

# VENDING MACHINE

## PRODUCT NUTRITION GUIDE

500 Collins



Denotes Fruit and Vegetable servings

## #10: Piranha Vege Crackers – Balsamic Vinegar & Sea Salt

### Nutritional Information

Servings per package: 2

Serving size: 22g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
<b>Energy</b>	436 kJ (104 cal)	5%	1980 kJ
<b>Protein</b>	0.3 g	1%	1.5 g
<b>Fat, total</b>	4.3 g	6%	19.4 g
- Saturated	0.4 g	2%	2.0 g
<b>Carbohydrates</b>	15.8 g	5%	71.6 g
- Sugars	2.0 g	2%	9.1 g
<b>Sodium</b>	301 mg	13%	1370 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Tapioca Flour, Sunflower Oil, Vegetable [16%] (Cassava), Sugar, Sea Salt [3.4%], Food Acids (Acetic [1%], Citric, Malic), Whey Powder (from Milk), Yeast Extract, Natural Flavours.

### Allergy Advice

**Contains:** Milk

**May contain:** peanuts, tree nuts, sesame and soy from common processing equipment



## #11: Piranha Vege Crackers – Balsamic Vinegar & Sea Salt

### Nutritional Information

Servings per package: 1

Serving size: 20g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
<b>Energy</b>	252 kJ (60 cal)	3%	1258 kJ
<b>Protein</b>	2.7 g	5%	13.4 g
<b>Fat, total</b>	0.1 g	0%	0.6 g
- Saturated	0.04 g	0%	0.2 g
<b>Carbohydrates</b>	9.9 g	3%	49.7 g
- Sugars	9.2 g	10%	46.1 g
<b>Sodium</b>	3 mg	0%	13 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

50% Tomato, 50% Zucchini

### Allergy Advice

**Contains:** N/A

**May contain:** N/A



## #12: SPC Diced Two Fruit Cups

### Nutritional Information

Servings per package: 1

Serving size: 120g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
<b>Energy</b>	293 kJ (70 cal)	3%	244 kJ
<b>Protein</b>	0.4 g	1%	0.3 g
<b>Fat, total</b>	<0.1 g	0%	<0.1 g
- Saturated	<0.1 g	0%	<0.1 g
<b>Carbohydrates</b>	16.2 g	5%	13.5 g
- Sugars	12.8 g	14%	10.7 g
<b>Sodium</b>	<5 mg	0%	<5 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Two Fruits (55% Min) [Diced Pears and Peaches], Refined Fruit Juice, Antioxidant (Ascorbic Acid).

### Allergy Advice

**Contains:** N/A

**May contain:** N/A



### #13: DJ&A Crispy Broccoli Florets

#### Nutritional Information

Servings per package: 1

Serving size: 33g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	627 kJ (150 cal)	7%	1900 kJ
Protein	2.9 g	6%	8.7 g
Fat, total	8.4 g	12%	25.6 g
- Saturated	4.5 g	19%	13.5 g
Carbohydrates	10.6 g	3%	32.2 g
- Sugars	10.6 g	12%	32.2 g
Sodium	183 mg	8%	555 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Broccoli (75%), Vegetable Oils, Maltose, Sea Salt, Yeast Extract, Spices, Natural Flavour.

#### Allergy Advice

Contains: N/A

May contain: N/A



### #14: Cobs Natural Popcorn – Lightly Salted, Slightly Sweet

#### Nutritional Information

Servings per package: 1

Serving size: 30g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	609 kJ (146 cal)	7%	2030 kJ
Protein	1.6 g	3%	5.2 g
Fat, total	6.7 g	10%	22.4 g
- Saturated	0.6 g	3%	2.1 g
Carbohydrates	18.5 g	6%	61.6 g
- Sugars	4.9 g	5%	16.2 g
Sodium	81 mg	4%	272 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Organic popcorn (63%), Organic Raw Sugar, Organic Sunflower Oil – High Oleic, Organic Sea Salt.

#### Allergy Advice

Contains: N/A

May contain: N/A



### #20: Just Jerky – Garlic & Pepper Beef

#### Nutritional Information

Servings per package: 1

Serving size: 25g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	325 kJ (78 cal)	4%	1300 kJ
Protein	14.7 g	29%	58.8 g
Fat, total	1.2 g	2%	4.6 g
- Saturated	0.6 g	3%	2.3 g
Carbohydrates	1.8 g	1%	7.0 g
- Sugars	1.0 g	1%	3.9 g
Sodium	275 mg	12%	1100 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Grass fed beef, GF soy sauce, Sugar, Rice wine vinegar, Tomato paste, Tamarind paste, Garlic powder, Onion powder, Salt, Fish sauce, Spices.

