



CO OP It's what we d



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RAISING 2020

Raise your game and fundraise for mental wellbeing

Help us reach our goal

We're aiming to raise £.....

One in four people will experience a mental health problem in any one year

For more information and to find out how to get support visit coop.co.uk/charitypartnership #ItsWhatWeDo @coopukcolleague @Mindcharity @SAMHtweets @InspireWBGroup



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working in partnership with:









Mind is a registered charity in England & Wales no. 219830. SAMH (Scottish Association for Mental Health) is a registered charity in Scotland no. SC008897. Inspire Wellbeing is a registered charity in NI no. 103470.

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