



# Co-op Colleague Guide to OH and the Portal





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## 1. Introduction

Duradiamond provides an independent, confidential occupational health service to Co-op.

Occupational health is dedicated to helping people to keep well, and to help them work to their potential regardless of health problems. We know that work is an important ingredient of staying well, and beneficial for people who are having to cope with illness. Helping people to remain in work isn't just good for employers, it's good for their staff too.

The occupational health service is delivered by professionals from a variety of backgrounds, so we can draw on the kind of skills and experience that are most appropriate for any given case.

If you are referred to the Occupational Health Service for any reason, Co-op will make you aware of this in advance. If you are unsure why you have been contacted by us, your line manager will be able to advise you further.

Duradiamond use a secure online portal to request, collect and release medical information from our client's employees. This guide explains how to use that portal.

You will only need to register for the portal once, choosing your password as you do. After that you can log in using your email address and chosen password.

The protection of your personal and sensitive data if of the utmost importance to Duradiamond. We will:

- process any data you provide lawfully, fairly and in a transparent manner, ensuring we only collect the data for specific, explicit and legitimate purposes
- inform you of what information we are processing about you, and will never use it for any other purposes
- ensure the data is relevant, adequate and limited to what we need to know
- Not transfer any of your data outside the United Kingdom





## 2. Who We Are

We are a specialist Occupational Health organisation who employ a variety of professionals, from many backgrounds, drawing on a variety of skills and experience that are most appropriate for any given case. This list includes;

- Doctors
- Nurses
- Physiotherapists
- Registered Mental Health Nurses
- Occupational Health Technicians
- Psychologists and
- Occupational therapists.

We pride ourselves on delivering quality Occupational Health Services and keep that focus on quality, at the centre of everything we do.

## 3. What Happens When Duradiamond Receives A Referral

When we receive the referral from your manager, our clinical team will assess this and decide the best way forward.

Most of the time, our recommendation is to talk to you and therefore a telephone consultation will be arranged. This is how most of our assessments are undertaken. Our experience is that people who have been referred prefer this approach too: it is convenient, doesn't require travel, and means that we can arrange an assessment with the appropriate professional faster. On occasion it is helpful for us to see you in person, for example if any physical examination is needed, and on those occasions, we will offer an appointment for you at one of our clinics.

We may also recommend requesting a report from your GP or treating specialist, to give the best possible advice. To assist this we would also need to know the historic experience of your illness and how you are feeling surrounding this, and the best way to determine this is by speaking with to you.





## 4. Who Are Your Main Contacts At Duradiamond

Your Occupational Health Service is supplied by a number of dedicated individuals and teams at Duradiamond. These dedicated teams manage the running of Occupational Health services and are as follows:

Chief Medical	Dr Seamus Dagens	Responsible for overseeing the clinical
Officer		service supplied to your employer and
		advising on your organisation's strategic
		health plan.
Client	Sophie Dove	Responsible for overseeing the non-
Relationship		clinical aspects of the service and
Manager		contractual agreements.
Client Associate	Team 4	The client associate team are your main
Team	01273 013679	point of contact and are there to answer
	team4@duradiamondhealth.com	day to day queries. The Client Associate
	Open Mon-Eri 9:00 - 17:00	team are responsible for booking all
	(except bank holidays)	appointments, processing paperwork
		and reports.

Your Client Associate team are your first point of contact for all queries. Please contact them by email or telephone using the details above.





## 5. How To Access Our Online Employee Portal

#### 5.1 Registration

If we need you to register for an account on our portal, you will receive an email to your personal email address asking you to register for an account. Your manaager will provide this contact email address to us when they submit the referral.

When you receive the email, click on the link to create your account. You will be asked to enter your email address and click 'Continue'.

User Registration			
Please enter your email	address and date of birt	th to begin the account registration proces	s
Email Address:	Enter email address Please enter your emai	il address	
Date of Birth:		<b></b>	
		Continue	

Create your password.

*Please Note: Passwords must be at least 8 characters in length and contain a mix of upper- and lower-case letters, numbers or symbols.* 

Confirm your personal information and click 'Register'.

User Registration		U	ser Registration
Please enter a password that you will use to log into this site	1	Pleas	se enter the following information.
Password: Password		Title:	Mrļ
Confirm Password: Password		Forename:	Chris
Back	ontinue	Sumame:	Gibson
		Back	Register





Login

Once completed you will receive the following message. Go to your email and click on the link to activate your account.

