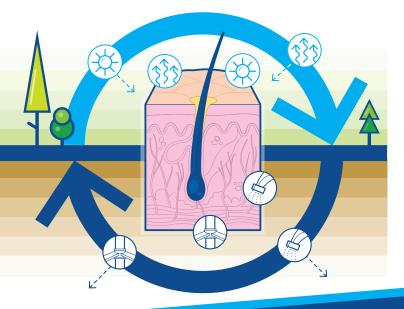




## DID YOU KNOW THAT THE SCALP AND HAIR **HELP EACH OTHER OUT?**

Your scalp encourages hair growth and your hair protects your scalp.



## The hair protects the scalp from:



Physical or light damage



Losing excess heat or moisture

## The scalp provides the hair with:



**Nutrients** 



Physical support

## WHEN YOUR SCALP IS UNDER STRESS, ITS RELATIONSHIP WITH YOUR HAIR IS COMPROMISED.

The scalp needs to prioritize its own health, such as protection and healing, before it can support hair growth.



Lacklustre, brittle hair

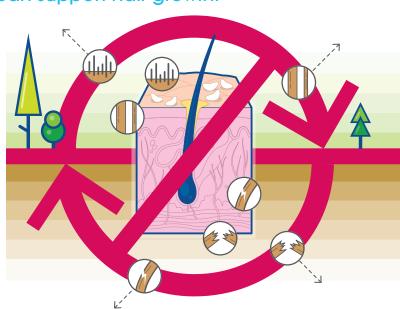


Increased hair breakage



Premature hair loss





Your scalp needs a regular scalp care routine to relieve dryness, irritation, itching and flaking. Head & Shoulders treats and protects the scalp from dandruff and seborrheic dermatitis symptoms. Learn more at www.headandshoulders.ca

