

Travel Guide

Car-free travel options
for Cabot Park

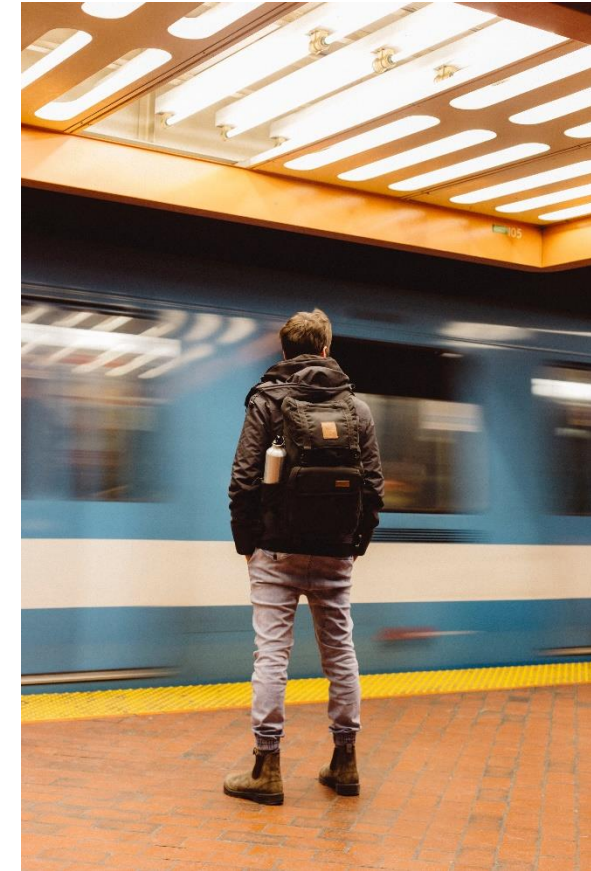


Overview

CONTENTS

- 2 Overview
- 3 Severnside map
- 4 Travel by bike
- 5 Cycle routes
- 6 Cycle map
- 7 Support for cycling
- 8 Rail map
- 9 Rail timetable 1
- 10 Rail timetable 2
- 11 Rail timetable 3
- 12 Multi-modal journeys
- 13 Bus map
- 14 - 17 Bus – no.3&4
- 18 Bus – no.10
- 19 - 22 Bus – no.10&11
- 23 - Ride & Stride

The Severn Ride and Stride project aims to help people travel sustainably across Portbury, Avonmouth & Severnside and the surrounding areas. Key to our work is sharing the range of ways it is currently possible to travel, supported with maps and free travel advice, to enable people to access work or other journeys. The project is delivered by SevernNet: <https://severnnet.org/rideandstride/>



Cabot Park map

Cabot Park is accessible by a network of sustainable travel options including rail, bus and using the walking and cycling network. This guide aims to identify the range of possible ways to move within the area to help people travel and get to work. This guide focuses on travel to Cabot Park (CP).





Travel by bike & scooter

Cabot Park (CP) is connected by a number of National Cycle Network (NCN) routes which offer several safer ways to travel by bike or scooter. NCN41 passes through CP linking to **Severn Beach, Redwick** and **Northwick** to the north and to **Lawrence Weston, Shirehampton, Avonmouth, Portbury** and **Pill**, mostly via safe on-pavement paths. NCN4 links **North Bristol** via **Cribbs Causeway** and **Henbury** which joins NCN41 at **Severn Beach**. The routes are marked by blue signage usually with a red number. Some sections are on quiet roads, but many are separated from traffic being on stretches pavement designated as 'shared use', making cycling safer and more enjoyable.



There are other shared paths across the area which make cycling safer, notably alongside the A403 between Severn Beach and Avonmouth. This runs past St. Andrew's station to Avonmouth station, which has regular train services. This makes a very practical link to the city centre via the Portway/A4 pavement path. With key cycle routes and local rail services, there are viable opportunities to travel to CP by bike. (See Rail information later in this document)

You could help your colleagues by nominating a **cycling champion** and setting up a **BUG** (Bike User Group) to support each other. We can also help your organisation access tools and there are grants for installing cycling facilities like parking and showers. We run an area wide active travel group on Facebook which can be joined [here](#). **You can view routes on our interactive maps [here](#)**

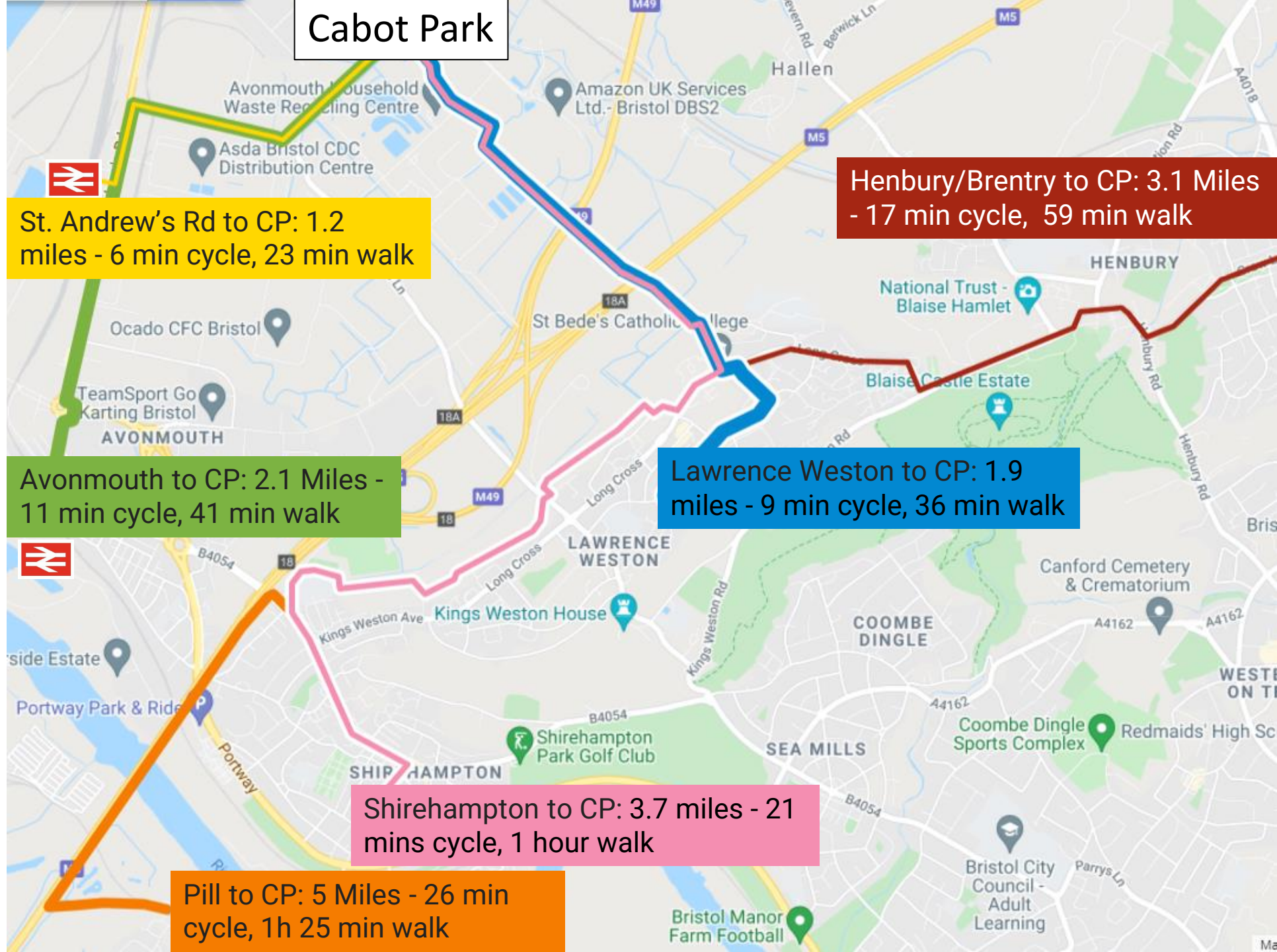


Cabot Park (CA) is accessible by bike from neighbouring villages and towns.