## **User Registration**



## 5.2 Login

Go to <a href="https://eportal.duradiamondhealth.com/#/">https://eportal.duradiamondhealth.com/#/</a>

You can either click on this link or copy and paste the address into your web browser's navigation bar.

Click 'Login' at the top right of the screen. Gateway

Welcome to the Employee Portal

Enter your email, date of birth and password and click 'Login'. Your date of birth validates against the information your manager has provided.

Login		
Please enter your l	ogin details	
Email:	Email address	
Password:	Password	
Date of Birth:	dd/mm/yyyy	
	I'm not a robot	reCAPTCHA Privacy - Terms
Forgot Password		Login





Once you have logged into the portal, you will be taken to your homepage. This is the screen where you can access all other features of the portal.

#### 5.3 Homepage

After log in you will reach your homepage. From here you will have access to a range of information relating to your contact with the Occupational Health service.

Gateway		christophergibson@mailinator.com +
Employee Portal		Building Healthy Business
Notifications       02/05/2018 (a) 17:06         A new screening questionnaire has been issued which requires your input to complete.       00pen         02/05/2018 (a) 17:06       02:05/2018 (b) 17:06         A new screening questionnaire has been started which requires your input to complete.       00pen         Open       00:00	Appointment Details No appointments Outcome Documents No Outcomes	Information About Your Assessment Referrals - What to Expect Next your referral and what to expect
Guides and Information Guide to Consent and Medical Ethics Guide to Data Protection Privacy & Subject Access Requests		

## **5.4 Notifications**

This section is where you will find the links for any forms which you may need to complete. Once you have completed the form and submitted this back to The Occupational Health Service, a second notification will appear to confirm that the form is with our clinical team for review.

#### **5.5 Appointment Details**

This section acts as a reminder of any appointments which have been arranged for you. You will also receive an accompanying email confirmation for any appointments with additional information. If your manager has shared or mobile number you will also receive a text message confirmation of ay appointment.

## **5.6 Outcome Documents**

Once our clinical team have the information they require to provide your manager with the necessary advice, an outcome document will be shared with you and your manager. This outcome document often takes the form of a fitness certificate or an advice report depending on the reason for your referral. You can download the outcome document from the portal for your records.





#### 5.7 Your Assessment

This video from one of our Chief Medical Officers provides information on what the Occupational Health Service is and what to expect from your interaction with us.

#### **5.8 Guides and Information**

The guides and information focus on explaining your rights in regard to your personal information and consent as well as further details on what the Occupational Health Service is.

## 5.9 Completing A Form

If you have received a notification this means your employer would like you to complete a questionnaire, or that The Occupational Health Service need further information from you to progress your case with us.

To respond to the request, click on the 'Open' link from the notification.

Notifications	
	02/05/2018 @ 17:06
A new screening questionnaire has been issue	d which requires your input to complete.
Open	
	02/05/2018 @ 16:42
A new screening questionnaire has been starte	d which requires your input to complete.
Open	

This will take you to the form you need to complete. The first page will explain what the form is and why you have been asked to complete it.

The subsequent screen will ask you to confirm the personal information which your manager has provided us with. This includes items such as your date of birth and your contact details. You will then be asked a series of medical questions relevant to the reason for your referral to the Occupational Health Service.

Any information you provide in response to medical questions is returned directly to the Occupational Health Service and will not be shown to your manager. The Occupational Health Service will only release summarised information regarding your health to your manager with your consent.



Pre-Placement Questionnaire

Health Questions	3/4	
Please answer the questions below. If box.	you tick yes to any question except the first, please give details in the additional in	formation
Are you currently in good health?	No Ves	*
Do you have any lliness, impairment or disability which may affect your ability to undertake the new role? This would include physical or psychological conditions including learning disorders, such as dystexion or dyspraxia.	⊚ Yes ⊚ No	*
Have you ever had any illness, impairment or disability which may have been caused or made worse by your work?	🔘 Yes 🏐 No	*
Are you taking any medication or undertaking, or waiting for, any treatment or investigations at present? If yes, please give details of the condition, medication and/or treatment and dates below	⊚ Yes ⊚ No	*
Do you think you may need any adjustments or assistance to help you to undertake the new role?	Yes No	*
Please use the box to give details of any other health conditions that you are suffering from, or have suffered from in the past.		
Are there any dates that you cannot attend an assessment, if one is required?		
		Back Save Next
		Next

- Any field marked with a '\*' is mandatory and must be completed before you can complete the form
- Use the 'Next' and 'Back' Buttons to navigate through the pages

• The 'Save' button allows you to save your progress so that you can continue to complete the form later

When you save your progress, you can return to the partially completed form by clicking on the 'Open' link from the Notifications section again.