#### Allergy Advice

Contains: Soy and Fish Sauce

May contain: traces of crustaceans



## #21: Messy Monkeys Whole Grain Bites – Burger

### Nutritional Information

Servings per package: 1

Serving size: 20g



	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	358 kJ (86 cal)	4%	1790 kJ
Protein	1.7 g	3%	8.6 g
Fat, total	3.6 g	5%	18.1 g
- Saturated	0.3 g	1%	1.6 g
Carbohydrates	11.5 g	4%	57.6 g
- Sugars	0.2 g	0%	1.2 g
Sodium	79 mg	3%	393 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Flour Mix [Whole Grain Sorghum (24%), Maize, Rice, Whole Grain Quinoa (12%)], Canola Oil, Chickpea Fibre, Natural Flavours, Sugar, Salt, Vegetable Powders (Onion, Garlic, Tomato), Cocoa Powder, Emulsifier (Sunflower Lecithin).

### Allergy Advice

Contains: N/A

May contain: Milk. Not suitable for vegans.

## #22: Goulburn Valley Fruit Plus – Apply & Berry with Chia

### Nutritional Information

Servings per package: 1

Serving size: 140g



	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	372 kJ (89 cal)	4%	265 kJ
Protein	1.3 g	3%	0.9 g
Fat, total	0.7 g	1%	0.5 g
- Saturated	< 0.1 g	4%	< 0.1 g
Carbohydrates	17.2 g	6%	12.3 g
- Sugars	14.9 g	17%	10.6 g
Sodium	17 mg	1%	12 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Apple [Puree & Diced] (54%), Apple Juice, Strawberry Puree (8%), Raspberry Puree (8%), Chia (1%), Fruit Pectin, Antioxidant (Ascorbic Acid), Natural Flavour.

### Allergy Advice

Contains: N/A

May contain: N/A



## #23: Fine Fettle EATS - Mexican Quinoa

### Nutritional Information

Servings per package: 1

Serving size: 240g



	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	696 kJ (166 cal)	8%	290 kJ
Protein	5.5 g	11%	2.3 g
Fat, total	4.3 g	6%	1.8 g
- Saturated	0.2 g	1%	0.1 g
Carbohydrates	23.0 g	7%	9.6 g
- Sugars	2.5 g	3%	1.0 g
Sodium	264 mg	11%	110 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Quinoa (57%), beans, eggplant (3%), tomato, zucchini, capsicum, onion, olives, spices, salt.

### Allergy Advice

Contains: N/A

May contain: Produced in a facility that handles soy, sesame seeds and tree nuts.

## #24: Grain Waves Sour Cream & Chives

### Nutritional Information

Servings per package: 1

Serving size: 40g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	805 kJ (192 cal)	9%	2010 kJ
Protein	2.9 g	6%	7.1 g
Fat, total	8.9 g	13%	22.2 g
- Saturated	1.0 g	4%	2.6 g
Carbohydrates	25.2 g	8%	63.0 g
- Sugars	2.7 g	3%	6.7 g
Sodium	154 mg	7%	386 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Wholegrain Cereals (63%) (Corn, Wheat, Oats), Vegetable Oil, Rice, Sugar, Maltodextrin (Corn), Milk Powder, Onion Powder, Natural Flavours (**Soy**), Salt, Yeast Extract, Cheese powder (**Milk**), Mineral Salt (Potassium Chloride), Herb (Parsley), Food Acids (Citric Acid, Lactic Acid), Natural Colour (Paprika Extract).

### Allergy Advice

**Contains:** Gluten, Milk or Milk Products, Soybeans or Soybean Products.

**May contain:** N/A



## #30: Kit Kat Four Finger

### Nutritional Information

Servings per package: 2

Serving size: 22.5g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	490 kJ (117 cal)	6%	2170 kJ
Protein	1.5 g	3%	6.7 g
Fat, total	6.1 g	9%	27.3 g
- Saturated	4.0 g	17%	17.7 g
Carbohydrates	13.6 g	4%	60.4 g
- Sugars	11.3 g	13%	50 g
Sodium	17 mg	1%	76 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Sugar, Full Cream **Milk Powder**, **Wheat** Flour, Cocoa Butter, Vegetable Fat [Emulsifier (**Soy Lecithin**)], Cocoa Mass, Cocoa, Glucose Syrup, Emulsifiers (**Soy Lecithin**, 476), Yeast, Raising Agent (Sodium Bicarbonate), Salt, Flavours.