These routes may also be combined with rail from Avonmouth station or St. Andrew's Rd station, creating viable links to Central and East Bristol inc. Easton, Lawrence Hill and Barton Hill.

Most of these routes are safe on-pavement shared paths.

[View full map as PDF here](#)



Cabot Park

St. Andrew's Rd to CP: 1.2 miles - 6 min cycle, 23 min walk

Henbury/Brentry to CP: 3.1 Miles - 17 min cycle, 59 min walk

Avonmouth to CP: 2.1 Miles - 11 min cycle, 41 min walk

Lawrence Weston to CP: 1.9 miles - 9 min cycle, 36 min walk

Shirehampton to CP: 3.7 miles - 21 mins cycle, 1 hour walk

Pill to CP: 5 Miles - 26 min cycle, 1h 25 min walk



Support for cycling

Severn Ride and Stride offers a range of support to help cyclists or to encourage people to start riding. We're keen to help more people ride and help employers to assist their colleagues to get to work. With well documented benefits to well-being, a more sustainable site and reduced car parking burden, there's plenty of reasons to promote cycling.



Free bike loans – borrow a bike for up to 3 months, inc. e-bikes. We also offer Pool Bike Scheme trials for organisations to have a fleet on site



Free 'Dr Bike' sessions – on-site bike servicing and repairs available in the workplace



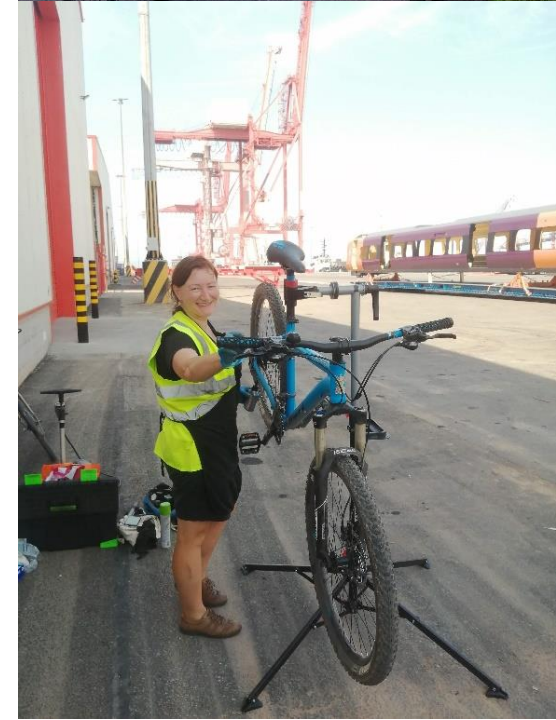
Free cycle training – advanced or beginner sessions, 1to1 or groups, to build confidence and safe cycling techniques



Free travel advice – we are available to discuss route planning and can assist with general advice



Support to become a 'cycle friendly employer': Grants to install facilities such as cycle parking/showers, nominate a cycle champion and have a tool kit on site



