</u> | 83 | 330 | 170 | 19 | 10 | 0 | 50 | 740 | 27 | 1 | 2 | 14 |
| • Sausage & Cheese Croissant <u>Contains: Egg, Milk, Soy, Wheat</u> | 123 | 490 | 310 | 35 | 16 | 0 | 80 | 940 | 28 | 1 | 3 | 15 |
| • French Toast Sticks <u>Contains: Soy, Wheat</u> † Egg, Milk, Fish (where available) | 191 | 590 | 225 | 25 | 4.5 | 0 | 0 | 540 | 82 | 3 | 36 | 8 |
| • Sausage Gravy Biscuit <u>Contains: Egg, Milk, Soy, Wheat</u> | 261 | 480 | 250 | 28 | 13 | 0 | 20 | 1770 | 48 | 1 | 3 | 9 |
| • Sausage Gravy Biscuit-Double <u>Contains: Egg, Milk, Soy, Wheat</u> | 522 | 960 | 500 | 56 | 27 | 0 | 35 | 3490 | 95 | 3 | 6 | 18 |
| Potato Cakes (2) † Egg, Milk, Soy, Wheat, Fish (where available) | 100 | 250 | 130 | 14 | 2 | 0 | 0 | 430 | 23 | 2 | 0 | 2 |
| Potato Cakes (3) † Egg, Milk, Soy, Wheat, Fish (where available) | 150 | 370 | 190 | 21 | 3 | 0 | 0 | 650 | 35 | 4 | 0 | 3 |
| Potato Cakes (4) † Egg, Milk, Soy, Wheat, Fish (where available) | 200 | 490 | 250 | 28 | 4.5 | 0 | 0 | 860 | 46 | 5 | 0 | 4 |
| Ketchup Adds | 9 | 10 | 0 | 0 | 0 | 0 | 0 | 85 | 3 | 0 | 2 | 0 |
| Coffee - 12 oz | 355 | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| • Simply Orange® Juice | 309 | 160 | 0 | 0 | 0 | 0 | 0 | 0 | 33 | 1 | 26 | 2 |



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|---|--------------------|----------|-------------------|-----------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------|-------------|
| TOPPINGS | | | | | | | | | | | | |
| Bacon- 3 half strips | 14 | 70 | 45 | 5 | 1.5 | 0 | 15 | 250 | 1 | 0 | 1 | 5 |
| Red Ranch Sauce- 0.5 oz | 14 | 70 | 50 | 6 | 1 | 0 | 0 | 105 | 5 | 0 | 4 | 0 |
| Crispy Onions- 0.5 oz <u>Contains: Egg, Milk, Wheat</u> | 14 | 70 | 45 | 5 | 1 | 0 | 0 | 150 | 6 | 0 | 1 | 1 |
| Cheddar Cheese (Mild Slice)- 1 slice <u>Contains: Milk</u> | 19 | 80 | 60 | 6 | 3.5 | 0 | 20 | 120 | 0 | 0 | 0 | 5 |
| Tomato- 2 slices | 40 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 1 | 0 |
| 4" Sesame Seed Bun <u>Contains: Soy, Wheat, Sesame</u> | 69 | 210 | 35 | 3.5 | 0.5 | 0 | 0 | 340 | 36 | 2 | 5 | 7 |
| Red Onion- 2 slices | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Processed Swiss- 1 slice <u>Contains: Milk, Soy</u> | 13 | 40 | 25 | 3 | 2 | 0 | 10 | 200 | 0 | 0 | 0 | 3 |
| Cheddar Cheese Sauce- 0.75 oz <u>Contains: Milk</u> | 21 | 25 | 15 | 2 | 0 | 0 | 0 | 180 | 2 | 0 | 0 | 0 |
| OPTIONAL/REGIONAL | | | | | | | | | | | | |
| • Super Roast Beef <u>Contains: Soy, Wheat, Sesame</u> | 210 | 440 | 170 | 19 | 6 | 1 | 50 | 1080 | 43 | 3 | 11 | 23 |
| • Arby's Melt <u>Contains: Milk, Soy, Wheat, Sesame</u> | 146 | 330 | 110 | 12 | 4 | 0.5 | 35 | 940 | 39 | 2 | 5 | 18 |
| • Ham & Swiss Sandwich <u>Contains: Egg, Milk, Soy, Wheat</u> | 328 | 730 | 260 | 29 | 9 | 0 | 85 | 1760 | 81 | 5 | 15 | 37 |

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Nutrition information is based on standard product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the restaurant level, and/or season of the year. Certain menu items may not be available at all locations. Temporary products are not included. Nutrition calculations follow federal regulations regarding the rounding of nutritional data. This information is effective as of **April 2026**.

For the most comprehensive and up-to-date information, or to calculate nutrition facts for your favorite menu items, visit www.arbys.com or call 1-800-599-2729.

Arby's Restaurant Group, Inc., its franchisees and employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. Federal regulations have identified 9 major food allergens: milk, eggs, wheat, soybeans, peanuts, tree nuts, sesame, fish, and crustacean shellfish. For your convenience, menu items and ingredients that contain these major allergens have been indicated. Allergen information is determined based on standard product formulations. These product formulations may vary. Fried menu items are cooked in common oil, and possible contact with other major allergens is also indicated. Federal regulation has exempted from allergen declaration any highly refined oil derived from the major food allergens; therefore, soy oil as an ingredient is not indicated as an allergen. Please consult your Doctor to know if you should avoid products that contain highly refined soy oil.

We encourage anyone with food allergies, sensitivities, or special dietary needs to check our website at www.arbys.com on a regular basis to obtain the most comprehensive and up-to-date information.

The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 milligrams for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending upon daily calorie consumption. If you have a food allergy or intolerance, please notify a team member.