

ONE DAY CHALLENGE

About one day challenges

Team Challenges involve a group of people (anywhere between about 6 and 30 people) carrying out a practical activity to help their local community. They usually take one day with some additional planning by the team leader working with the volunteering delivery partner. Challenges are great for team building and can provide very visible benefits in the local community. Any team within The Co-operative can register to volunteer together on a one day project. If the rest of your team or department doesn't want to volunteer you can register to take part in a day with colleagues from other parts of The Co-operative in your local area. You can suggest a project / organisation that aims to Inspire Young People and/or Keep Communities Thriving if you wish, or the volunteering team will find one for you.

Volunteer Role

Take part in a one-off volunteering day with colleagues from any business within The Co-operative. You could be doing conservation work, decorating a youth club or helping young people with interview skills. Your group will include five or more people, and the day will be able to take place as soon as enough people in your area have registered (in areas where there are large concentrations of staff there will be regular events to sign up to).

Experience and Skills

No previous experience is needed



Time Commitment

Just one day

Training

No training required, volunteers will be briefed at the start of the day on safe working practices

CRB Requirements

Not required

The **co-operative**
volunteer programme

Email: volunteer@co-operative.coop
Phone: 07956 848 791