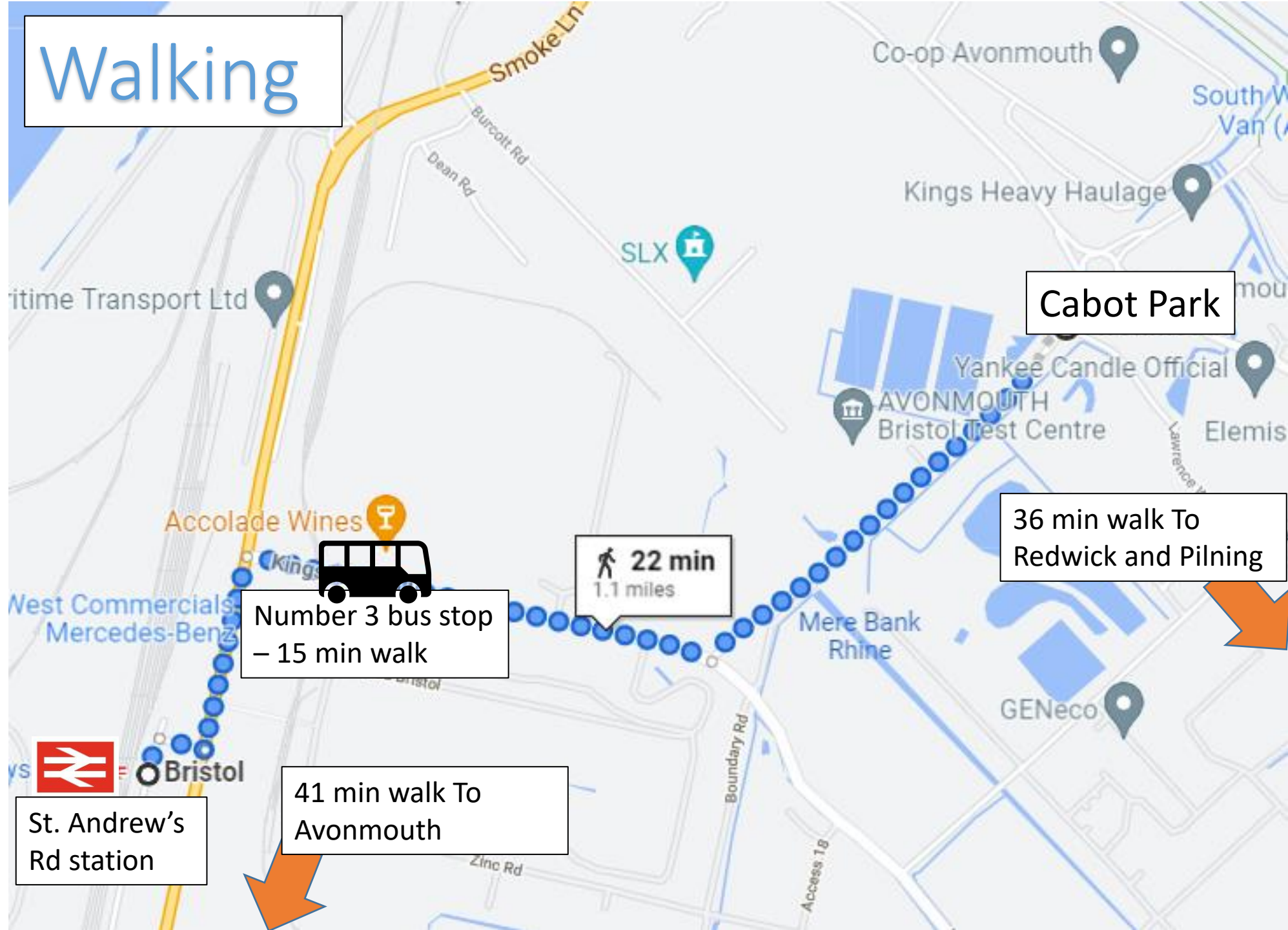


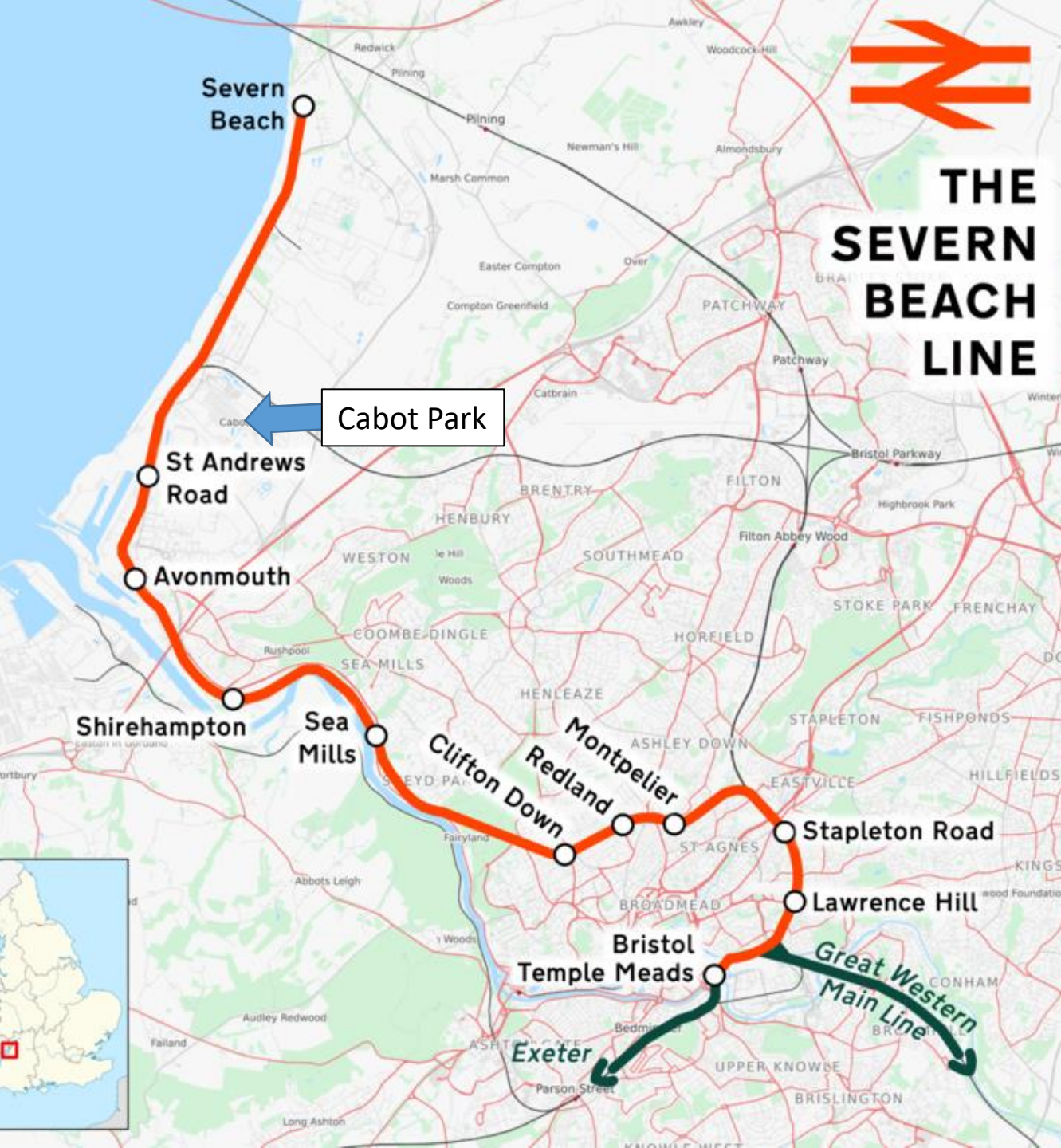
Cabot Park is walking distance to a few villages but needs to be in conjunction with rail or bus to walk from most places.

St. Andrew's train station is roughly a 22 minute walk (1.1 Miles) away from CP. Lawrence Weston is about a 36 minute walk to CP.

We can arrange free travel advice on how to get to the area on foot in conjunction with the train from Severn Beach. [Email us here.](#)

E-bike and e-scooter sharing is possible from Voi or Big Issue bikes





Rail



Severnside has a number of train stations which enable travel to the area. The stations closest to CP are **St Andrews Road** (1.2 miles) and **Avonmouth** (2.1 miles).

Regular services run on the Severn Beach Line (Great Western Railway **B8**) to **Avonmouth** Station from **Bristol Temple Meads** - about 1 an hour between 0500 and 2230. Fewer of those trains continue to **St. Andrew's Rd.**









Note: Service frequency on the line is set to double from December 2021 making **St. Andrew's Rd.** a more viable option. There will also be some direct trains from **Weston-Super-Mare.**









A return ticket to Bristol is only £3 (as of 2021).

If combined with cycling or scooting, trains are a practical way to get to work in CP. Rail journey time from Bristol Temple Meads is approximately 28 mins to **Avonmouth** and 30 mins to **St. Andrew's Rd.**

Full timetables here: <https://www.gwr.com/plan-journey/train-times>. Sample timetable on next page.

