

Sainsburys Standard Variable

DOMESTIC ENERGY PRICES

ALL PRICES INCLUDE VAT

Effective 1/4/2026

REGION	Eastern	East Midlands	London	Manweb	Midlands	Northern	Norweb	Scottish Hydro	Scottish Power	Seeboard	Southern	Swalec	Sweb	Yorkshire
	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Direct Debit & Other Payment Methods excluding Smart PAYG & Prepayment														
Electricity - Unrestricted														
Daily Standing Charge (p/day) - DD *	53.947p	53.607p	44.833p	70.778p	59.723p	64.297p	47.626p	57.565p	64.196p	54.447p	49.703p	57.861p	57.902p	64.394p
All Units (p/kWh) - DD	24.936p	23.673p	24.896p	26.192p	23.893p	23.808p	24.702p	25.016p	24.396p	25.225p	24.981p	24.901p	24.965p	23.850p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepay	62.723p	62.122p	52.117p	79.612p	68.361p	73.201p	55.497p	65.907p	72.763p	63.316p	58.304p	66.193p	66.846p	73.269p
All Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	26.324p	24.991p	26.278p	27.650p	25.224p	25.136p	26.076p	26.409p	25.754p	26.628p	26.370p	26.286p	26.355p	25.179p
Electricity - Economy 7														
Daily Standing Charge (p/day) - DD *	54.177p	53.046p	44.408p	69.985p	59.334p	63.503p	46.918p	58.279p	64.812p	54.741p	49.692p	56.846p	58.322p	63.725p
Day Units (p/kWh) - DD	30.844p	29.178p	30.716p	32.142p	29.697p	29.159p	30.324p	30.185p	29.567p	31.245p	30.778p	30.763p	30.689p	29.273p
Night Units (p/kWh) - DD	12.929p	12.566p	12.833p	13.783p	12.422p	12.843p	12.979p	14.018p	13.502p	12.886p	13.118p	13.010p	13.102p	12.954p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Day Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	62.631p	62.025p	52.042p	79.503p	68.252p	73.088p	55.417p	65.810p	72.654p	63.221p	58.218p	66.092p	66.747p	73.155p
Night Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	14.103p	13.684p	13.991p	15.009p	13.550p	13.983p	14.132p	15.187p	14.648p	14.073p	14.305p	14.183p	14.277p	14.085p
Electricity - Economy 10														
Daily Standing Charge (p/day) - DD *	54.177p	53.046p	44.408p	69.985p	59.334p	63.503p	46.918p	58.279p	64.812p	54.741p	49.692p	56.846p	58.322p	63.725p
Peak Units (p/kWh) - DD	30.844p	29.178p	30.716p	32.142p	29.697p	29.159p	30.324p	30.185p	29.567p	31.245p	30.778p	30.763p	30.689p	29.273p
Off-peak Units (p/kWh) - DD	17.012p	16.354p	16.909p	17.969p	16.359p	16.562p	16.933p	17.703p	17.164p	17.071p	17.143p	17.056p	17.111p	16.674p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Peak Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	62.631p	62.025p	52.042p	79.503p	68.252p	73.088p	55.417p	65.810p	72.654p	63.221p	58.218p	66.092p	66.747p	73.155p
Off-peak Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	18.229p	17.512p	18.115p	19.240p	17.531p	17.738p	18.131p	18.920p	18.354p	18.300p	18.369p	18.273p	18.329p	17.846p
Gas - Standard														
Daily Standing Charge (p/day) - DD *	28.744p	28.825p	29.604p	29.477p	29.112p	29.198p	29.222p	29.273p	29.296p	28.669p	28.557p	29.351p	28.718p	29.175p
All Units (p/kWh) - DD *	5.673p	5.601p	5.914p	5.692p	5.687p	5.694p	5.650p	5.644p	5.644p	5.800p	5.939p	5.837p	5.889p	5.679p
Daily Standing Charge (p/day) - Other Payment Methods excluding SMART PAYG & Prepay	36.721p	36.727p	36.701p	36.717p	36.717p	36.717p	36.721p	36.721p	36.721p	36.709p	36.701p	36.706p	36.704p	36.717p
All Units (p/kWh) - Other Payment Methods excluding SMART PAYG & Prepayment	5.975p	5.899p	6.229p	5.993p	5.989p	5.997p	5.950p	5.944p	5.944p	6.109p	6.255p	6.147p	6.202p	5.981p

Notes

* Customers paying by Direct Debit are charged a lower daily Standing Charge and unit rate than customers paying by other payment methods.

Sainsbury's Energy Residential Product Terms & Conditions apply.

Bill Values

Single Electricity DD	£870.18	£834.84	£835.83	£965.52	£863.10	£877.50	£840.79	£885.54	£893.01	£879.81	£855.90	£883.52	£885.40	£878.99
Single Electricity Non-DD	£939.69	£901.50	£899.73	£1,037.13	£930.57	£945.86	£906.62	£953.60	£960.94	£950.06	£924.80	£951.33	£955.57	£947.26
Single Electricity E7 DD	£1,107.21	£1,059.46	£1,067.09	£1,208.26	£1,091.79	£1,101.73	£1,069.78	£1,125.12	£1,126.53	£1,117.64	£1,092.45	£1,116.45	£1,121.67	£1,106.94
Single Electricity E7 Non-DD	£1,188.18	£1,139.99	£1,144.78	£1,295.52	£1,172.61	£1,184.70	£1,150.29	£1,202.90	£1,204.26	£1,199.14	£1,173.73	£1,200.29	£1,202.52	£1,189.61
Single Gas DD	£757.31	£749.33	£788.16	£762.17	£760.26	£761.38	£756.41	£755.91	£755.99	£771.64	£787.22	£778.39	£782.06	£759.57
Single Gas Non-DD	£821.16	£812.44	£850.29	£823.21	£822.75	£823.67	£818.28	£817.59	£817.59	£836.52	£853.28	£840.88	£847.20	£821.83
Dual Fuel Unrestricted DD	£1,627.49	£1,584.17	£1,623.99	£1,727.69	£1,623.36	£1,638.88	£1,597.20	£1,641.45	£1,649.00	£1,651.45	£1,643.12	£1,661.91	£1,667.46	£1,638.56
Dual Fuel Unrestricted Non-DD	£1,760.85	£1,713.94	£1,750.02	£1,860.34	£1,753.32	£1,769.53	£1,724.90	£1,771.19	£1,778.53	£1,786.58	£1,778.08	£1,792.21	£1,802.77	£1,769.09
Dual Fuel Unrestricted PPM	£1,588.86	£1,538.62	£1,581.90	£1,678.44	£1,577.74	£1,598.86	£1,549.27	£1,594.19	£1,602.30	£1,606.68	£1,603.57	£1,614.67	£1,628.17	£1,593.86
Dual Fuel E7 DD	£1,864.52	£1,808.79	£1,855.25	£1,970.43	£1,852.05	£1,863.11	£1,826.19	£1,881.03	£1,882.52	£1,889.28	£1,879.67	£1,894.84	£1,903.73	£1,866.51
Dual Fuel E7 Non-DD	£2,009.34	£1,952.43	£1,995.07	£2,118.73	£1,995.36	£2,008.37	£1,968.57	£2,020.49	£2,021.85	£2,035.66	£2,027.01	£2,041.17	£2,049.72	£2,011.44