### Allergy Advice

**Contains:** Milk, Soy and Wheat

**May contain:** Peanuts and Tree nuts.



## #31: Twix

### Nutritional Information

Servings per package: 1

Serving size: 50g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	1050 kJ (251 cal)	12%	2090 kJ
Protein	2.2 g	4%	4.4 g
Fat, total	11.8 g	17%	23.6 g
- Saturated	6.8 g	28%	13.7 g
Carbohydrates	33.3 g	11%	66.6 g
- Sugars	24.5 g	27%	49.0 g
Sodium	80 mg	3%	160 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Sugar, Glucose Syrup, **Wheat** Flour (17%), Palm Fat, Cocoa Butter, Skimmed **Milk Powder**, Cocoa Mass, **Lactose**, **Milk Fat**, Whey Powder (from **Milk**), Fat Reduced Cocoa, Salt, Emulsifier (**Soya Lecithin**), Raising Agent (E500), Natural Vanilla Extract.

### Allergy Advice

**Contains:** Milk, Soy and Wheat

**May contain:** Hazelnut, Almond, Gluten (Barley, Oats)





### #32: Slim Secrets Protein Bar – Cravings Crusher

#### Nutritional Information

Servings per package: 1

Serving size: 40g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	620 kJ (148 cal)	7%	1550 kJ
Protein	11.8 g	24%	29.5 g
Fat, total	4.4 g	6%	11.1 g
- Saturated	2.9 g	12%	7.3 g
Carbohydrates	10.0 g	3%	25.0 g
- Sugars	3.1 g	3%	7.8 g
Sodium	126 mg	5%	315 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Protein blend [soy nuggets (isolated **soy** protein, tapioca starch, salt), cocoa soy nuggets (isolated **soy** protein, cocoa powder, tapioca starch), isolated **soy** protein], white compound chocolate (21%) [maltitol, vegetable fat, **soy** protein isolate, **milk** solids (14%), emulsifiers (**soy** lecithin), natural flavours], rice syrup, polydextrose, cookie pieces (4%) (contains **wheat & barley**), glycerine, canola oil, flavour, soy lecithin, Neopuntia\* (0.1%), green tea extract (0.1%). White chocolate compound contains **milk** solids 14%.

#### Allergy Advice

**Contains:** gluten (wheat/barley), milk and soy.

**May contain:** N/A



### #33: Nutty Squirrel Dry Roasted Cashews

#### Nutritional Information

Servings per package: 1

Serving size: 35g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	889 kJ (212 cal)	10%	2540 kJ
Protein	7.3 g	15%	20.8 g
Fat, total	17.0 g	24%	48.7 g
- Saturated	3.0 g	13%	8.6 g
Carbohydrates	7.1 g	2%	20.4 g
- Sugars	2.0 g	2%	5.9 g
Sodium	2 mg	0%	7 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Cashews

#### Allergy Advice

**Contains:** Nuts

**May contain:** N/A



### #34: Nutty Squirrel Oven Roasted Almonds

#### Nutritional Information

Servings per package: 1

Serving size: 35g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	896 kJ (214 cal)	10%	2560 kJ
Protein	7.0 g	14%	19.9 g
Fat, total	19.5 g	28%	55.8 g
- Saturated	1.3 g	5%	3.7 g
Carbohydrates	1.7 g	1%	4.9 g
- Sugars	1.7 g	2%	4.9 g
Sodium	2 mg	0%	5 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Almonds

#### Allergy Advice

**Contains:** Nuts

**May contain:** N/A

### #35: Ella's Wisdom Cookies – Chocolate Chip

#### Nutritional Information

Servings per package: 1

Serving size: 25g



	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	523 kJ (125 cal)	6%	1749 kJ
Protein	1.5 g	3%	5.0 g
Fat, total	7.4 g	11%	24.6 g
- Saturated	1.4 g	6%	4.7 g
Carbohydrates	13.2 g	4%	44.0 g
- Sugars	3.5 g	4%	11.6 g
Sodium	116 mg	5%	387 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Tapioca flour, sunflower seeds, Nuttalex™ coconut oil shortening (vegetable oil blend (18% coconut oil), water, salt, emulsifiers (non-palm) 471 sunflower lecithin, vitamin D, E), organic coconut nectar, 70% organic fairtrade dark chocolate chips (cocoa mass\*, cane sugar\*, cocoa butter\*, cocoa powder\*), raising agent (500, 575), natural flavours. (\*organic)

#### Allergy Advice

Contains: N/A

May contain: Traces of sulphites

Vegan. Gluten-free, dairy-free, egg-free, nut-free, soy-free, palm oil-free, GMO-free, trans fats-free, refined sugar-free. Low calorie. Fodmap certified.

### #36: Ella's Wisdom Cookies – Cinnamon & Raisin

#### Nutritional Information

Servings per package: 1

Serving size: 25g



	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	506 kJ (121 cal)	6%	1690 kJ
Protein	1.4 g	3%	4.8 g
Fat, total	6.6 g	9%	22.0 g
- Saturated	1.2 g	5%	4.2 g
Carbohydrates	13.8 g	4%	46.0 g
- Sugars	4.9 g	5%	16.4 g
Sodium	105 mg	5%	352 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Tapioca flour, sunflower seeds, Nuttalex coconut oil shortening (vegetable oil blend (18% coconut oil), water, salt, emulsifiers(non-palm) 471 sunflower lecithin, vitamin D, E), organic coconut nectar, raisin (15%), raising agent (500, 575), spices, natural flavours.

#### Allergy Advice

Contains: N/A

May contain: Traces of sulphites

Vegan. Gluten-free, dairy-free, egg-free, nut-free, soy-free, palm oil-free, GMO-free, trans fats-free, refined sugar-free. Low calorie. Fodmap certified.

### #37: Clif Bar White Chocolate & Macadamia Nut

#### Nutritional Information

Servings per package: 1

Serving size: 68g



	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	1088 kJ (260 cal)	13%	1600 kJ
Protein	9 g	18%	13.2 g
Fat, total	7 g	10%	10.3 g
- Saturated	2 g	8%	2.9 g
Carbohydrates	42 g	14%	61.8 g
- Sugars	21 g	23%	30.9 g
Sodium	220 mg	10%	324 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Organic brown rice syrup, organic rolled oats, soy protein isolate, organic cane syrup, organic roasted soybeans, rice & soy flour, macadamia nuts, organic cane sugar, organic oat fibre, organic soy flour, cocoa butter‡, organic high oleic sunflower oil, natural flavours, organic cocoa butter‡, sea salt, barley malt extract, soy lecithin, mixed tocopherols(antioxidant).(‡rainforest certified)

#### Allergy Advice

Contains: Macadamia nuts and soy

May contain: Peanuts, other tree nuts, milk, and wheat. May contain nutshell fragments.

### #38: Twirl

#### Nutritional Information

Servings per package: 2

Serving size: 19.5g

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	436 kJ (104 cal)	5%	2230 kJ
Protein	1.5 g	3%	7.6 g
Fat, total	5.8 g	8%	29.6 g
- Saturated	3.7 g	15%	18.9 g
Carbohydrates	11.3 g	4%	57.9 g
- Sugars	11.0 g	12%	56.6 g
Sodium	16 mg	1%	83 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Skim Milk, Lactose, Milkfat, Soy Lecithin, PGPR, Artificial Flavours), Sugar, Enriched Wheat Flour (**Wheat** Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Corn Syrup, Skim Milk, Dextrose, Less than 2% - Food Starch-Modified, Salt, Cocoa Powder, Baking Soda, Soy Lecithin, Artificial Flavour.

#### Allergy Advice

Contains: Wheat and Milk

May contain: Peanuts



### #39: Cherry Ripe

#### Nutritional Information

Servings per package: 1

Serving size: 52

	Quantity per serving	% daily intake per serving*	Quantity per 100g
Energy	1040 kJ (249 cal)	12%	2000 kJ
Protein	2.2 g	4%	4.3 g
Fat, total	13.0 g	19%	25.0 g
- Saturated	10.4 g	43%	20.0 g
Carbohydrates	28.4 g	9%	54.7 g
- Sugars	24.9 g	28%	47.9 g
Sodium	15 mg	1%	28 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Sugar, Coconut, Glace Cherries (Cherries, Sugar, Flavour, Colour (129)), Cocoa Mass, **Wheat** Glucose Syrup, Sweetened Condensed Milk, Vegetable Fat, Milk Solids, Gelatine, Cocoa Powder, Invert Sugar, Emulsifiers (**Soya** Lecithin, 476), Cocoa Butter, Flavours, Colours (102, 123), Mineral Salt (500). Dark Chocolate contains Cocoa Solids 38%.