MONDAYS TO FRIDAYS

Facilities		R			R			R			R			R			R			R			R						
Weston-super-Mare 	d	0639	.	0710	.	.	.	0739	.	.	0810	.	.	.						
Bath Spa 	⑦ d	0628	.	0646	.	0711	.	0725	.	0750	.	.	0810	.	0829	.	0847						
Bristol Temple Meads 	⑩ d	0512	0537	0546	0553	0606	0618	0626	0653	0701	0707	0725	0740	0745	0753	0757	0816	0823	0830	0834	0845	0856	0911	0915					
Lawrence Hill	d	0515	0540	0549	.	0609	0622	0630	0657	0704	.	0729	.	0748	.	0800	0819	0828	0833	0838	0848	.	0914	0919					
Stapleton Road	d	0517	0542	0552	.	0612	0625	0632	0700	0706	.	0732	.	0751	.	0802	0822	0831	0835	0840	0851	.	0916	0921					
Filton Abbey Wood	a	.	.	0557	0601	0617	.	0637	0705	.	0714	0737	0747	0756	0801	.	0827	0835	.	0845	0856	0903	.	0927					
Patchway	a	.	.	.	0605	.	.	0641	.	.	.	0741	.	.	0810	.	.	0840					
Bristol Parkway 	⑦ a	.	.	0602	.	0621	0718	.	0753	0801	0850					
Yate	a	0630	0803	0859					
Montpelier	d	0521	0545	.	.	.	0630	.	.	0709	0805	.	.	0838	.	.	.	0919	.						
Redland	d	0523	0547	.	.	.	0632	.	.	0711	0807	.	.	0840	.	.	.	0921	.						
Clifton Down	d	0526	0550	.	.	.	0635	.	.	0714	0811	.	.	0845	.	.	.	0924	.						
Sea Mills	d	0530	0554	.	.	.	0639	.	.	0718	0815	.	.	0849	.	.	.	0928	.						
Shirehampton	d	0533	0558	.	.	.	0642	.	.	0722	0819	.	.	0853	.	.	.	0932	.						
Avonmouth	a	0537	0601	.	.	.	0646	.	.	0725	0822	.	.	0856	.	.	.	0935	.						
Avonmouth	d	0537	0646	.	.	0726	0936	.						
St Andrews Road	d	0541	0650	.	.	0730						
Severn Beach	a	0548	0657	.	.	0737	0945	.						
Train continues to		CDF			WOF		CDF		CDF		SWA		CDF		GCR		CDF			CDF			GMV		CDF				
Facilities		R			R			R			R			R			R			R			R						
Weston-super-Mare 	d	0848	.	0910	.	.	0948	.	.	1010	.	.	1046	.	1110	.	.	1142	.	.	1210	.	.	1248					
Bath Spa 	⑦ d	.	0911	.	0936	.	.	.	1011	.	1037	.	.	1107	.	1138	.	.	.	1211	.	1239	.	.					
Bristol Temple Meads 	⑩ d	0924	0933	0945	0957	1001	1027	1036	1039	1045	1057	1111	1120	1132	1145	1157	1202	1225	1236	1238	1245	1257	1311	1321					
Lawrence Hill	d	.	0937	0948	.	1004	.	.	.	1048	.	1114	.	1136	1148	.	1205	.	.	.	1248	.	1314	.					
Stapleton Road	d	.	0940	0951	.	1006	.	1039	.	1051	.	1116	.	1139	1151	.	1207	.	1239	.	1251	.	1316	.					
Filton Abbey Wood	a	0934	0945	0956	1004	.	1034	.	1046	1056	1104	.	1130	1143	1156	1204	.	1232	.	1246	1256	1304	.	1329					
Patchway	a	0939	1040	1141	1241	1339					
Bristol Parkway 	⑦ a	.	0949	1051	1149	1250					
Yate	a	.	0958	1100	1158	1259					
Montpelier	d	1009	.	1043	.	.	.	1119	1210	.	1243	.	.	.	1319	.					
Redland	d	1011	.	1045	.	.	.	1121	1212	.	1245	.	.	.	1321	.					
Clifton Down	d	1015	.	1048	.	.	.	1124	1216	.	1248	.	.	.	1324	.					
Sea Mills	d	1019	.	1052	.	.	.	1128	1220	.	1252	.	.	.	1328	.					
Shirehampton	d	1023	.	1056	.	.	.	1132	1224	.	1256	.	.	.	1332	.					
Avonmouth	a	1026	.	1059	.	.	.	1135	1227	.	1259	.	.	.	1335	.					
Avonmouth	d	1137	1336	.					
St Andrews Road	d	1340	.					
Severn Beach	a	1146	1347	.					
Train continues to		CDF		GCR		CDF		CDF		GMV			CDF		CDF		GCR		CDF			CDF		GMV		CDF		CDF	

Facilities		(R)	(R)		(R)		(R)		(R)		(R)		(R)		(R)		(R)		(R)		(R)				
Weston-super-Mare 	d	.	1310	.	.	1347	.	.	1410	.	.	1446	.	.	1511	.	.	.	1547	.	.	1610	.	.	
Bath Spa 	⑦ d	1316	.	1338	1437	.	.	1502	1511	.	1537	1611	.	1637 1630dl		
Bristol Temple Meads 	⑩ d	1339	1345	1356	1400	1424	1435	1439	1445	1457	1511	1521	1527	1538	1545	1556	1600	1604	1626	1636	1638	1645	1656 1703		
Lawrence Hill	d	.	1348	.	1403	.	.	.	1448	.	1514	.	1530	.	1549	.	1603	1608	.	1639	.	1648	.	1706	
Stapleton Road	d	.	1351	.	1405	.	1438	.	1451	.	1516	.	1533	.	1551	.	1605	1610	.	1641	.	1651	.	1709	
Filton Abbey Wood	a	1345	1356	1403	.	1431	.	1446	1456	1504	.	1528	1539	1545	1557	1603	.	1615	1633	.	1645	1657	1705	1714	
Patchway	a	1441	1539	1640	
Bristol Parkway 	⑦ a	1350	1454	1550	.	.	.	1620	.	.	1650	.	.	1719	
Yate	a	1359	1504	1559	1659	.	.	.	
Montpelier	d	.	.	.	1408	.	1442	.	.	.	1520	1608	.	.	1644	
Redland	d	.	.	.	1410	.	1444	.	.	.	1522	1610	.	.	1646	
Clifton Down	d	.	.	.	1415	.	1448	.	.	.	1525	1616	.	.	1649	
Sea Mills	d	.	.	.	1419	.	1452	.	.	.	1529	1620	.	.	1653	
Shirehampton	d	.	.	.	1423	.	1456	.	.	.	1532	1624	.	.	1657	
Avonmouth	a	.	.	.	1426	.	1459	.	.	.	1536	1627	.	.	1700	
Avonmouth	d	1537	
St Andrews Road	d	1541	
Severn Beach	a	1548	
Train continues to		GCR		CDF		CDF		GMV		CDF		CDF		GCR		CDF		CDF		WOF		CDF			
Facilities		(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)	(R)		
Weston-super-Mare 	d	.	1642	.	1710	.	.	1746	.	1810	.	.	1846	.	.	1910	.	1948	.	.	2010	.	2057	.	
Bath Spa 	⑦ d	.	.	1710	.	1737	.	.	1819	.	.	1837	.	.	1904	.	1938	.	.	2007	.	2038	.	2111	
Bristol Temple Meads 	⑩ d	1712	1722	1738	1745	1756	1803	1822	1841	1845	1850	1856	1923	1929	1938	1946	1956	2020	2027	2042	2045	2057	2130 2137		
Lawrence Hill	d	1715	.	.	1748	.	1806	1826	.	1849	1853	.	1926	1932	1941	.	.	.	2030	.	2048	.	.	2141	
Stapleton Road	d	1717	.	.	1751	.	1808	1830	.	1851	1856	.	1929	1934	1944	.	.	.	2033	.	2051	.	.	2143	
Filton Abbey Wood	a	.	1729	1745	1756	1803	.	1834	1848	1856	.	1905	1934	.	1949	1954	2004	2027	.	2049	2056	2104	2137 2149		
Patchway	a	.	1733	1845	1945	2032	2141	.	
Bristol Parkway 	⑦ a	.	.	1750	1803	.	.	.	1856	1901	1954	1958	.	.	.	2056	2100	.	.	2154	
Yate	a	.	.	1759	1905	2007	2109	.	.	.	
Montpelier	d	1720	1812	.	.	.	1859	.	.	1938	2036	
Redland	d	1722	1814	.	.	.	1901	.	.	1940	2038	
Clifton Down	d	1725	1817	.	.	.	1908	.	.	1943	2041	
Sea Mills	d	1729	1821	.	.	.	1912	.	.	1947	2045	
Shirehampton	d	1733	1824	.	.	.	1916	.	.	1950	2049	
Avonmouth	a	1736	1828	.	.	.	1919	.	.	1954	2052	
Avonmouth	d	1737	1829	2053	
St Andrews Road	d	1741	1832	2057	
Severn Beach	a	1748	1839	2104	
Train continues to		CDF		GCR		CDF		CDF		GMV		CDF		CDF		GCR		CDF		CDF		WOS		CDF	CDF

