

Health Assessments for Co-op Colleagues.

Location Map

Fitness & Wellbeing Clubs

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|----------------------------|----------------------------------|
| 1. Aberdeen | 16. London - Moorgate |
| 2. Birmingham Rubery | 17. London - Paddington |
| 3. Birmingham Central | 18. Manchester Printworks |
| 4. Bristol | 19. Milton Keynes |
| 5. Bromley | 20. Norwich |
| 6. Cambridge | 21. Nottingham |
| 7. Cannock | 22. Reading |
| 8. Crawley | 23. Romford |
| 9. Edinburgh | 24. Sheffield |
| 10. Farnham | 25. St Albans |
| 11. Glasgow Central | 26. Stoke Poges |
| 12. Harrogate | 27. Surbiton |
| 13. Liverpool | 28. Tunbridge Wells |
| 14. London - City | 29. Warwick |
| 15. London - Covent Garden | 30. West Byfleet |

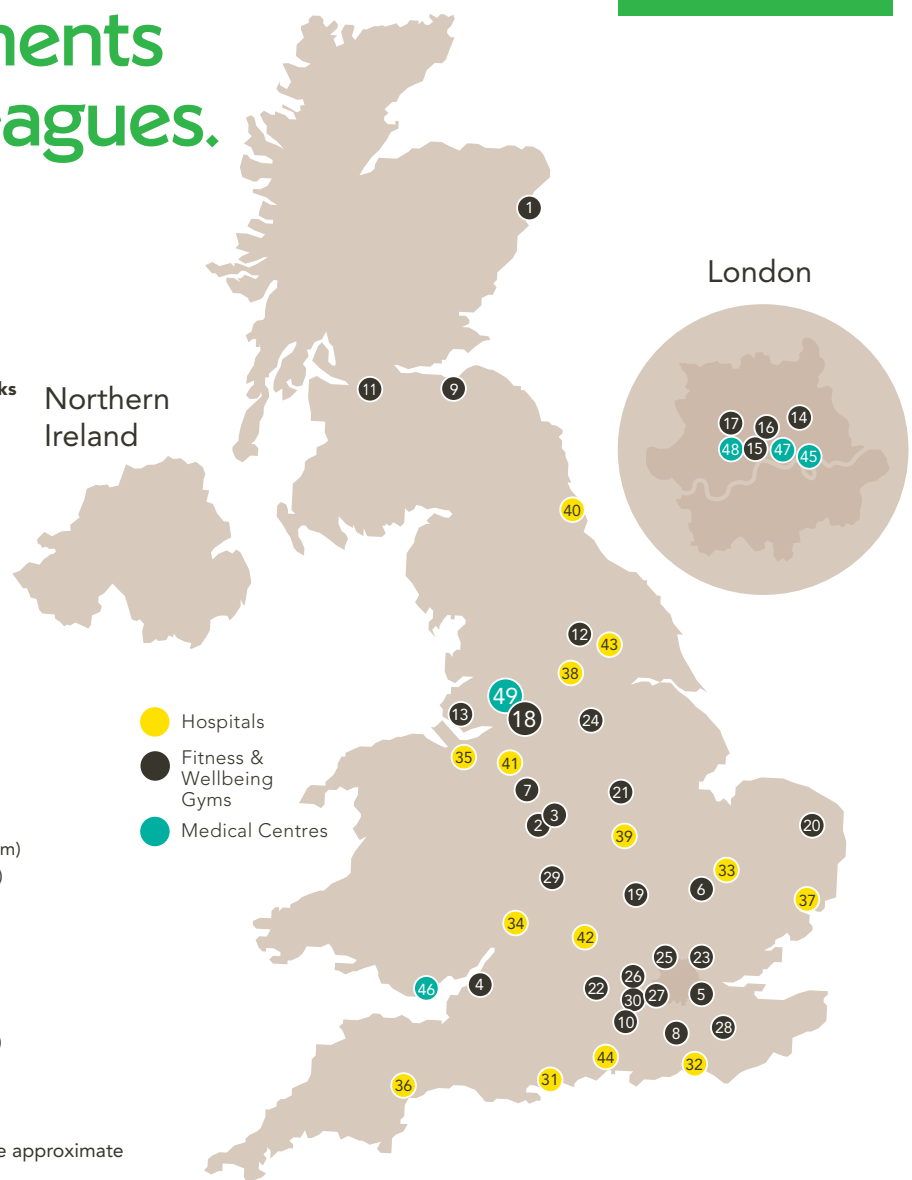
Hospitals

- | | |
|---------------------|-----------------------------|
| 31. Bournemouth (m) | 38. Leeds (m) |
| 32. Brighton (m) | 39. Leicester (m) |
| 33. Cambridge (m) | 40. Newcastle upon Tyne (m) |
| 34. Cheltenham (m) | 41. North Staffordshire (m) |
| 35. Chester (m) | 42. Oxford (m) |
| 36. Exeter (m) | 43. York (m) |
| 37. Ipswich (m) | 44. Wessex (m) |

Medical Centres

- | | |
|-------------------|---------------------------|
| 45. Canary Wharf | 48. London - West End (m) |
| 46. Cardiff (m) | 49. Manchester (m) |
| 47. London - City | |

(m) Mammography carried out here. Map positions are approximate



At Nuffield Health, all our health assessments focus on preventative health. This means that we concentrate on informing you about your current health and wellbeing by discussing potential issues, whilst also reinforcing good behaviours. Through a number of different lifestyle, medical and non-invasive tests, our health assessments will allow you to understand how to take control of your health. The focus is not to diagnose, but to allow you to understand your body and health. However, if further tests are required, our doctors can refer you to the relevant health experts, both via the NHS and privately, if you have access to the appropriate benefit/cover.

Co-op colleagues who are not entitled to Co-op funded benefit are able to take advantage of the corporate costs negotiated for the Co-op and can self-pay for themselves and members of their immediate family, choosing any of the assessments available.

Health Assessment Options & Costs

Co-op funded entitlement:

Assessment Type	Funded by Co-op for you (Eligible Colleagues)
360+	Grade A-C (Group)
360	Grades A-C (GI/CFSMS)
Lifestyle+	Grade D (Group)
Female	Grade D (Group)
Mammography	Grades A – D (Where clinically indicated)

Self-funded option for colleagues with no Co-op funded entitlement and immediate family members of all colleagues:

Assessment Type	Self-Funded Cost to Colleague	Saving against Nuffield Health Standard Costs
360+	£475	£274
360	£350	£214
Lifestyle+	£225	£42
Female	£228	£108
Mammography	£90	

Nuffield Health. Specialists in you.