The final screen before you submit your form to The Occupational Health Service is a declaration. You need to read this and confirm that you agree.

Once you have completed the form, a new notification will appear to confirm this is now with the clinical team for screening.

Notifications	
	02/05/2018 @ 17:15
You have successfully completed the Screening Ques for review.	tionnaire, it's now with our clinical team
	02/05/2018 @ 17:00
A new screening questionnaire has been issued which	h requires your input to complete.
Open	
	02/05/2018 @ 16:42
A new screening questionnaire has been started whic	h requires your input to complete.
Open	





If you try to complete a form which you have already submitted, a pop up will appear to confirm that no further action is required.

ſ	Already Complete ×	
C	This form has already been completed.	
	ок	

#### 5.10 Logout

Once you have finished using the portal you will need to logout.

To do this, click on your email address in the top right-hand corner and select 'Logout' from the dropdown list which appears.

🕥 Gateway		chris	tophergibson@mailinator.com +
Employee Portal		Buildi	
Notifications	Appointment Details	Information About Your Assessment	

#### 5.11 Forgotten Password

If you have forgotten your password, then you can reset this from the login screen by clicking on 'Forgot Password'.

Login		
Please enter your l	ogin details	
Email:	Email address	
Password:	Password	
Date of Birth:	dd/mm/yyyy	
	I'm not a robot	reCAPTCHA Privacy - Terms
Forgot Password		Login

Enter the email address you used to register for an account and click 'Submit'.





Forgotten Password			
Please enter your login details. We will send you an email with a link in it that will allow you to reset your password.			
Email:	Email address		
Cancel		Submit	

If the email address you have entered matches the one in our system, you will be sent a password reset email. Click on the link in this email to set a new password and log in.

## 6. Management Referrals

## 6.1 Attending an Independent Medical Assessment (IMA)

Following a referral from your manager or a questionnaire you have submitted to us, you may be asked to attend an assessment, this will be conducted by telephone most of the time. However, on occasions we may need to see you in person in which case you will be asked to attend an appointment at one of our clinics. An assessment is the most common outcome following a referral.

#### 6.2 The Assessment

The clinician will want to know how your illness is affecting you and your ability to undertake tasks, and what kind of help and support might be useful. We are very clear that helping you to work is our objective (as well as helping you to get better), so at the outset we will check that this is what you want too.

All information that you send us is kept securely and in medical confidence, to be used by our doctors, nurses and other clinicians only.

## 6.3 The Assessment Report

At the end of the assessment we will talk to you about the kind of things that you, we, your GP and Co-op could do that would help you to work. We will want to share these ideas with Co-op and your GP too, and will ask for your consent to include them in the assessment report.

The OH Service will treat the information you discuss with us as confidential and we confirm it will not be shared with either Co-op or GP without your consent.

In our reports, we won't mention health problems that aren't relevant to your work. We will always tell you what we will be putting in the report so there will be 'no surprises', and when we have prepared a written report you will be asked if you would like to see a copy of it before your manager or at the same time as them. If you do want a copy, we will ask you for your e mail address at the assessment so we can send it to you.

Much of the time one assessment may be all that is needed because fortunately most health problems are only temporary. If your case is more complicated and we think that further review is going to be helpful, then we will also advise what the follow-up arrangements should be.





## 7. Additional Information

Additional guides in relation to your rights and consent when interacting with the Occupational Health service are available from your portal homepage. If you do not have access, the Client Associate Team are more than happy to provide copies of these via email.

## 8. When To Expect Contact From Us

Throughout the duration of your OH referral there are a few times when we will be in contact with you.

## 8.1 Notification of Appointment

Following a referral from your manager or submission of a questionnaire, our clinical team may feel that it is necessary to arrange an appointment with you. This appointment could be via telephone or in a face to face setting.