Facilities								
Weston-super-Mare	d					2156		
Bath Spa	d			2137				2238
Bristol Temple Meads	d	2145	2145	2155	2219	2234	2246	2257
Lawrence Hill	d		2148		2222			
Stapleton Road	d		2151		2224			
Filton Abbey Wood	a	2153		2202		2241	2253	2304
Patchway	a			2209				2310
Bristol Parkway	a	2157					2259	
Yate	a	2206					2309	
Montpelier	d		2154		2227			
Redland	d		2156		2229			
Clifton Down	d		2159		2233			
Sea Mills	d		2203		2237			
Shirehampton	d		2207		2241			
Avonmouth	a		2210		2244			
Avonmouth	d				2246			
St Andrews Road	d				2249			
Severn Beach	a				2256			
Train continues to		GCR		CDF		CDF	GCR	CDF

Changes to our timetables

The times shown in this timetable are a guide to our services. Train times may change late at night or at weekends to allow maintenance work to be done. Times may also change at short notice as a result of the Covid-19 pandemic. You should always confirm your train times online, less than 24 hours prior to travelling: **GWR.com/Check**

Looking for fast trains between Bristol Temple Meads and Bristol Parkway?

The full service is shown in our B6 timetable. Find out more at **GWR.com/timetables**

Note: Services are planned to double in frequency from Dec 2021



Multi-modal journeys



Online journey planning tools often miss out on ‘multi-modal’ journeys. This means there are more options than you might think!

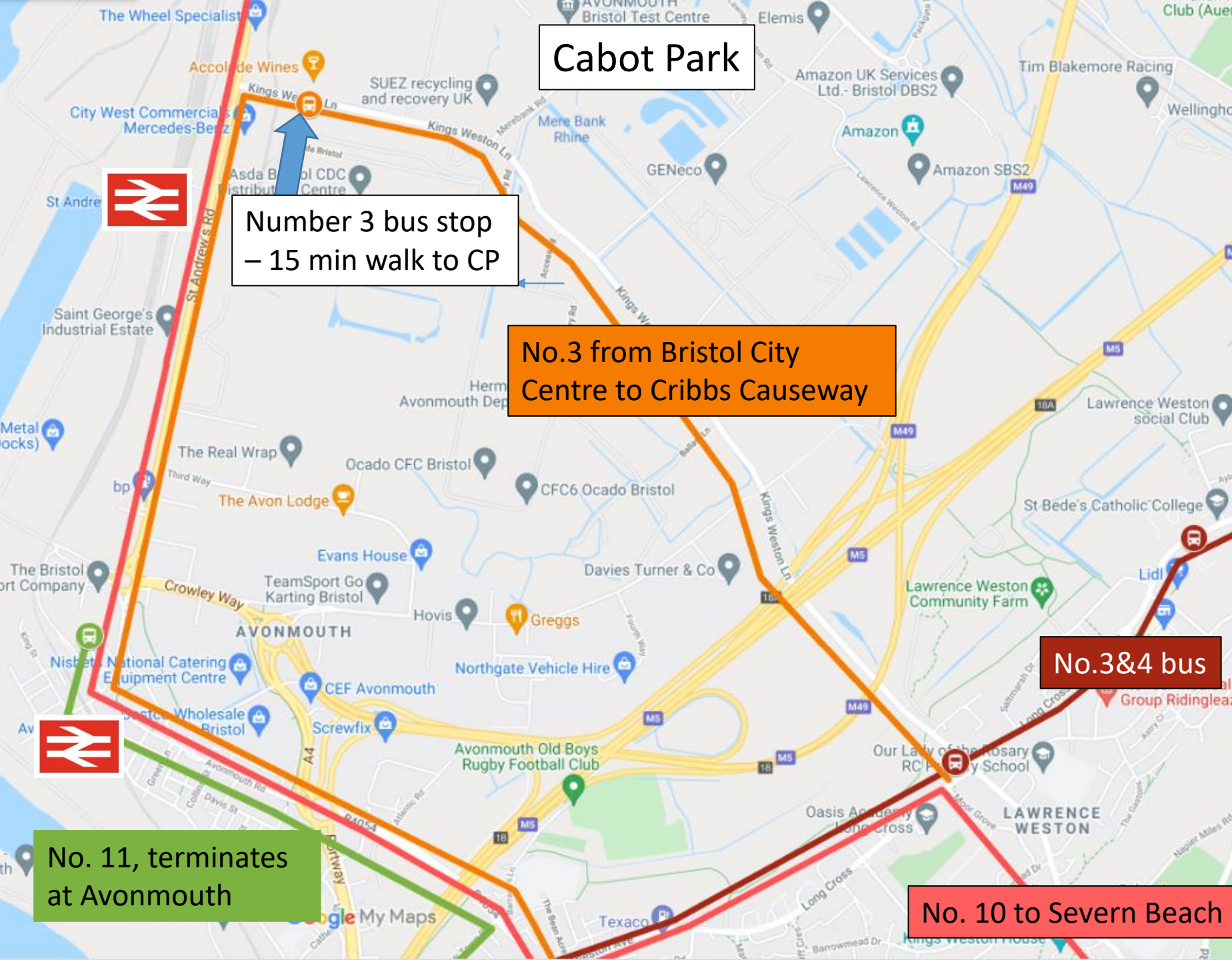
Options include a mixture of walking, bus, rail cycling or scooting. Share schemes are also available for electric bike hire (e.g. Big Issue Bikes) or electric scooter hire (e.g. Voi).

For example, If you live within 10 minutes bike ride from Bristol Temple Meads, Lawrence Hill, Easton or any of the smaller stations along the Severn Beach line, you can also arrive at Cabot Park in less than 50 mins.

Check for routes by using Google Maps or ‘[Better By Bike](#)’ to check your journey times from home to the station at either side, then finding the right train time. See our interactive and PDF maps here:

<https://severnnet.org/rideandstride/>

Journeys may seem long, but they are more reliable as they miss heavy traffic so you know exactly how long your it will take. You can also read a book on the train and get your daily exercise as part of your journey.



Cabot Park

Number 3 bus stop
– 15 min walk to CP

No.3 from Bristol City
Centre to Cribbs Causeway

No.3&4 bus

No. 11, terminates
at Avonmouth

No. 10 to Severn Beach

Buses

First No.3&4
Broadmead-Clifton-
Shirehampton-Avonmouth-
Lawrence Weston-Henbury-
Cribbs Causeway [Timetables here](#)

First No.3 variation
The service that stops closest to
CP. [Timetables here](#)

Stagecoach No.10
[Thornbury-Hortham]-Parkway-
UWE-Southmead-Westbury-
Lawrence Weston-Avonmouth-
[Severn Beach] [Timetables here](#)

Stagecoach No.11
Parkway-UWE-Southmead-
Westbury-Lawrence Weston-
Avonmouth [Timetables here](#)

[illegible]

<https://www.firstbus.co.uk/bristol-bath-and-west/plan-journey/timetables>



3/4

Cribbs Causeway – City Centre

via Lawrence Weston

Monday-Friday (except Public Holidays)

