



HOWEVER YOU DO IT,
FUNDRAISE
FOR MENTAL WELLBEING

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FEB
2022
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**One in four of us will experience a
mental health problem in any one year**

For more information and to find out how to get support visit coop.co.uk/charitypartnership

#ItsWhatWeDo @coopuk @MindCharity

@SAMHtweets @InspireWBGroup

Working in partnership with:

