



RAISING PLENTY IN 2021

Take centre stage and fundraise
for mental wellbeing

**One in four of us will experience a
mental health problem in any one year**

For more information and to find out how to get support visit coop.co.uk/charitypartnership

#ItsWhatWeDo @coopuk @MindCharity
@SAMHtweets @InspireWBGroup

Working in partnership with:



Mind is a registered charity in England & Wales no. 219830. SAMH (Scottish Association for Mental Health) is a registered charity in Scotland no. SC008897. Inspire is a registered charity in NI no. 103470.