Service Number	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3
Cribbs Causeway, Bus Station	0445	0455	0514	0520	0544	0550	0614	0620	0644	0650	0714	0718	0739	0746	0809	0816	0839	0849
Henbury, Crow Lane Lay-by	0453	—	0522	—	0552	—	0622	—	0652	—	0722	—	0748	—	0818	—	0848	—
Henbury, Tormarton Crescent	—	0502	—	0527	—	0557	—	0627	—	0658	—	0726	—	0754	—	0824	—	0857
Lawrence Weston, Long Cross Lay-by	0500	0509	0529	0534	0559	0604	0629	0634	0700	0706	0730	0734	0757	0802	0827	0832	0857	0905
Avonmouth, McLaren Road	—	0519	—	0544	—	0614	—	0644	—	0716	—	0745	—	0813	—	0843	—	0915
Shirehampton, Green	0508	0526	0537	0551	0607	0621	0637	0651	0709	0724	0740	0754	0807	0822	0837	0852	0907	0924
Blackboy Hill (Westbury Road)	0521	0539	0550	0604	0620	0634	0650	0706	0723	0739	0755	0810	0822	0838	0852	0908	0921	0938
Broadmead, Union Street	0532	0550	0601	0615	0631	0645	0703	0719	0736	0755	0811	0826	0838	0854	0908	0923	0936	0953

Service Number	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3
Cribbs Causeway, Bus Station	0911	0920	0941	0950	1011	1020	1041	1050	1111	1120	1141	1150	1211	1220	1241	1250	1311	1320
Henbury, Crow Lane Lay-by	0920	—	0950	—	1020	—	1050	—	1120	—	1150	—	1220	—	1250	—	1320	—
Henbury, Tormarton Crescent	—	0928	—	0958	—	1028	—	1058	—	1128	—	1158	—	1228	—	1258	—	1328
Lawrence Weston, Long Cross Lay-by	0930	0936	1000	1006	1030	1036	1100	1106	1130	1136	1200	1206	1230	1236	1300	1306	1330	1336
Avonmouth, McLaren Road	—	0946	—	1016	—	1046	—	1116	—	1146	—	1216	—	1246	—	1316	—	1346
Shirehampton, Green	0940	0955	1010	1025	1040	1055	1110	1125	1140	1155	1210	1225	1240	1255	1310	1325	1340	1355
Blackboy Hill (Westbury Road)	0954	1009	1024	1039	1054	1109	1124	1139	1154	1209	1224	1239	1254	1309	1324	1339	1354	1409
Broadmead, Union Street	1009	1024	1039	1054	1109	1124	1139	1154	1209	1224	1239	1254	1309	1324	1339	1354	1409	1424

Service Number	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3
Cribbs Causeway, Bus Station	1341	1350	1406	1419	1438	1447	1508	1517	1538	1547	1608	1617	1638	1647	1708	1717	1738	1749
Henbury, Crow Lane Lay-by	1350	—	1415	—	1450	—	1520	—	1550	—	1620	—	1650	—	1720	—	1750	—
Henbury, Tormarton Crescent	—	1358	—	1427	—	1456	—	1526	—	1556	—	1626	—	1656	—	1726	—	1758
Lawrence Weston, Long Cross Lay-by	1400	1406	1425	1435	1500	1506	1530	1536	1600	1606	1630	1636	1700	1706	1730	1736	1800	1808
Avonmouth, McLaren Road	—	1416	—	1446	—	1517	—	1547	—	1617	—	1647	—	1717	—	1747	—	1817
Shirehampton, Green	1410	1425	1435	1454	1510	1525	1540	1555	1610	1625	1640	1655	1710	1725	1740	1755	1809	1825
Blackboy Hill (Westbury Road)	1424	1439	1450	1508	1525	1539	1555	1609	1625	1639	1655	1709	1725	1739	1755	1809	1822	1839
Broadmead, Union Street	1439	1455	1506	1524	1541	1555	1611	1625	1641	1655	1711	1725	1741	1755	1811	1823	1836	1853

Service Number	4	3	4	3	4	3	4	3	4	3	4	3	4
Cribbs Causeway, Bus Station	1814	1820	1849	1900	1929	1952	2030	2053	2130	2153	2230	2253	2330
Henbury, Crow Lane Lay-by	1824	—	1859	—	1939	—	2038	—	2138	—	2238	—	2338
Henbury, Tormarton Crescent	—	1828	—	1908	—	2000	—	2101	—	2201	—	2301	—
Lawrence Weston, Long Cross Lay-by	1832	1836	1907	1916	1947	2008	2045	2108	2145	2208	2245	2308	2345
Avonmouth, McLaren Road	—	1845	—	1925	—	2017	—	2117	—	2217	—	2317	—
Shirehampton, Green	1841	1853	1916	1933	1956	2025	2053	2124	2153	2224	2253	2324	2353
Blackboy Hill (Westbury Road)	1854	1907	1929	1947	2009	2039	2106	2136	2206	2236	2306	2336	2406
Broadmead, Union Street	1908	1921	1943	2001	2023	2051	2118	2148	2218	2248	2318	2348	2418

Mon-Fri

<https://www.firstbus.co.uk/bristol-bath-and-west/plan-journey/timetables>



3/4

Cribbs Causeway - City Centre

via Lawrence Weston

Saturday (except Public Holidays)

Service Number	3	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3
Cribbs Causeway, Bus Station	0535	0640	0710	0735	0757	0805	0827	0841	0900	0915	0931	0941	1000	1011	1030	1035	1105	1111
Henbury, Crow Lane Lay-by	—	—	0718	—	0805	—	0835	—	0909	—	0940	—	1009	—	1041	—	1116	—
Henbury, Tormarton Crescent	0542	0647	—	0742	—	0812	—	0848	—	0922	—	0948	—	1018	—	1044	—	1120
Lawrence Weston, Long Cross Lay-by	0549	0654	0726	0749	0813	0819	0843	0855	0917	0929	0948	0955	1017	1025	1050	1053	1125	1129
Avonmouth, McLaren Road	0558	0703	—	0758	—	0828	—	0904	—	0938	—	1004	—	1034	—	1103	—	1139
Shirehampton, Green	0606	0711	0734	0806	0821	0836	0851	0912	0925	0946	0956	1012	1025	1042	1100	1111	1135	1147
Blackboy Hill (Westbury Road)	0619	0724	0748	0819	0835	0849	0905	0926	0939	1000	1010	1026	1039	1056	1114	1125	1149	1201
Broadmead, Union Street	0631	0736	0800	0831	0847	0901	0919	0940	0953	1014	1024	1040	1055	1112	1130	1141	1205	1217

Service Number	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3
Cribbs Causeway, Bus Station	1135	1141	1205	1211	1235	1241	1305	1315	1335	1345	1405	1415	1435	1450	1505	1520	1540	1555
Henbury, Crow Lane Lay-by	1146	—	1216	—	1246	—	1316	—	1346	—	1416	—	1446	—	1516	—	1551	—
Henbury, Tormarton Crescent	—	1150	—	1220	—	1250	—	1324	—	1354	—	1424	—	1459	—	1529	—	1604
Lawrence Weston, Long Cross Lay-by	1155	1159	1225	1229	1255	1259	1325	1333	1355	1403	1425	1433	1455	1508	1525	1538	1600	1613
Avonmouth, McLaren Road	—	1209	—	1239	—	1309	—	1343	—	1413	—	1443	—	1518	—	1548	—	1623
Shirehampton, Green	1205	1217	1235	1247	1305	1317	1335	1351	1405	1421	1435	1451	1505	1526	1535	1556	1610	1631
Blackboy Hill (Westbury Road)	1219	1231	1249	1301	1319	1331	1349	1405	1419	1435	1449	1505	1519	1540	1549	1610	1624	1645
Broadmead, Union Street	1235	1247	1305	1317	1335	1347	1405	1421	1435	1451	1505	1521	1535	1556	1605	1626	1640	1701