If a face to face appointment is required, our administrators will book the first available appointment, as close as possible to your location.

Once an assessment has been booked for you we will send confirmation of the appointment to both you and your manager. These are normally sent via email and text message; however, we can send confirmation by post if required. Any appointments you have pending can be seen when you log into your portal on the homepage.

Charges will apply to any appointments which are cancelled with less than 2 working days' notice or if you don't attend on the day with no prior notice. If an appointment which has been booked for you is unsuitable for any reason, then please do let us know as soon as possible.

Please note, if you arrive for an appointment more than 10 minutes late the clinician may not be able to complete the assessment but the appointment will still be charged.

## 8.2 GP or Specialist Report

Sometimes the Occupational Health Service may feel that it is necessary to obtain a report from your GP or treating specialist to enable us to provide meaningful advice to your manager. We will only write to your treating doctors with your express consent, if required either the Client Associate team or your manager will ask you to complete a consent form and return it to us.

The reverse side of the consent form outlines all your rights and consent options, and how to exercise your rights. You will need to read this in detail and then complete the consent options on the first page of the form before signing and returning it to the Client Associate Team.





## 8.3 Available Outcome Document

When the Occupational Health Service have all the information they require, an outcome document will be shared with you and your manager.

An email will be sent notifying you that the document is available for download and then you can access it through your portal account.

To review an outcome report, log into your portal account. The outcome reports are accessed from your homepage.

Appointment Details
No appointments
Outcome Documents Outcome report finialised on 28 February, 2017 3:07pm click on link to
view document
View

If you have requested to view a report prior to its release to your manager, then you can preview the document here. You can either accept the outcome report, in which case our system will automatically send it on to your manager. Or, you can make us aware of any factual inaccuracies that you may have seen.

In some instances, if we do not have an email address for you, or you have not registered for an account. The outcome document will then be posted to you as an alternative.





## 9. Security

Data held or processed by The Occupational Health Service's bespoke IT system is completely confidential. Data is encrypted in transit and at rest, and a range of other managed controls provide a reliable framework to secure your data. The system and its associated processes are managed under an ISO27001 information security management system to provide evidential assurance that your transactions with Occupational Health are adequately and proportionately protected throughout their lifecycle in terms of confidentiality, integrity, and availability and that they comply with relevant contractual, regulatory, and legal requirements.

## **10. Your Responsibilities**

- Never share your portal password with anyone.
- If you are using a public computer, ensure you log out of your account before leaving the website.
- Be mindful of who can see the information on your computer screen while you are logged into the portal.
- If you move away from your workstation, lock your computer so your screen is not visible.





# 11. Abbreviations and Acronyms

AFOM	- Associate of the Faculty of Occupational Medicine
СВТ	- Cognitive Behavioural Therapy
СМО	- Chief Medical Officer
COSHH	- Control of Substances Hazardous to Health
CRM	- Client Relationship Manager
DDA	- Disability Discrimination Act
DHC	- Duradiamond Healthcare
DNA	- Did Not Attend (Appointment)
DPA	- Data Protection Act
DSE	- Display Screen Equipment
EAP	- Employee Assistance Programme
FFOM	<ul> <li>Fellow of the Faculty of Occupational Medicine</li> </ul>
FME	- Further Medical Evidence
GP	- General Practitioner
PPQ	- Pre-Placement Questionnaire
HCP	- Health Care Practitioner
HSE	- Health and Safety Executive
ICD	- International Classification of Diseases
IHR	- Ill Health Retirement
IMA	- Independent Medical Assessment
MFOM	<ul> <li>Member of the Faculty of Occupational Medicine</li> </ul>
MR	- Management Referral
NWQ	- Night-workers Questionnaire
OH	- Occupational Health
OHA	<ul> <li>Occupational Health Adviser (Nurse)</li> </ul>
OHP	<ul> <li>Occupational Health Physician (Doctor)</li> </ul>
PCV	- Passenger Carrying Vehicle
RIDDOR	- Regulating of Injuries, Diseases and Dangerous Occurrences Regulations
UPPQ	<ul> <li>Unsatisfactory Pre-Placement Questionnaire</li> </ul>
WR	- Work Related
WSA	- Work Station Assessment
WTR	- Working Time Regulations