

Black History Month 2021

October 2021

Programme of events



It's what we do

Schedule of events

Week 1

Rise Listening Circle: Leaders share their views about race

Monday 4th October 2pm - 3pm

[Book here](#)

June Sarpong: Unpicking unconscious bias, white privilege and fragility

Tuesday 5th October 10am - 11am

[Book here](#)

Rise Book & Film Club: Discussions on Race, different Cultures and intersectionality based on a book, film or a TED talk

Wednesday 6th October 4pm - 5pm

[Book here](#)

'Proud To Be' Storytelling: Black Experiences, featuring special guest: Travis Alabanza who is a writer, performer and theatre maker from Bristol. Their writing, performance and public discourse centres on trans and Black identities.

Thursday 7th October 11am - 12pm

[Book here](#)

Schedule of events

Week 2

Rise Listening Circle: Colleague experiences of racial abuse at work

Monday 11th October 2pm - 3pm

[Book here](#)

Live Event: Food & festival session with Know Africa (community). Mix of conversation and cooking (like Saturday kitchen)

We'll be joined by Know Africa, a charity dedicated to supporting, empowering, and celebrating the diverse cultural population of African people living in Manchester and beyond. They recently helped us launch our first Community Fridge in Wythenshawe, supported by the environmental charity Hubbub, as part of a new partnership to fast-track the expansion of the Community Fridge Network across the U.K

Tuesday 12th October 11am - 12pm

[Book here](#)

Mental health and Mindfulness for reducing bias and coping with racism

Wednesday 13th October 3pm - 4pm

[Book here](#)

How businesses are tackling the race equality agenda: Panel, hosted by Denise Scott-McDonald

Thursday 14th October 9am

[Book here](#)

Schedule of events

Week 3

Rise Listening Circle: What's the change you want to see for racial equality

Monday 18th October 2pm - 3pm

[Book here](#)

Food & Festival session - Caribbean cooking with Ed + Bosede Nelson

Tuesday 19th October 1pm - 2pm

[Book here](#)

Sharon Amesu Learning session: What leaders can do to support the Career Progression of Black colleague

Wednesday 20th October 10am - 11am

[Book here](#)

Rise Book & Film Club: Discussions on Race, different Cultures and intersectionality based on a book, film or a TED talk

Wednesday 20th October 4pm - 5pm

[Book here](#)

Modern Racism and its impact on Wellbeing & Performance hosted by managing consultants from Pearn Kandola

Thursday 21st October 10.30am - 12pm

[Book here](#)



Schedule of events

Week 4

Rise Listening Circle: How to be a better Ally

Monday 25th October 2pm - 3pm

[Book here](#)

Developing confidence in conversations about race

Tuesday 26th October 12pm - 1pm

[Book here](#)

Allyship, Accountability and Action Workshop with Obi James

Thursday 28th October 11am - 1pm

[Book here](#)