Service Number	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3
Cribbs Causeway, Bus Station	1610	1625	1640	1655	1715	1730	1745	1800	1820	1835	1850	1905	1925	1955	2030	2053	2130	2153
Henbury, Crow Lane Lay-by	1621	—	1651	—	1726	—	1756	—	1829	—	1859	—	1934	—	2038	—	2138	—
Henbury, Tormarton Crescent	—	1634	—	1704	—	1739	—	1808	—	1843	—	1913	—	2003	—	2101	—	2201
Lawrence Weston, Long Cross Lay-by	1630	1643	1700	1713	1735	1748	1805	1816	1837	1851	1907	1921	1942	2011	2045	2108	2145	2208
Avonmouth, McLaren Road	—	1653	—	1723	—	1758	—	1825	—	1900	—	1930	—	2020	—	2117	—	2217
Shirehampton, Green	1640	1701	1710	1731	1745	1806	1813	1833	1845	1908	1915	1938	1950	2028	2053	2124	2153	2224
Blackboy Hill (Westbury Road)	1654	1715	1724	1745	1759	1820	1826	1847	1858	1922	1928	1952	2003	2042	2106	2136	2206	2236
Broadmead, Union Street	1710	1731	1740	1801	1815	1835	1841	1902	1913	1937	1943	2007	2018	2054	2118	2148	2218	2248

Service Number	4	3	4
Cribbs Causeway, Bus Station	2230	2253	2330
Henbury, Crow Lane Lay-by	2238	—	2338
Henbury, Tormarton Crescent	—	2301	—
Lawrence Weston, Long Cross Lay-by	2245	2308	2345
Avonmouth, McLaren Road	—	2317	—
Shirehampton, Green	2253	2324	2353
Blackboy Hill (Westbury Road)	2306	2336	2406
Broadmead, Union Street	2318	2348	2418

Saturday

<https://www.firstbus.co.uk/bristol-bath-and-west/plan-journey/timetables>



Sunday

Sunday and Public Holidays (except Christmas Day, Boxing Day and New Years Day)


Service Number	3	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3
Cribbs Causeway, Bus Station	0545	0645	0720	0745	0826	0848	0924	0944	1021	1043	1121	1143	1221	1243	1321	1343	1421	1443
Henbury, Crow Lane Lay-by	—	—	0727	—	0833	—	0931	—	1032	—	1132	—	1232	—	1332	—	1432	—
Henbury, Tormarton Crescent	0552	0652	—	0752	—	0855	—	0951	—	1052	—	1152	—	1252	—	1352	—	1452
Lawrence Weston, Long Cross Lay-by	0559	0659	0734	0759	0840	0902	0938	0958	1041	1100	1141	1200	1241	1300	1341	1400	1441	1500
Avonmouth, McLaren Road	0607	0707	—	0807	—	0910	—	1006	—	1109	—	1209	—	1309	—	1409	—	1509
Shirehampton, Green	0615	0715	0742	0815	0848	0918	0946	1014	1050	1117	1150	1217	1250	1317	1350	1417	1450	1517
Blackboy Hill (Westbury Road)	0627	0727	0755	0827	0901	0930	0959	1028	1104	1131	1204	1231	1304	1331	1404	1431	1504	1531
Broadmead, Union Street	0638	0738	0806	0838	0912	0941	1010	1042	1118	1145	1218	1245	1318	1345	1418	1445	1518	1545
Service Number	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	
Cribbs Causeway, Bus Station	1521	1543	1621	1643	1721	1743	1821	1845	1930	1952	2030	2053	2130	2153	2230	2253	2330	
Henbury, Crow Lane Lay-by	1532	—	1632	—	1730	—	1830	—	1938	—	2038	—	2138	—	2238	—	2338	
Henbury, Tormarton Crescent	—	1552	—	1652	—	1751	—	1853	—	2000	—	2101	—	2201	—	2301	—	
Lawrence Weston, Long Cross Lay-by	1541	1600	1641	1700	1738	1759	1838	1901	1945	2007	2045	2108	2145	2208	2245	2308	2345	
Avonmouth, McLaren Road	—	1609	—	1709	—	1808	—	1910	—	2016	—	2117	—	2217	—	2317	—	
Shirehampton, Green	1550	1617	1650	1717	1746	1816	1846	1918	1953	2023	2053	2124	2153	2224	2253	2324	2353	
Blackboy Hill (Westbury Road)	1604	1631	1704	1730	1800	1829	1900	1931	2006	2035	2106	2136	2206	2236	2306	2336	2406	
Broadmead, Union Street	1618	1645	1717	1743	1813	1842	1913	1943	2018	2047	2118	2148	2218	2248	2318	2348	2418	


<https://www.firstbus.co.uk/bristol-bath-and-west/plan-journey/timetables>

No.10 bus


[View up to date timetables here](#)


Monday - Saturday

Bristol Parkway 	0433	1228	2103
UWE Frenchay Campus	0440	1238	2111
Southmead Hospital	0455	1255	2126
Westbury-on-Trym Coop	0505	1307	2136
Lawrence Weston Moor Grove	0514	1317	2144
Avonmouth McLaren Road	0522	1327	2152
Severn Beach Govier Way	0537	1342	2207

Severn Beach Govier Way	0555	1420	2220
Avonmouth McLaren Road	0610	1435	2235
Lawrence Weston Moor Grove	0619	1446	2244
Westbury-on-Trym Coop	0629	1457	2254
Southmead Hospital	0640	1510	2305
UWE Frenchay Campus	0655	1525	2318
Bristol Parkway 	0705	1535	2325

Sunday

Bristol Parkway 	0433	1228	2103
UWE Frenchay Campus	0440	1238	2111
Southmead Hospital	0455	1255	2126
Westbury-on-Trym Coop	0505	1304	2136
Lawrence Weston Moor Grove	0514	1312	2144
Avonmouth McLaren Road	0522	1320	2152
Severn Beach Govier Way	0537	1335	2207

Severn Beach Govier Way	0555	1410	2210
Avonmouth McLaren Road	0610	1425	2225
Lawrence Weston Moor Grove	0619	1434	2234
Westbury-on-Trym Coop	0629	1442	2242
Southmead Hospital	0640	1455	2253
UWE Frenchay Campus	0655	1510	2306
Bristol Parkway 	0705	1520	23

10 • Thornbury • Bristol Parkway • Southmead • Lawrence Weston • Avonmouth

11 • Bristol Parkway • Southmead • Shirehampton • Avonmouth

10 11

MONDAY TO FRIDAY (excluding Bank Holidays)

