



You have unlimited access to a 24/7 virtual GP as well as a range of other health and wellbeing experts.

- 1 24/7 GP - book your 30 minute video or telephone consultation
- 2 Best Doctors® - a second medical opinion service
- 3 Mental health support
- 4 Health check
- 5 Nutrition consultation
- 6 Online fitness programme

Giving you and your family 24/7, 365, unlimited access to health and wellbeing experts at no extra cost - wherever you are in the world.

To access Smart Health, you'll need your policy number LG012636. The website is suitable for desktop, tablets and smartphones. Or, download the app which allows you to access a 24/7 GP on the go. It is available for iOS and Android - via the App Store or Google Play.

If you have any questions, call 020 3499 0167 or visit www.aiglife-smarthealth.com