#### Allergy Advice

Contains: Wheat, Soy and Milk

May contain: Nuts



### #40: Cool Ridge Water

#### Nutritional Information

Servings per package: 1

Serving size: 600mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	0 kJ (0 cal)	0%	0 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	0 mg	0%	0 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Water

#### Allergy Advice

Contains: N/A

May contain: N/A





## #42: Cool Ridge Sparkling Water – Natural

### Nutritional Information

Servings per package: 1

Serving size: 500mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	0 kJ (0 cal)	0%	0 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	0 mg	0%	0 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Water

### Allergy Advice

Contains: N/A

May contain: N/A

## #43: Cool Ridge Sparkling Water – Natural Berry

### Nutritional Information

Servings per package: 1

Serving size: 500mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	10 kJ (2 cal)	0%	2 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0.5 g	0%	0.1 g
- Sugars	0 g	0%	0 g
Sodium	15 mg	1%	3 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Water, Berry, Carbon Dioxide

### Allergy Advice

Contains: N/A

May contain: N/A

## #44: Cool Ridge Sparkling Water – Natural Lime

### Nutritional Information

Servings per package: 1

Serving size: 500mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	10 kJ (2 cal)	0%	2 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0.5 g	0%	0.1 g
- Sugars	0 g	0%	0 g
Sodium	15 mg	1%	3 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Water, Lime, Carbon Dioxide

### Allergy Advice

Contains: N/A

May contain: N/A



## #45: Icelandic Glacial Sparkling Water – Elderflower

### Nutritional Information

Servings per package: 1

Serving size: 500mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	0 kJ (0 cal)	0%	0 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	3 mg	0%	0 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Natural Spring Water, Carbon Dioxide, Natural Flavours

### Allergy Advice

Contains: N/A

May contain: N/A



## #46: Icelandic Glacial Sparkling Water – Sicilian Lemon

### Nutritional Information

Servings per package: 1

Serving size: 500mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	0 kJ (0 cal)	0%	0 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	3 mg	0%	0 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Natural Spring Water, Carbon Dioxide, Natural Flavours

### Allergy Advice

Contains: N/A

May contain: N/A



## #47: Ito En Jasmine Green Tea

### Nutritional Information

Servings per package: 2

Serving size: 250mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	0 kJ (0 cal)	0%	0 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	30 mg	1%	12 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Purified Water, Jasmine Green Tea, Ascorbic Acid (Vitamin C).

### Allergy Advice

Contains: N/A

May contain: N/A

## #48: Ito En Unsweetened Green Tea

### Nutritional Information

Servings per package: 1

Serving size: 500mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	21 kJ (5 cal)	0%	4.2 kJ
Protein	< 1 g	2%	< 1 g
Fat, total	< 1 g	1%	< 1 g
- Saturated	< 1 g	4%	< 1 g
Carbohydrates	< 1 g	0%	< 1 g
- Sugars	< 1 g	1%	< 1 g
Sodium	44 mg	2%	9 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Purified Water, Jasmine Green Tea, Ascorbic Acid (Vitamin C).

### Allergy Advice

Contains: N/A

May contain: N/A

## #49: 3i Black Water

### Nutritional Information

Servings per package: 1

Serving size: 500mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	0 kJ (0 cal)	0%	0 kJ
Protein	< 0.1 g	0%	< 0.1 g
Fat, total	< 0.1 g	0%	< 0.1 g
- Saturated	< 0.1 g	0%	< 0.1 g
Carbohydrates	< 0.1 g	0%	< 0.1 g
- Sugars	< 0.1 g	0%	< 0.1 g
Sodium	< 5 mg	0%	< 5 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Distilled (evaporated) rainwater from Melbourne & our unique fulvic trace mineral complex which is naturally black

### Allergy Advice

Contains: N/A

May contain: N/A

## #50: Sips Sparkling Water – Blood Orange

### Nutritional Information

Servings per package: 1

Serving size: 330mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	0 kJ (0 cal)	0%	0 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	3 mg	0%	1 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Carbonated Water, Natural Flavours, Citric Acid

### Allergy Advice

Contains: N/A

May contain: N/A

## #51: Sips Sparkling Water – Pink Grapefruit

### Nutritional Information

Servings per package: 1

Serving size: 330mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	0 kJ (0 cal)	0%	0 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	3 mg	0%	1 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Carbonated Water, Natural Flavours, Citric Acid

### Allergy Advice

Contains: N/A

May contain: N/A

## #52: Aqua Pura Fruit Splash Sparkling Water – Peach & Mandarin

### Nutritional Information

Servings per package: 1

Serving size: 375mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	9 kJ (2 cal)	0%	2.4 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	19 mg	1%	5 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Carbonated Water, Natural Essences, Acidity Regulator (citric acid).