	10	11	10	11	10	11	10 ●	11	10	11		10 ♦	11		11	10	11
Thornbury Health Centre	–	–	–	–	0718	–	–	–	0928	–	Then at these mins past each hour	28	–	until	–	1428	–
Thornbury Easton Hill Road	–	–	–	–	0725	–	0835	–	0935	–		35	–		–	1435	–
Thornbury Rock Street	–	–	–	–	0733	–	0843	–	0943	–		43	–		–	1443	–
Thornbury Tesco	–	–	–	–	–	–	–	–	0946	–		46	–		–	1446	–
Thornbury Bockenham Close	–	–	–	–	0738	–	0848	–	0950	–		50	–		–	1450	–
Hortham Viburnum Road	–	–	–	–	0754	–	0904	–	1004	–		04	–		–	1504	–
Aztec West Roundabout [C]	–	0551	0711	–	0806	–	0911	–	1011	–		11	–		–	1511	–
Bristol Parkway Station Arr	–	0601	0721	–	0818	–	0923	–	1023	–		23	–		–	1523	–
Bristol Parkway Station Dep	0433	0603	0723	0753	0823	0853	0928	0958	1028	1058		28	58		1458	1528	1603
UWE Frenchay Campus	0440	0610	0733	0803	0833	0903	0938	1008	1038	1108		38	08		1508	1538	1615
Southmead Hospital	0455	0625	0753	0823	0853	0923	0955	1025	1055	1125		55	25		1525	1555	1635
Westbury-on-Trym Co-op	0505	0630	0807	0837	0907	0937	1007	1037	1107	1137		07	37		1537	1610	1650
Shirehampton Green	–	0639	–	0847	–	0947	–	1047	–	1147		–	47		1547	–	1700
Lawrence Weston Moor Grove	0514	–	0817	–	0917	–	1017	–	1117	–		17	–		–	1620	–
Avonmouth McLaren Road	0522	0647	0827	0857	0927	0957	1027	1057	1127	1157		27	57		1557	1630	1710
Severn Beach Govier Way	0537	–	–	–	–	–	–	–	–	–		–	–		–	–	–

Key

– Stop not served

- on Schooldays bus runs via Castle School [0828]; on School Holidays via Health Centre [0828]
- on Schooldays bus runs via Castle School [1538]; on School Holidays via Easton Hill Road [1535]
- ♦ the 1128 Service 10 from Thornbury continues to Severn Beach, Govier Way, arriving 1342




[Timetables here](#)

10 • Thornbury • Bristol Parkway • Southmead • Lawrence Weston • Avonmouth

11 • Bristol Parkway • Southmead • Shirehampton • Avonmouth

10 11

MONDAY TO FRIDAY (excluding Bank Holidays)

	10 	11	10	11	10	11	10
Thornbury Health Centre	1528	–	1628	–	1733	–	–
Thornbury Easton Hill Road	–	–	1635	–	1740	–	–
Thornbury Rock Street	1543	–	1643	–	1748	–	–
Thornbury Tesco	–	–	–	–	–	–	–
Thornbury Bockenham Close	1548	–	1648	–	1753	–	–
Hortham Viburnum Road	1602	–	1702	–	1807	–	–
Aztec West Park Avenue	1615	1645	1715	1750	1820	–	–
Aztec West Roundabout [C]	1621	1651	1721	1756	1826	–	2051
Bristol Parkway Station 	1633	1703	1733	1808	1838	–	2101
Bristol Parkway Station 	1638	1708	1738	1813	1843	1943	2103
UWE Frenchay Campus	1650	1720	1750	1825	1853	1953	2111
Southmead Hospital	1710	1740	1810	1845	1910	2010	2126
Westbury-on-Trym Co-op	1725	1755	1822	1855	1920	2020	2136
Shirehampton Green	–	1805	–	1904	–	2029	–
Lawrence Weston Moor Grove	1735	–	1833	–	1929	–	2144
Avonmouth McLaren Road	1745	1815	1840	1912	1937	2037	2152
Severn Beach Govier Way	–	–	–	–	–	–	2207

[Timetables here](#)

SATURDAY

	10	11	10	11	10	11	10	11		10 ●	11		10	11	10
Thornbury Health Centre	–	–	–	–	–	–	0828	–	Then at these mins past each hour	28	–	until	1728	–	–
Thornbury Easton Hill Road	–	–	–	–	–	–	0835	–		35	–		1735	–	–
Thornbury Rock Street	–	–	–	–	–	–	0843	–		43	–		1743	–	–
Thornbury Tesco	–	–	–	–	–	–	0846	–		46	–		1746	–	–
Thornbury Bockenham Close	–	–	–	–	–	–	0850	–		50	–		1750	–	–
Hortham Viburnum Road	–	–	–	–	–	–	0904	–		04	–		1804	–	–
Aztec West Roundabout [C]	–	0601	0711	–	0811	–	0911	–		11	–		1811	–	2051
Bristol Parkway Station Arr	–	0611	0723	–	0823	–	0923	–		23	–		1823	–	2101
Bristol Parkway Station Dep	0433	0613	0728	0758	0828	0858	0928	0958		28	58		1828	1938	2103
UWE Frenchay Campus	0440	0620	0738	0808	0838	0908	0938	1008		38	08		1840	1948	2111
Southmead Hospital	0455	0635	0755	0825	0855	0925	0955	1025		55	25		1855	2005	2126
Westbury-on-Trym Co-op	0505	0640	0807	0837	0907	0937	1007	1037		07	37		1907	2015	2136
Shirehampton Green	–	0649	–	0847	–	0947	–	1047		–	47		–	2024	–
Lawrence Weston Moor Grove	0514	–	0817	–	0917	–	1017	–		17	–		1917	–	2144
Avonmouth McLaren Road	0522	0657	0827	0857	0927	0957	1027	1057		27	57		1927	2032	2152
Severn Beach Govier Way	0537	–	–	–	–	–	–	–		–	–		–	–	2207

Key

– Stop not served

- the 1128 Service 10 from Thornbury continues to Severn Beach, Govier Way, arriving 1342
- the 1435 Service 10 from Avonmouth starts at Severn Beach, Govier Way at 1420

[Timetables here](#)

10 • Thornbury • Bristol Parkway • Southmead • Lawrence Weston • Avonmouth

11 • Bristol Parkway • Southmead • Shirehampton • Avonmouth

10 11

SUNDAY

	10	10	11	10	11	10	11	10	11	10	11	10
Bristol Parkway Station	0433	0728	0928	1028	1128	1228	1328	1428	1528	1628	1728	2103
UWE Frenchay Campus	0440	0738	0938	1038	1138	1238	1338	1438	1538	1638	1738	2111
Southmead Hospital	0455	0755	0955	1055	1155	1255	1355	1455	1555	1655	1755	2126
Westbury-on-Trym Co-op	0505	0804	1004	1104	1204	1304	1404	1504	1604	1704	1804	2136
Shirehampton Green	–	–	1012	–	1212	–	1412	–	1612	–	1812	–
Lawrence Weston Moor Grove	0514	0812	–	1112	–	1312	–	1512	–	1712	–	2144
Avonmouth McLaren Road	0522	0820	1020	1120	1220	1320	1420	1520	1620	1720	1820	2152
Severn Beach Govier Way	0537	–	–	–	–	1335	–	–	–	–	–	2207

[Timetables here](#)



Ride & Stride

Severn Ride and Stride is here to help you and your colleagues get to work. We have a range of support including free bike hire and travel advice. We are working hard to encourage more people to travel sustainably and ensure you have the support you need.

SevernNet has been campaigning for improvements in the area for a sustainable travel network for over 10 years, we are helping the area to be more resilient and developing a culture of 'green' travel. SevernNet has been working in partnership with Sustrans who've also been working in the area to improve the cycling infrastructure and the safety of the cycling network.

[Get in touch](#) – if you'd like any more information or to discuss travel in the area. See more information at:

<https://severnnet.org/rideandstride/getting-to-work/>

Our work is made possible by organisations joining us as members. [Find out more here.](#)

