

# Business Continuity

## Winter Weather Advice

### Preparing for winter

It's that time of year when winter storms and freezing temperature cause havoc. This section includes useful hints and tips on how to prepare for the problems winter brings.



By entering the acronym ICE - for In Case of Emergency - into your mobile's phone book, users can log the name and number of someone who should be contacted in an emergency.

Before setting off on a journey, think about how severe weather could impact on you. It could mean your journey will take longer than expected. Being prepared only takes a few simple steps.

Before travelling in bad weather, you should:-

- Consider whether you need to travel right now, or if you can wait until the weather improves.
- Check the weather forecast and road conditions ([BBC Weather](#) website or the [Met Office](#)).
- Think about alternative routes and modes of transport.
- Allow extra time for your journey.
- Tell someone your destination and when you expect to arrive.
- Make sure your car is ready for a journey in poor weather.
- Fully charge your mobile phone.

- Make sure you have appropriate clothing, equipment and food.
- Pack an emergency travel kit if you are travelling by car - this will stand you in good stead at any time of year.
- Consider fitting winter tyres to your vehicle (see the [Tyresafe](#) website for more information).
- See [Transport Scotland's](#) guidance on driving in bad weather.
- Visit the [AA website](#) for advice on motorcycling in winter.

## Cycling and walking

- If cycling, ensure you and your bike are visible to other road users.
- Consider heavier duty tyres to cope with slippery surfaces and get a routine bike maintenance check.
- Wear clothes that help you be seen on your bike such as bright and light reflective items.
- Get a good set of mud guards.
- [British Cycling](#) have produced a range of useful 'How to' guides - a number of which will help you prepare for cycling in winter weather.
- If walking in bad conditions, take the usual sensible precautions - wear appropriate footwear and clothing.
- Consider getting ice grips to wear over your shoes - this can give you an extra grip in icy conditions.