### Allergy Advice

Contains: N/A

May contain: N/A

## #53: Aqua Pura Fruit Splash Sparkling Water – Lemon, Lime & Cucumber

### Nutritional Information

Servings per package: 1

Serving size: 375mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
Energy	15.8 kJ (4 cal)	0%	4.2 kJ
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
- Saturated	0 g	0%	0 g
Carbohydrates	0 g	0%	0 g
- Sugars	0 g	0%	0 g
Sodium	5 mg	0%	< 5 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Carbonated Water, Natural Essences.

### Allergy Advice

Contains: N/A

May contain: N/A

## #54: Minor Figures Coffee Nitro Cold Brew – Black

### Nutritional Information

Servings per package: 1

Serving size: 200mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	0 kJ (0 cal)	0%	0 kJ
<b>Protein</b>	0 g	0%	0 g
<b>Fat, total</b>	0 g	0%	0 g
- Saturated	0 g	0%	0 g
<b>Carbohydrates</b>	0 g	0%	0 g
- Sugars	0 g	0%	0 g
<b>Sodium</b>	0 mg	0%	0 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

100% Cold Brew Coffee (filtered water, arabica coffee)

### Allergy Advice

Contains: N/A

May contain: N/A

## #55: Up&Go Choc Ice

### Nutritional Information

Servings per package: 1

Serving size: 250mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	815 kJ (195 cal)	9%	0 kJ
<b>Protein</b>	8.2 g	16%	0 g
<b>Fat, total</b>	4.2 g	6%	0 g
- Saturated	0.6 g	3%	0 g
<b>Carbohydrates</b>	28.7 g	9%	0 g
- Sugars	15.8 g	18%	0 g
<b>Sodium</b>	168 mg	7%	0 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Filtered water, skim **milk** powder, cane sugar, maltodextrin (**wheat**, corn), **soy** protein, vegetable fibre, vegetable oils (sunflower, canola), corn syrup solids, fructose, cocoa (0.5%), **oat** flour, mineral (calcium), acidity regulator (332), flavours, vegetable gums (460, 466, 407), stabiliser (452), salt, vitamins (C, niacin, A, B12, B6, B2, B1, folate).

### Allergy Advice

Contains: milk, soy and cereals containing gluten.

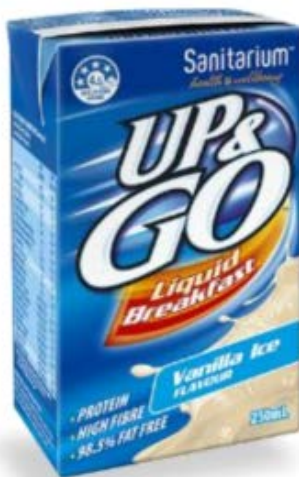
May contain: N/A

## #56: Up&Go Vanilla Ice

### Nutritional Information

Servings per package: 1

Serving size: 250mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	815 kJ (195 cal)	9%	0 kJ
<b>Protein</b>	8.2 g	16%	0 g
<b>Fat, total</b>	4.2 g	6%	0 g
- Saturated	0.6 g	3%	0 g
<b>Carbohydrates</b>	28.7 g	9%	0 g
- Sugars	15.8 g	18%	0 g
<b>Sodium</b>	168 mg	7%	0 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Filtered water, skim **milk** powder, cane sugar, maltodextrin (**wheat**, corn), **soy** protein, vegetable fibre, vegetable oils (sunflower, canola), corn syrup solids, fructose, **oat** flour, mineral (calcium), acidity regulator (332), flavours, vegetable gums (460, 466, 407), stabiliser (452), salt, vitamins (C, niacin, A, B12, B6, B2, B1, folate).

### Allergy Advice

Contains: milk, soy and cereals containing gluten.

May contain: N/A

## #57: Nippy's Iced Coffee

### Nutritional Information

Servings per package: 1

Serving size: 250mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	665 kJ (159 cal)	8%	266 kJ
<b>Protein</b>	7.9 g	16%	3.1 g
<b>Fat, total</b>	4.6 g	7%	1.8 g
- Saturated	3.2 g	13%	1.3 g
<b>Carbohydrates</b>	21 g	7%	8.4 g
- Sugars	20 g	22%	8.0 g
<b>Sodium</b>	95 mg	4%	38 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Reduced Fat **Milk**, Sugar, Coffee Powder (0.4% Minimum), Flavour, Emulsifier (471), Vegetable Gum (407).

### Allergy Advice

**Contains:** Milk

**May contain:** N/A



## #57: Nippy's Iced Coffee

### Nutritional Information

Servings per package: 1

Serving size: 250mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	652 kJ (156 cal)	7%	261 kJ
<b>Protein</b>	8.2 g	16%	3.3 g
<b>Fat, total</b>	4.7 g	7%	1.9 g
- Saturated	3.2 g	13%	1.3 g
<b>Carbohydrates</b>	20.0 g	6%	8.0 g
- Sugars	19.2 g	21%	7.7 g
<b>Sodium</b>	100 mg	4%	40 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Reduced Fat **Milk**, Sugar, Flavour, Emulsifier (471), Vegetable Gum (407).

### Allergy Advice

**Contains:** Milk

**May contain:** N/A



## #59: Nestle Milo

### Nutritional Information

Servings per package: 1

Serving size: 200mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	610 kJ (126 cal)	7%	305 kJ
<b>Protein</b>	8.1 g	16%	4.0 g
<b>Fat, total</b>	2.8 g	4%	1.4 g
- Saturated	1.8 g	8%	0.9 g
<b>Carbohydrates</b>	21.6 g	7%	10.8 g
- Sugars	16.8 g	19%	8.4 g
<b>Sodium</b>	90 mg	4%	45 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

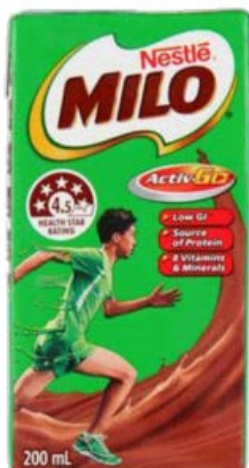
### Ingredients

Reduced Fat **Milk** (75%), Water, Extract of Malt **Barley** or Malt **Barley** and Rice, **Milk** Solids, Sugar, Cocoa, Stabilisers (418, 452, 331), Maltodextrin(Corn), Minerals (Calcium, Iron), Vitamins (C, B3, B6, B2, D, B12).

### Allergy Advice

**Contains:** Milk, Barley

**May contain:** N/A





### #60: Coke No Sugar

#### Nutritional Information

Servings per package: 1

Serving size: 375mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	5.3 kJ (1 cal)	0%	1.4 kJ
<b>Protein</b>	0.2 g	0%	0 g
<b>Fat, total</b>	0 g	0%	0 g
- Saturated	0 g	0%	0 g
<b>Carbohydrates</b>	0.4 g	0%	0.1 g
- Sugars	0 g	0%	0 g
<b>Sodium</b>	16 mg	1%	4.2 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Flavour, Caffeine.

#### Allergy Advice

**Contains:** Caffeine, Phenylalanine

**May contain:** N/A



### #63: Diet Coke

#### Nutritional Information

Servings per package: 1

Serving size: 375mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	7.1 kJ (2 cal)	0%	1.9 kJ
<b>Protein</b>	0.2 g	0%	0.05 g
<b>Fat, total</b>	0 g	0%	0 g
- Saturated	0 g	0%	0 g
<b>Carbohydrates</b>	0.4 g	0%	0 g
- Sugars	0 g	0%	0 g
<b>Sodium</b>	3.8 mg	0%	1.0 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Carbonated Water, Colour (150d), Food Acids (338,330), Sweeteners (951, 950), Flavour, Caffeine.

#### Allergy Advice

**Contains:** Caffeine, Phenylalanine

**May contain:** N/A



### #65: Pepsi Max

#### Nutritional Information

Servings per package: 1

Serving size: 375mL

	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	6 kJ (1 cal)	0%	1.6 kJ
<b>Protein</b>	0.2 g	0%	0 g
<b>Fat, total</b>	0 g	0%	0 g
- Saturated	0 g	0%	0 g
<b>Carbohydrates</b>	0.2 g	0%	0 g
- Sugars	0 g	0%	0 g
<b>Sodium</b>	49 mg	2%	13 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

#### Ingredients

Carbonated Water, Colour (Caramel E150d), Sweeteners (Aspartame, Acesulfame K), Acids (Phosphoric Acid, Citric Acid), Flavourings (Including Caffeine), Preservative (Potassium Sorbate).

#### Allergy Advice

**Contains:** Caffeine, Phenylalanine

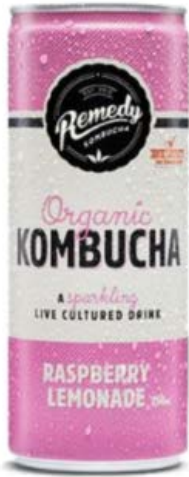
**May contain:** N/A

## #67: Remedy Kombucha – Raspberry Lemonade

### Nutritional Information

Servings per package: 1

Serving size: 250mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	105 kJ (25 cal)	1%	42 kJ
<b>Protein</b>	< 1 g	< 2%	< 1 g
<b>Fat, total</b>	< 1 g	< 1%	< 1 g
- Saturated	< 1 g	< 4%	< 1 g
<b>Carbohydrates</b>	5.5 g	2%	2.2 g
- Sugars	0 g	0%	0 g
<b>Sodium</b>	< 5 mg	0%	< 5 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Certified organic raw kombucha (sparkling water, wild kombucha culture, black tea\*, green tea\*), natural sweeteners (erythritol\* and steviol glycosides\*), hibiscus tea\*, natural raspberry flavour, lemon juice\*. \*Certified Organic Ingredients

### Allergy Advice

Contains: N/A

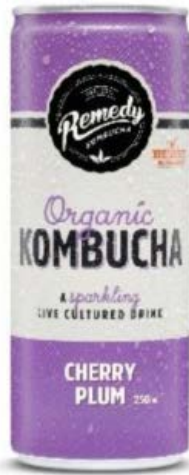
May contain: N/A

## #68: Remedy Kombucha – Cherry Plum

### Nutritional Information

Servings per package: 1

Serving size: 250mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	105 kJ (25 cal)	1%	42 kJ
<b>Protein</b>	< 1 g	< 2%	< 1 g
<b>Fat, total</b>	< 1 g	< 1%	< 1 g
- Saturated	< 1 g	< 4%	< 1 g
<b>Carbohydrates</b>	5.5 g	2%	2.2 g
- Sugars	0 g	0%	0 g
<b>Sodium</b>	< 5 mg	0%	< 5 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Certified organic raw kombucha (sparkling water, wild kombucha culture, black tea\*, green tea\*), natural sweeteners (erythritol\* and steviol glycosides\*), hibiscus tea\*, natural cherry flavour, natural kakadu plum flavour. \*Certified Organic Ingredients

### Allergy Advice

Contains: N/A

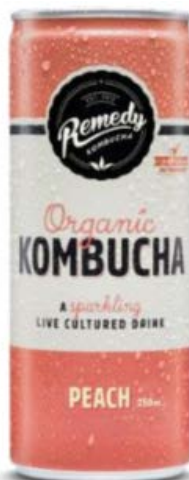
May contain: N/A

## #69: Remedy Kombucha – Peach

### Nutritional Information

Servings per package: 1

Serving size: 250mL



	Quantity per serving	% daily intake per serving*	Quantity per 100mL
<b>Energy</b>	105 kJ (25 cal)	1%	42 kJ
<b>Protein</b>	< 1 g	< 2%	< 1 g
<b>Fat, total</b>	< 1 g	< 1%	< 1 g
- Saturated	< 1 g	< 4%	< 1 g
<b>Carbohydrates</b>	5.5 g	2%	2.2 g
- Sugars	0 g	0%	0 g
<b>Sodium</b>	< 5 mg	0%	< 5 mg

\* Percentage daily intakes are based on an average adult diet of 8700kJ

### Ingredients

Certified organic raw kombucha (sparkling water, wild kombucha culture, black tea\*, green tea\*), natural sweeteners (erythritol\* and steviol glycosides\*), natural peach flavour, natural vanilla extract\*. \*Certified Organic Ingredients

### Allergy Advice

Contains: N/A

May contain: N/A